

Medical In-Home Habilitation

The service definition and limits outlined below do not include all details and requirements. For the service standards, limitations, provider types and qualifications, and reimbursement information, refer to the appropriate Medicaid HCBS DD Waiver.

Waiver Availability

Comprehensive Developmental Disabilities (CDD) Waiver

NFOCUS Service Codes

Medical In-Home Habilitation – Agency 9220

Service Definition

Medical In-Home Habilitation is a short-term habilitative service provided to a participant whose severe medical condition prevents them from participating in regularly scheduled day service activities or employment and is unable to be home alone.

Conditions of Provision

- A. A participant chooses each service based on their needs.
 1. Services should increase independence and community integration; and
 2. The chosen waiver services and who provides them are documented in the participant's Individual Support Plan (ISP).
- B. Medical In-Home Habilitation includes:
 1. Habilitative services for a participant who:
 - a. Has recently been hospitalized and is recovering at home; or
 - b. Has a medical condition which makes leaving home unsafe under some circumstances, such as staying home when temperatures are below a certain degree or when air quality is poor. Circumstances must be:
 - i. Outlined in orders from a doctor, or other similar professional;
 - ii. Specific to the participant;
 - iii. Evaluated and documented as a need on the day the service is used; and
 - iv. Evaluated at least annually by the doctor.
 2. Assistance with activities of daily living, health maintenance, and supervision.
- C. Medical In-Home Habilitation is a habilitative service and must include habilitation programs. Individual habilitation programs must be conducted, and data recorded each time the service is provided.
- D. Medical In-Home Habilitation has the following limitations:
 1. Medical In-Home Habilitation must be provided in the participant's home.

2. The provider must be providing service in the residence with the participant.
 3. The DDD clinical team must approve requests for this service prior to the service being authorized and provide ongoing monitoring of use of this service.
 4. A participant may receive Medical In-Home Habilitation in combination with other day services, but the total combined hours cannot exceed 35 hours per week. A week is defined as 12:00 am Monday through 11:59 pm Sunday. Other day services are:
 - a. Adult Day;
 - b. Behavioral In-Home Habilitation;
 - c. Community Integration;
 - d. Day Supports;
 - e. Prevocational;
 - f. Small Group Vocational Support;
 - g. Supported Employment – Individual;
 - h. Supported Employment – Follow-Along; and
 - i. Vocational Rehabilitation job seeking and job coaching.
 5. Medical In-Home Habilitation is only available to participants receiving Residential Habilitation.
 6. Medical In-Home Habilitation cannot be used when a participant receives Therapeutic Residential Habilitation, Independent Living, or Supported Family Living.
 7. Medical In-Home Habilitation cannot include any service or part of a service available through public education, including:
 - a. Programs in the participant's local school district, including after-school supervision and daytime services when school is not in session such as summer breaks, scheduled school holidays, and teacher in-service days;
 - b. During the school hours set by the local school district for the participant regardless of school chosen (public, private, or home); and
 - c. Educational service hours provided or available are included in the total combined day service hours of 35 hours per week.
 8. Medical In-Home Habilitation cannot overlap with, replace, or duplicate other similar services provided through Medicaid.
- E. Medical In-Home can be provided in the hospital setting when a participant is admitted for critical care.
1. Supports are designed to meet the needs of the participant while in a hospital setting and to assist for a smooth transition back to their home.
 2. Supports include teaching skills that will help the participant to maintain their current level of independence, providing behavioral support as needed, and assistance with daily living activities that assist the participant with their treatment and recovery while in the hospital.
 3. Supports do not include any health maintenance activities, treatments, procedures, medication administration, or practices, which must be done by hospital staff.
 4. The person-centered service plan will be updated when this service is provided in a hospital setting and when the participant leaves the hospital.
- F. Medical In-Home Habilitation is limited to 90 calendar days per occurrence. Additional hours per occurrence must be approved by DDD Central Office administration.

Provider Requirements

The information outlined below does not include all provider requirements. It is intended to be general information about providers of this specific DD service.

- A. All providers of waiver services must:
 - 1. Be a Medicaid provider;
 - 2. Comply with all applicable Titles of the Nebraska Administrative Code and Nebraska State Statutes;
 - 3. Adhere to standards as described in the Division of Medicaid and Long-Term Care Service Provider Agreement;
 - 4. Complete DHHS trainings upon request; and
 - 5. Use universal precautions.
- B. Medical In-Home Habilitation can be offered by a DD agency provider.
 - 1. A DD agency provider is a company enrolled as a Medicaid provider and certified by DHHS to provide DD services and is responsible for:
 - a. Hiring and supervising employees who work with the participant;
 - b. Employing staff based on their qualifications, experience, and demonstrated abilities;
 - c. Providing training to ensure staff are qualified to provide the necessary level of care;
 - d. Agreeing to make training plans available to DHHS;
 - e. Ensure adequate availability and quality of service; and
 - f. Other administrative functions.
- C. Medical In-Home Habilitation cannot be self-directed.
- D. A relative of the participant, but not a guardian or other legally responsible person of the participant may provide Medical In-Home Habilitation when they meet other requirements. Since this service is only available from agency providers, the relative would need to be an employee of an agency provider.
- E. Medical In-Home requires an operational electronic visit verification (EVV) system which allows the check in and out of service appointments electronically. Computer skills and access to the technology for the EVV system are required for Medical In-Home providers.

Rates

- A. Medical In-Home Habilitation must be purchased within a participant's annual individual budget amount.
- B. Medical In-Home is reimbursed at an hourly rate.
- C. The cost of transportation is not included in the rate for Medical In-Home Habilitation.
- D. DD Rates are listed on the [DD Provider webpage](#).
 - 1. Only one fee schedule is effective at a time.
 - 2. The start date is on each schedule; once a fee schedule is no longer valid an end date is added.