

LRI Vyaktigat Dekhbhal (LRI Personal Care)

Neeche di gayi seva ki paribhasha aur seemaen sabhi vivaran aur aavashyaktaon ko shamil nahi karti hain. Seva ke maapdand, seemaon, pradata ke prakar aur yogyata, aur pratipurti ki jaankari ke liye, sambandhit Medicaid HCBS DD Chhoot ka sandarbh lein.

Chhoot ki uplabdhata

Parivar Samarthan Chhoot (FSW)

Vayaskon ke liye Vikasatmak Viklangata Diwas Seva Chhoot (DDAD) Chhoot

Vyapak Vikasatmak Viklangata (CDD) Chhoot

NFOCUS Seva Codes

DD LRI Vyaktigat Dekhbhal – Agency 8317

DD LRI Vyaktigat Dekhbhal – svatantra 3593

Seva Ki Paribhasha

LRI (Kanooni Roop Se Uttardayi Vyakti) Vyaktigat Dekhbhal ek aisi seva hai jo sabhi umra ke bhagidaron ke liye upalabdh hai. Ismein Rozmarra ke jeevan ki gatividhiyan (ADLs) aur/ya swasthya sambandhi kamon mein madad shamil hoti hai, aur ismein Rozmarra ke jeevan ki zaroori gatividhiyon (IADLs) mein bhi sahayata di ja sakti hai, jo bhagidar ke ghar ya anya samudayik sthal par pradan ki ja sakti hai.

Pradan Karne Ki Shartein

- A. Ek bhagidar apni zarurat ke adhar par har seva ka chayan karta hai.
 - 1. Sevaayein swatantrata aur samudaayik ekikaran ko badhava deni chahiye; aur
 - 2. Bhagidar ki vyakti-kendrith yojna (PCP) mein chuni gayi chhoot sevaayein aur unhein pradan karne wale vyaktiyon ka ullekh hota hai.
- B. LRI Vyaktigat Dekhbhal kewal ek LRI dwara bhagidar ko pradan ki ja sakti hai.
 - 1. LRI ki paribhasha hai ek jaivik ya god liye gaye nabalig bachche ke maata-pita ya bhagidar ka jeevansathi.
- C. LRI Vyaktigat Dekhbhal bhagidaron ko un kamon ko poora karne mein madad pradan karti hai jo ve apne ap kar lete agar unhe viklangta na hoti.
 - 1. Yeh sahaayata seedhi madad (hands-on) ke roop mein di jaati hai aur yeh kabhi-kabhi ya lagataar roop mein pradan ki ja sakti hai.
 - 2. Swasthya sambandhi madad mein skilled ya nursing care aur dava prashasan shamil ho sakta hai, jaisa ki rajya ke kanoon anusar anumati ho.
- D. LRI Vyaktigat Dekhbhal ki seemayein:
 - 1. LRI Vyaktigat Dekhbhal ki seema 40 ghante prati saptah tak hoti hai aur yah Asadharan Dekhbhal Tool (Extraordinary Care Tool) mein darj avashyaktaon ke anusar anumodit hoti hai.

2. Samanya ghar ke kaam un tak simit hote hain jo bhagidaar ke ghar ko banaye rakhne aur chalane ke liye avashyak hote hain jab ve ghar ke liye zimmedar hote hain.
3. Bhagidar kisi anya seva ke sath milte-julte samay mein yah seva prapt nahi kar sakta.
4. LRI Vyaktigat Dekhbhal mein punarvas (apne ap ki sahayata, samajikta, ya anukoolan kaushalon ko prapt, banaye rakhne, ya sudharne mein madad) shamil nahi hoti.
5. Jin Vyaktigat Dekhbhal sevaon ko rajya योजना के तहत दिया जा सकता है, उन्हें चहूत भगिदरों (जो 21 साल से कम उम्र के हैं) को जल्दी और नियमित जांच, निदान, और उपचार (Early and Periodic Screening, Diagnostic, and Treatment - EPSDT) के तहत प्रदान किया जाना चाहिए.

Pradata Ki Avashyaktayein

Nichee di gayi jankari mein sabhi pradata ki avashyaktayein shaamil nahi hain. Yeh is vishesh DD seva ke pradataon ke baare mein samanya jankari देने के लिए है.

