

LRI Personal Care

The service definition and limits outlined below do not include all details and requirements. For the service standards, limitations, provider types and qualifications, and reimbursement information, refer to the appropriate Medicaid HCBS DD Waiver.

Waiver Availability

Family Support Waiver (FSW)

Developmental Disabilities Day Services Waiver for Adults (DDAD) Waiver

Comprehensive Developmental Disabilities (CDD) Waiver

NFOCUS Service Codes

DD LRI Personal Care – Agency 8317

DD LRI Personal Care – Independent 3593

Service Definition

LRI (Legally Responsible Individual) Personal Care is a service for participants of all ages, which includes assistance with Activities of Daily Living (ADLs) and/or health-related tasks and may include assistance with Instrumental Activities of Daily Living (IADLs) provided in a person's home and other community settings.

Conditions of Provision

- A. A participant chooses each service based on their needs.
 - 1. Services should increase independence and community integration; and
 - 2. The chosen waiver services and who provides them are documented in the participant's Person-Centered Plan (PCP).
- B. LRI Personal Care must be provided by an LRI to the participant.
 - 1. An LRI is defined as a parent to a biological or adopted minor child or spouse of the participant.
- C. LRI Personal Care offers a range of assistance to enable waiver participants to accomplish tasks that they would normally do for themselves if they did not have a disability.
 - 1. This assistance takes the form of hands-on assistance and may be provided on an episodic or continuing basis.
 - 2. Health-related assistance may include skilled or nursing care and medication administration to the extent permitted by state law.
- D. LRI Personal Care has the following limitations:
 - 1. LRI Personal Care is limited to 40 hours per week and authorized as identified on the Extraordinary Care Tool.

2. General household tasks are limited to those necessary for maintaining and operating the participant's home when they are responsible for the home.
3. A participant cannot be authorized to receive this service at times that overlap with any other service.
4. LRI Personal Care does not include habilitation (assistance in acquiring, retaining, and improving self-help, socialization, and/or adaptive skills).
5. Personal care services that can be covered under the state plan should be furnished to waiver participants under the age of 21 as services required under Early and Periodic Screening, Diagnostic, and Treatment (EPSDT).

Provider Requirements

The information outlined below does not include all provider requirements. It is intended to be general information about providers of this specific DD service.

- A. All providers of waiver services must:
 1. Be a Medicaid provider;
 2. Comply with all applicable Titles of the Nebraska Administrative Code and Nebraska State Statutes;
 3. Adhere to standards as described in the Division of Medicaid and Long-Term Care Service Provider Agreement;
 4. Complete Department of Health and Human Services trainings upon request; and
 5. Use universal precautions.
- B. LRI Personal Care may not be self-directed.
- C. LRI Personal Care providers must be an LRI to the participant.
- D. LRI Personal Care requires provider use of Electronic Visit Verification (EVV). Computer skills and access to the technology for the EVV system are required for LRI Personal Care providers.

Rates

- A. LRI Personal Care must be purchased within a participant's annual individual budget amount.
- B. LRI Personal Care is reimbursed at an hourly rate.
- C. The cost of transportation is not included in the rate for this service.
- D. DD Rates are listed on the [DD Provider webpage](#).
 1. Only one fee schedule is effective at a time.
 2. The start date is on each schedule; once a fee schedule is no longer valid, an end date is added.

DEFINITIONS	
Turning/Positioning	Ambulation
Turning the participant's body or changing their body's position in a bed or seating to prevent bed sores, improve body function, and alleviate discomfort.	Participant's ability to use their body to relocate to another desired location by walking, crawling, scooting, or using an assistive device. Assistive devices could include wheelchairs, canes, or lifts.
Transfer Assistance	Oral Hygiene
Physical assistance is required from at least one person to transfer the participant between surfaces. Examples include transferring the participant into their wheelchair, transferring the participant using a lift, or transferring the participant into their stander.	Completing all steps necessary to routinely care for the participant's teeth and gums as directed by their dental provider. Steps may include brushing teeth with toothpaste and a traditional toothbrush or using alternative means to clean teeth and gums, such as xylitol wipes. This includes care for additional dental needs as directed by the participant's dental provider, such as dentures, braces, or flossing.
Bathing	Toileting
Completing all steps necessary to clean the participant's body in a shower, bathtub, or bed bath as their body requires to maintain their health and safety. Steps may include using and rinsing off personal hygiene products, choosing a safe water temperature, and preventing water overflow.	<p>Completing all steps required to manage bowel or bladder functions when needed, including bedpan routine, cleaning after elimination, and changing briefs. This does not include transfers, which are addressed in Transfer Assistance.</p> <p>When the participant is incontinent, then score based on their ability to manage their incontinence needs.</p>
Dressing	Basic Meal Preparation
Completing all steps necessary to put on and remove clothing items and shoes. This includes using zippers, buttons, snaps, shoestrings, Velcro, or other means to secure clothing to the participant's body. This also includes choosing clothes, protective weather gear, and shoes appropriate to the participant's environment and physical needs.	<p>Completing a combination of tasks to prepare food, such as cleaning ingredients, cutting food items, opening a ready-to-eat food item, making a sandwich, using appliances to heat or reheat a meal, and/or following a recipe. A meal may consist of one prepared food item.</p> <p>To be scored as Independent, the participant must be able to complete all steps required to prepare food items without health and safety concerns present.</p>
Hair, Nail, or Skin Care	Laundry
Using clippers to trim fingernails and toenails, brushing or combing hair, applying skincare products as needed for protection, shaving, applying make-up, and washing and drying hands and face.	Laundry includes cleaning soiled clothes by machine or hand, sorting clothes, ironing, folding clothes, and putting away clothes.

Accessing Transportation	Medication Administration
<p>Completing all steps necessary to coordinate and use transportation not provided by the participant's primary caregiver to access community places, such as an Uber or Lyft ride, cab ride, bus ride, ride with a paid waiver provider, or ride with a family member or friend. Steps to set up transportation could include using an app or calling to schedule a ride, waiting at the pickup location during the selected time, communicating with the driver or business as needed, and paying for the ride.</p> <p>Physical assistance is required from at least one person to transfer the participant into or out of a vehicle.</p>	<p>Completing all steps necessary to safely administer prescription or over-the-counter medications as directed by the participant's prescriber or medical provider. Steps may include filling prescriptions, ensuring the correct medication amount, type, and dosage is received from the pharmacy; reporting any concerns with medications received or adverse reactions to medications; administering the correct medication amount, type, and dosage; or accessing medication containers. This may also include administering medication by various methods, dependent upon the participant's needs, such as medication administration via G/J-Tube, pump, intravenous injection, inhalation, crushing medications into food or drink, or liquid medication administration.</p>
Feeding Assistance	Respiratory/Pulmonary Care
<p>Participant requires oral stimulation, jaw positioning, thickening of liquids, supervision to prevent choking or aspiration, or tube feeding. Tube feeding includes administration of liquids or nutrition via G/J-Tube.</p>	<p>Participant requires suctioning, vent care, trach care, or oxygen administration.</p>
Communication	Catheter or Ostomy Care
<p>Participant's ability to share their wants, needs, and interests with others by using various means, such as verbal communication, written communication, American Sign Language, cued speech, assisted communication devices or apps, or Picture Exchange Communication System (PECS).</p>	<p>Participant requires catheter or ostomy care.</p>