

LRI Vyaktigat Dekhbhal (LRI Personal Care)

Neeche di gayi seva ki paribhasha aur seemaen sabhi vivaran aur aavashyaktaon ko shamil nahi karti hain. Seva ke maapdand, seemaon, pradata ke prakar aur yogyata, aur pratipurti ki jaankari ke liye, sambandhit Medicaid HCBS DD Chhoot ka sandarbh lein.

Chhoot ki uplabdhata

Parivar Samarthan Chhoot (FSW)

Vayaskon ke liye Vikasatmak Viklangata Diwas Seva Chhoot (DDAD) Chhoot

Vyapak Vikasatmak Viklangata (CDD) Chhoot

NFOCUS Seva Codes

DD LRI Vyaktigat Dekhbhal – Agency 8317

DD LRI Vyaktigat Dekhbhal – svatantra 3593

Seva Ki Paribhasha

Kanooni Roop se Uttardayi Vyakti (LRI) Vyaktigat Dekhbhal ek seva hai jo HCBS Chhoot mein vriddh aur viklangata ke sath jeevan jeene wale bachho aur vayaskon (AD) ke liye uplabdh hai, jo Rozmarra ke jeevan ki gatividhiyon (ADLs), swasthya sambandhi karyo ya Rozamarra ke Jeevan ki Zaroori Gatividhiyon (IADLs) mein zaroori sahayata pradan karti hai, yeh seva bhagidar ke ghar ya anya samudayik sthan par di ja sakti hai. LRI Vyaktigat Dekhbhal ek vibhinn prakar ki madad pradan karti hai jo chhoot pradaan bhagidaron ko unka kaam pura karne mein madad karti hai, jo vyakti apne liye karte agar unhe koi viklangta na hoti. Yeh seva tabhi adhikrit ki ja sakti hai yadi bhagidar Nebraska ki Asadharan Dekhbhal ki paribhasha par khara utarta ho, jise Asadharan Dekhbhal Instrument (DD-26) ke madhyam se anka jata hai. Keval Asadharan Dekhbhal Instrument mein pahchani gayi avashyakta ki shreniyan hi adhikrit kiye jane wale hisab mein shamil hongii.

Asadharan Dekhbhal ko ADLs aur IADLs ke saath vyaavahaarik sahaayata ke roop mein paribhaashit kiya jaata hai, jo un gatividhiyon kee seema se adhik hai jo ek mata-pita ya pati/patnee samany roop se usee umr ke kisee vikalaang ya deerghakaalik beemaaree se mukt vyakti kee or se ghar mein karate hain.

Pradan Karne Ki Shartein

- LRI Vyaktigat Dekhbhal ke tahat har gatividhi ki avashyakta ko Asadharan Dekhbhal moolyankan ke parinam dwara taya kiya jana chahiye aur vyakti-kendrith yojna (PCP) mein shamil kiya jana chahiye.
- Keval wahi avashyaktayein jo Asadharan Dekhbhal (Extraordinary Care) ki paribhasha mein ati hain, pramanit ki ja sakti hain.
- LRI Vyaktigat Dekhbhal dekhbhalkarta ek samay mein ek se adhik bhagidaron ko seva pradan karne ke liye billing nahi kar sakte.
- LRI Vyaktigat Dekhbhal sevayen 40 ghante prati saptah se adhik nahi ho sakti. Yadi vyakti ka moolyankan 40 ghante prati saptah se adhik hota hai, tab bhi sabhi LRI pradataon mein keval 40 ghante pramanit kiye jayenge.
- Bhagidar ka moolyankan Parishisht I mein varnit ek ya adhik kshetron mein sahayata ke liye kiya ja sakti hai, jisme kuch avashyaktaon ke liye umraa ki seema hoti hai.
- LRI Vyaktigat Dekhbhal sva-nirdeshit nahi ho sakti hai.