- A. Sabhi Chhoot Seva pradataon ko:
 1. Medicaid pradata hona chahiye;
 2. Nebraska Prashasanik Code के सभी लागू Titles और Nebraska राज्या विधि की पाालन करना चाहिए;
 3. Medicaid और Dirgha कालिन Dekhbhal Seva Pradata Samjhauta में वारंट मानको का पालन करना चाहिए;
 4. Department of Health and Human Services द्वारा मंगी गयी training को पूरा करना होगा; और
 5. Sarvabhaumik savdhaniyon का पालन करना चाहिए.
- B. LRI Vyaktigat Dekhbhal sva-nirdeshit nahi ho sakti hai.
- C. LRI Vyaktigat Dekhbhal pradata को भगिदार का LRI hona अनिवार्य है.
- D. LRI Vyaktigat Dekhbhal में pradata के लिए Electronic Visit Verification (EVV) का उपयोग अनिवार्य है. LRI Vyaktigat Dekhbhal pradataon के लिए EVV प्रणाली के लिए computer कौशल और तकनीक तक पहुंच की अवश्यता होती है.

Rates

- A. LRI Vyaktigat Dekhbhal को भगिदार के वार्षिक व्यक्तीगत बजट के अंदर खरिदा जाना चाहिए.
- B. LRI Vyaktigat Dekhbhal का भुगतान घंटे की rate के हिसाब से किया जाता है.
- C. Is seva के लिए शुल्क/rate में यात्रा की लागत शामिल नहीं है.
- D. DD Rates [DD pradata के webpage](#) पर listed हैं.
 1. Ek samay पर केवल एक शुल्क schedule प्रबल होता है.
 2. Har schedule पर एक शुरुआत तिथि होती है; जब किसी शुल्क schedule का validity समाप्त हो जाता है, तो समापन तिथि जोड़ी जाती है.

PARIBHASHAYEIN (DEFINITIONS)	
Palatna / Sthiti Banana	Chalna-phirna (Ambulation)
Bhagidar ke sharir ko bistar ya baithak mein palatna ya sthiti badalna taki bed sore se bacha ja sake, sharirik kriya mein sudhar ho, aur asuvidha door ho.	Bhagidar ka apne sharir ka upyog karke kisi anya sthal tak chal kar, reng kar, ghisak kar ya sahayak upkaran ke madhyam se pahuchna. Sahayak upkaran mein wheelchair, chhadi ya lift shamil ho sakti hai.
Sthanantaran Sahayata	Mukh swachchhta
Kam se kam ek vyakti ki sharirik sahayata ki avashyakta hoti hai taki bhagidar ko ek satah se doosre satah par le jaya ja sake. Udaaharan mein shamil hai: bhagidar ko unki wheelchair mein bithana, lift ka upyog karke sthanantaran karna, ya unhe unke stander mein sthanantarit karna.	Dental pradata ke nirdesh ke anusar bhagidar ke daanton aur masoodon ki niyमित dekhbhal ke liye avashyak sabhi kadam poore karna. In kadamon mein toothpaste aur paramparik toothbrush se daant saaf karna ya xylitol wipes jaise vikalp upaayon se daant aur masoodon ki safai karna shaamil ho sakta hai. Ismein bhagidar ke dant pradata ke nirdesh anusar anya dental zaruraton jaise dentures, braces ya flossing ki dekhbhal bhi shaamil hai.
Nahana	Shauch (Toileting)
Sharir ki swachchhta ke liye shower, bathtub ya bed bath ke madhyam se zaroori sabhi kadam poore karna taki swasthya aur suraksha bane rahe. Ismein personal hygiene products ka upyog karna aur dhona, surakshit pani ka tapman chuna, aur pani ke bahav ko rokhna shamil ho sakta hai.	Bowel ya bladder functions ko sambhalne ke liye sabhi kadam lena, jab bhi zaroori ho, jaise bedpan ka upyog, saf safai, aur briefs badalna. Ismein sthanantaran shamil nahi hota, jiska ullekh Sthanantaran Sahayata (Transfer Assistance) mein kiya gaya hai. Agar bhagidar incontinent ho, to uske incontinence se judi zaruraton ko sambhalne ki kshamata ke aadhar par score diya jaayega.
Kapde Pahnana (Dressing)	Moolbhoot Bhojan Taiyari (Basic Meal Preparation)
Kapdon aur jooton ko pehnane aur utarne ke liye sabhi zaroori kadam poore karna. Ismein zippers, buttons, snaps, shoestrings, Velcro, ya anya madhyamon ka upyog shamil hai jisse kapdon ko bhagidar ke sharir par surakshit tarike se lagaya ja sake. Ismein bhagidar ke vatavaran aur sharirik zaroorat ke anukul kapdon, mausam se suraksha dene wale vastron aur jooton ka chayan bhi shamil hai.	Bhojan banane ke liye kuch karya poora karna, jaise samagri saf karna, bhojan ki cheezen katna, ready-to-eat item kholna, sandwich banana, bhojan ko garam karne ke liye upkaranon ka upyog karna, aur/ya recipe ka palan karna. Ek bhojan ek taiyar food item tak seemit ho sakta hai. Svatantra ke roop mein score paane ke liye, bhagidar ko bina kisi health aur suraksha ki chinta ke, bhojan tayar karne ke sabhi kadam khud se poore karne mein saksham hona chahiye.
Balo, Nakhoon ya Twacha ki dekhbhal (Hair, Nail, or Skin Care)	Kapde Dhona (Laundry)
Ungliyon ke nakhoon aur pairon ke nakhoon kaatne ke liye clippers ka upyog karna, baalon ko brush ya kanghi karna, suraksha ke liye zarurat ke mutaabik skincare products lagana, shave karna, make-up lagana, aur haath aur chehra dhona aur sukhaana.	Kapde dhone me gande kapdon ko machine ya hath se dhona, kapdon ko alag karna, ironing, folding, aur kapdon ko sahi jagah rakhna shamil hai.

