

## Plan your Services... and your Life!

Planning happens during conversations you have with the people who are important to you. It is important for you to identify what you want your life to look like, so your Service Coordinator can write your plan the way YOU want.

DHHS has a [Participant Planning webpage](#) dedicated to helping you plan your services. It includes information on understanding your rights, working with providers, and leading your meetings.



## Use Charting the LifeCourse (CtLC)

DHHS uses Charting the LifeCourse tools to help you think about your services and plan your life. You will find the tools, tip sheets, and videos about them on the Participant Planning webpage.

## Dive into CtLC with Person-Centered Planning Champions

**Want to learn more or talk to others about effective planning?**

Join the Monthly CtLC Conversation!

DHHS hosts a monthly CtLC discussion about how CtLC tools work. We share ideas, show examples, and problem solve. This conversation is open to participants, family members, Service Coordinators, and providers. We want to help you succeed with using the tools and planning your life.

Discussions are held on Zoom. They are held the **first Tuesday of each month at 3:00 PM, Central Time**. You can find login information on:

- The Participant Planning webpage, in the Learning Opportunities section, under Person-Centered Planning Champions.
- The calendar on the bottom of the [DDD Homepage](#).