Avashyakta Shreni

- A. Is dastavej ke Parishisht-I mein Asadharan Dekhbhal Upkaran ke karyon ki paribhashayein di gayi hain.
- B. Jo sahayata di jaati hai, vah pratyaksh sahayata hoti hai, jismein pradata vyakti ke liye kaam karta hai.
- C. Sevayein avashyakta ke anusaar samay-samay par pradan ki jaati hain.
- D. LRI Vyaktigat Dekhbhal prabhag ko is tarah di jaati hai ki uski svayattata aur guptata yathasambhav bani rahe.
- E. Kam se kam mahine mein ek baar, Seva Samanvayak aur prabhag milkar prabhag ki PCP ki samiksha karte hain, jismein yah bhi dekhte hain ki chhoot sevayon ka upyog ho raha hai ya nahi.
- F. Prabhag ko yah seva us samay nahi di ja sakti jab uska samay Vyaktigat Dekhbhal, Sathi, Vayask Din, Viram, Viklang Bachon ke liye Atirikt Dekhbhal, Swatantr Kaushal Nirmaan, ya Gair-Chikitsiya Parivahan Sevaon se milta ho.

Pradata Ki Avashyaktayein

Nichee di gayi jankari mein sabhi pradata ki avashyaktayein shaamil nahi hain. Yeh is vishesh DD seva ke pradataon ke baare mein samanya jankari dene ke liye hai.

- A. Sabhi Chhoot Seva pradataon ko:
 - 1. Medicaid pradata hona chahiye;
 - 2. Nebraska Prashasanik Code ke sabhi lagu Titles aur Nebraska Rajya Vidhi ki paalan karna chahiye;
 - 3. Medicaid aur Dirgha kalin Dekhbhal Seva Pradata Samjhauta mein varnit manako ka palan karna chahiye;
 - 4. Department of Health and Human Services dwara mangi gayi training ko poora karna hoga; aur
 - 5. Sarvabhaumik savdhaniyon ka palan karna chahiye.
- B. LRI Vyaktigat Dekhbhal sva-nirdeshit nahi ho sakti hai.
- C. LRI Vyaktigat Dekhbhal pradata ko bhagidar ka LRI hona anivarya hai.
- D. LRI Vyaktigat Dekhbhal" (LRI Personal Care) ko nimnalikhit karna anivarya hai:
 - 1. Ek karyaatmaka 'Electronic Visit Verification' (EVV) pranali honi chahiye jo seva appointmenton ke check-in aur check-out ko electronic rup se anumati de; aur
 - 2. Rajya-anivarya 'Case Management System' (Prakaran Prabandhan Pranali) ko chalne ke liye avashyak computer kaushal aur taknik honi chahiye.

Rates

- A. LRI Vyaktigat Dekhbhal ko bhagidar ke varshik vyaktigat bajat ke andar kharida jaana chahiye.
- B. LRI Vyaktigat Dekhbhal ka bhugtan ghante ki rate ke hisab se kiya jata hai.
- C. Is seva ke liye shulk/rate mein yatra ki lagat شامل nahi hai.
- D. DD Rates [DD pradata ke webpage](#) par listed hain.
 - 1. Ek samay par kewal ek shulk schedule prabhavi hota hai.
 - 2. Har schedule par ek shuruat tithi hoti hai; jab kisi shulk schedule ka validity samapt ho jata hai, to samapan tithi jodi jati hai.