Parivahan tak Pahunch (Accessing Transportation)	Dava Dena (Medication Administration)
Pramukh dekhbhal karne wale ke dwara pradan na ki gayi parivahan seva ka sanyojan aur upyog karne ke sabhi zaroori kadam poore karna, taki samudayik sthal tak pahunch sakein, jaise Uber ya LYft ki ride, taxi, bus, paid waiver pradata ke sath ride, ya parivar ke sadasya ya mitr ke sath ride. Parivahan set karne ke kadamon mein app ka upyog karna ya call karke ride schedule karna, chune gaye samay par pickup sthan par prateeksha karna, driver ya business se zaroorat ke mutabik sanvad karna, aur ride ka bhugtan karna shamil ho sakta hai. Ek vyakti se sharirik sahayata ki avashyakta hoti hai taki bhagidar ko gadi mein bithaya ya utara ja sake.	bhagidar ke prescriber ya medical pradata ke nirdesh ke mutabik prescription ya over-the-counter davaon ko surakshit roop se dene ke sabhi zaroori kadam poore karna. In kadamon mein prescription bharvana, pharmacy se sahi matra, prakar aur dose ki dava lena; prapt davayon se sambandhit kisi bhi chinta ya pratikool pratikriya ki report karna; sahi dava ki matra, prakar, aur dose dena; ya dava ke container tak pahunch banana shamil ho sakta hai. Yeh bhagidar ki zaroorat ke mutabik alag-alag tareekon se dava dene ko bhi shamil kar sakta hai, jaise G/J-Tube, pump, naso mein injection, inhalation, bhojan ya peene mein dava milana, ya liquid form mein dava dena.
Khana Khane me Sahayata (Feeding Assistance)	Shwasan/Fefde sambandhi Dekhbhal (Respiratory/Pulmonary Care)
Bhagidar ko muh ki uttejana, jabde ki sthiti thik karna, taral padarthon ko gadha karna, ghootne ya aspiration se bachane ke liye nigrani, ya tube feeding ki zaroorat hoti hai. Tube feeding mein G/J-Tube ke jariye taral ya poshan dena shamil hota hai.	Bhagidar ko suctioning, vent care, trach care, ya oxygen dene ki avashyakta hoti hai.
Sanchar (Communication)	Catheter ya Ostomy Dekhbhal
Bhagidar ki apni ichchhayein, zarooratein aur ruchi ko doosron ke sath sanjha karne ki kshamata, chahe woh maukheik sanchar, likhit sanchar, American Sign Language, sanketit speech, sahayak sanchar yantron ya apps, ya Picture Exchange Communication System (PECS) ke madhyam se ho.	Bhagidar ko catheter ya ostomy dekhbhal ki zaroorat hoti hai.