

## Medical In-Home Habilitation

*The service definition and limits outlined below do not include all details and requirements. For the service standards, limitations, provider types and qualifications, and reimbursement information, refer to the appropriate Medicaid HCBS DD Waiver.*

### Waiver Availability

Comprehensive Developmental Disabilities (CDD) Waiver

### NFOCUS Service Codes

**Medical In-Home Habilitation – Agency 9220**

### Service Definition

Medical In-Home Habilitation is a short-term habilitative service provided to a participant whose severe medical condition prevents them from participating in regularly scheduled day service activities or employment and is unable to be home alone.

### Conditions of Provision

- A. A participant chooses each service based on their needs.
  - 1. Services should increase independence and community integration; and
  - 2. The chosen waiver services and who provides them are documented in the participant's Person-Centered Plan (PCP).
- B. Medical In-Home Habilitation includes:
  - 1. Habilitative services for a participant who:
    - a. Has recently been hospitalized and is recovering at home; or
    - b. Has a medical condition which makes leaving home unsafe under some circumstances, such as staying home when temperatures are below a certain degree or when air quality is poor. Circumstances must be:
      - i. Outlined in orders from a doctor, or other similar professional;
      - ii. Specific to the participant;
      - iii. Evaluated and documented as a need on the day the service is used; and
      - iv. Evaluated at least annually by the doctor.
  - 2. Assistance with activities of daily living, health maintenance, and supervision.
- C. Medical In-Home Habilitation is a habilitative service and must include habilitation programs. Individual habilitation programs must be conducted, and data recorded each time the service is provided.
- D. Medical In-Home Habilitation has the following limitations:
  - 1. Medical In-Home Habilitation must be provided in the participant's home.
  - 2. The provider must be providing service in the residence with the participant.

3. The DDD clinical team must approve requests for this service prior to the service being authorized and provide ongoing monitoring of use of this service.
  4. A participant may receive Medical In-Home Habilitation in combination with other day services, but the total combined hours cannot exceed a weekly average of 35 hours and a maximum of 152 hours per month.
  5. Medical In-Home Habilitation is only available to participants receiving Continuous Home, Host Home, Shared Living, or Youth Continuous Home.
  6. Medical In-Home Habilitation cannot be used when a participant receives Independent Living or Supported Family Living.
  7. Medical In-Home Habilitation shall exclude any services available through public education programs funded under the Individuals with Disabilities Education Act (IDEA).
    - a. This includes services not otherwise available through public education programs in the participant's local school district, including after school supervision and daytime services when school is not in session (such as summer breaks and/or scheduled school holidays, in-service days).
    - b. Services cannot be provided during the school hours set by the local school district.
    - c. Regular school hours and days apply for a child who receives home schooling.
  8. Medical In-Home Habilitation cannot overlap with, replace, or duplicate other similar services provided through Medicaid.
- E. Medical In-Home can be provided in the hospital setting when a participant is admitted for critical care.
1. Supports are designed to meet the needs of the participant while in a hospital setting and to assist for a smooth transition back to their home.
  2. Supports include teaching skills that will help the participant to maintain their current level of independence, providing behavioral support as needed, and assistance with daily living activities that assist the participant with their treatment and recovery while in the hospital.
  3. Supports do not include any health maintenance activities, treatments, procedures, medication administration, or practices, which must be done by hospital staff.
  4. The person-centered service plan will be updated when this service is provided in a hospital setting and when the participant leaves the hospital.
- F. Medical In-Home Habilitation is limited to 90 calendar days annually. Additional hours must be approved by DDD Central Office administration.

## Provider Requirements

*The information outlined below does not include all provider requirements. It is intended to be general information about providers of this specific DD service.*

- A. All providers of waiver services must:
1. Be a Medicaid provider;
  2. Comply with all applicable Titles of the Nebraska Administrative Code and Nebraska State Statutes;
  3. Adhere to standards as described in the Division of Medicaid and Long-Term Care Service Provider Agreement;
  4. Complete DHHS trainings upon request; and
  5. Use universal precautions.

- B. Medical In-Home Habilitation can be offered by a DD agency provider.
  - 1. A DD agency provider is a company enrolled as a Medicaid provider and certified by DHHS to provide DD services and is responsible for:
    - a. Hiring and supervising employees who work with the participant;
    - b. Employing staff based on their qualifications, experience, and demonstrated abilities;
    - c. Providing training to ensure staff are qualified to provide the necessary level of care;
    - d. Agreeing to make training plans available to DHHS;
    - e. Ensure adequate availability and quality of service; and
    - f. Other administrative functions.
- C. Medical In-Home Habilitation cannot be self-directed.
- D. Medical In-Home may be provided by a relative but not a Legal Guardian or Legally Responsible Individual.

## Rates

- A. Medical In-Home Habilitation must be purchased within a participant's annual individual budget amount.
- B. Medical In-Home is reimbursed at an hourly rate.
- C. The cost of transportation is not included in the rate for Medical In-Home Habilitation.
- D. DD Rates are listed on the [DD Provider webpage](#).
  - 1. Only one fee schedule is effective at a time.
  - 2. The start date is on each schedule; once a fee schedule is no longer valid an end date is added.