PARIBHASHAAYEIN (DEFINITIONS)	
Palatna / Sthiti Banana	Dekh-rekh
Bhagidar ke sharir ko bistar ya baithak sthiti mein palatna ya sthiti badalna taki lete rahane se hone vaale phode se bacha ja sake, sharirik kriya mein sudhar ho, aur asuvidha door ho.	Nakhun kaatne ke liye clipper ka upyog karna, baalon ko brush ya kanghi karna, daadhi banana, haath aur chehra dhona aur sukhana, tatha muh ki ya jabde ki dekhbhal. Lekin snan ke dauran hone wali dekh-rekh isme شامل nahi hain.
Sthanantaran Sahayata	Shauch (Toileting)
Kam se kam ek vyakti ki sharirik sahayata ki avashyakta hoti hai taki bhagidar ko ek satah se doosre satah par le jaya ja sake. Udaharanon mein bhagidar ko wheelchair, lift, stander mein, ya vahan mein aur bahar sthanantarit karna شامل hai. Yah karya shauchalaya par chadhne/utarne ya snan/shower mein chadhne/utarne ko شامل nahi karta.	Avashyak hone par mal ya mutra kriya ko prabandhit karne ke liye sabhi charanon ko poora karna, jismein bedpan routine, mahila masuk dharm ki dekhbhal, safai aur tvacha ki dekhbhal, aur kachchha, kachchhi badalna شامل hai. Isme shauchalay par le jana aur ostomy/catheter dekhrekh bhi شامل hai.
Nahana (Bathing)	Bhojan Banana (Meal Preparation)
Sharir ki swachchhta ke liye shower, bathtub ya bed bath ke madhyam se zaroori sabhi kadam poore karna taki swasthya aur suraksha bane rahe. Is karya mein bath ya shower mein chadhna/utarna شامل hai.	Taral padarth ko gadha karna, katna, peesna, puree banana, ya milana taki bhojan ko naram aur sambhalne योग्या banaya ja sake. Yah karya aisi kisi bhi bhojan ki taiyari ko شامل nahi karta jo vishesh roop se bhagidar ki avashyaktaon aur poorn bhojan taiyari se sambandhit nahi hai.
Kapde Pahnana (Dressing)	Chikitsakiya Khana Khane me Sahayata
Bhagidar ko kapde/joote pehnane-utarne ke sabhi charan poore karna, jisme TED hoze شامل hain. Ismein zipar, batan, snaip, joote kee doriyaan, Velcro, ya anya madhyamon ka upyog bhi شامل hai jisse kapdon ko bhagidar ke sharir par surakshit tarike se lagaya ja sake. Yah karya vyaktigat grooming ke sabhi pehluon ko شامل nahi karta.	Bhagidar ko maukhiik uttejana, jabde ki sthiti, tube dwara aahaar, ya kisi anya vyakti dwara sharirik roop se hath se khilane ki avashyakta hoti hai. Tube dwara aahaar mein G/J-Tube ke jariye taral ya poshan dena شامل hota hai.
Shwasan/Fefde sambandhi Dekhbhal (Respiratory/Pulmonary Care)	Dawa Dena – Keval Pati-patni LRI
Bhagidar ko sakshaning, vent keyar, trek keyar, ya oxygen dene ki avashyakta hoti hai.	Bhagidar ke prescriber ya chikitsa pradata ke nirdesh ke mutabik dava parchi ya khuli milne wali davaon ko surakshit roop se dene ke sabhi zaroori kadam poore karna. In kadamon mein dava parchi bhavna, pharmacy se sahi matra, prakar aur dose ki dava lena; prapt davayon se sambandhit kisi bhi chinta ya pratikool praktikriya ki report karna; sahi dava ki matra, prakar, aur khurak dena; ya dava ke paatr tak pahunch banana شامل ho sakta hai. Yeh bhagidar ki zaroorat ke mutabik alag-alag tareekon se dava dene ko bhi شامل kar sakta hai, jaise G/J-Tube, pump, naso mein injection, saans-vdaara kheechna, bhojan ya peene mein dava milana, ya taral roop mein dava dena.

Parivahan tak pahunch – Keval Pati-patni LRI	Sanchar – Keval Pati-patni LRI
<p>Bhagidar ke mukhya dekhbhal karne wale ke dwara pradan nahi kiye gaye parivahan ka samanvay aur upyog karne ke liye sabhi avashyak charanon ko poora karna, jaise Uber ya Lyft ki yatra, taxi, bus, ya anaupcharik samarthan ke sath yatra. Parivahan set karne ke kadamon mein app ka upyog karna ya call karke ride schedule karna, chune gaye samay par pickup sthan par prateeksha karna, driver ya business se zaroorat ke mutabik samvad karna, aur ride ka bhugtan karna shamil ho sakta hai.</p>	<p>Bhagidar ka apni ichchhayein, zarooratein aur ruchi ko doosron ke sath sanjha karne me asamarth hona, chahe woh maukhik sanchar, likhit sanchar, American Sign Language, sanketit speech, sahayak sanchar yantron ya apps, ya Picture Exchange Communication System (PECS) ke madhyam se ho. Sanchar vishesh roop se bhagidar ko chikitsa mulakaat (appointments) aur upcharon ke liye sath le jane ke liye hai.</p>