

## LRI Personal Care

### NFOCUS Service Codes

**LRI Personal Care 7995** (agency provider)

**LRI Personal Care 5011** (independent provider – exception only)

### Service Definition

LRI (Legally Responsible Individual) Personal Care is a service on the HCBS Waiver for Aged and Adults and Children with Disabilities (AD) which provides needed assistance with Activities of Daily Living (ADLs), health-related tasks or Instrumental Activities of Daily Living (IADLs) provided in a participant's home and other community settings. LRI Personal Care offers a range of assistance to enable waiver participants to accomplish tasks a person would do for themselves if they did not have a disability.

This service can only be authorized when the participant meets the Nebraska definition of **Extraordinary Care** using the Extraordinary Care Instrument (DD-26). Only the qualifying need categories identified in the Extraordinary Care Instrument will be included in the authorization calculation.

- A. Extraordinary Care is defined as hands-on assistance with ADLs and IADLs that exceed the range of activities a parent or spouse would ordinarily perform in the household on behalf of a person without a disability or chronic illness of the same age.
- B. The Extraordinary Care Tool is initially completed by the Service Coordinator with the family and reviewed by the PCP team as appropriate.
  - 1. This tool looks at the need for physical assistance for task completion.
  - 2. Scoring is based on how well a participant can complete the task by themselves.

### Conditions of Provision

- A. The need for each activity under LRI Personal Care must be determined by the outcome of the Extraordinary Care assessment and included in the person-centered plan (PCP).
- B. Only needs that meet the definition of Extraordinary Care are included in what can be authorized.
- C. LRI Personal Care caregivers cannot bill to provide services to more than one participant at a time.
- D. LRI Personal Care cannot exceed 40 hours per week. When the individual is assessed at more than 40 hours per week, only 40 hours will be authorized.
- E. The participant may be assessed for assistance in one or more of the areas outlined in Appendix I, with age limitations for some needs.
- F. LRI Personal Care may not be self-directed.

### Need Category

- A. The task definitions of the Extraordinary Care Tool is referenced in Appendix I of this document.
- B. Assistance provided may take the form of hands-on assistance in which the provider performs a task for the person, or cuing, where the provider prompts the participant to perform a task.
- C. Services may be provided on an episodic or continuing basis.

- D. LRI Personal Care is provided to the participant in a way to maintain as much independence and privacy as possible.
- E. At least monthly, the Service Coordinator and participant monitor the participant's PCP, including checking the use or non-use of waiver services.
- F. A participant cannot be authorized to receive this service at times that overlap with Personal Care, Companion, Adult Day, Respite, Extra Care for Children with Disabilities, Independent Skills Building, or Non-Medical Transportation Services.
- G. Personal care services that can be covered under the state plan should be furnished to waiver participants under the age of 21 as services required under Early and Periodic Screening, Diagnostic, and Treatment (EPSDT).

## Provider Requirements

*The information outlined below does not include all provider requirements. It is intended to be general information about providers of this specific AD service.*

- A. All providers of waiver services must:
  - 1. Be a Medicaid provider;
  - 2. Comply with all applicable licensure, Titles of the Nebraska Administrative Code, and Nebraska State Statutes;
  - 3. Adhere to standards described in the Division of Medicaid and Long-Term Care Service Provider Agreement;
  - 4. Complete Department of Health and Human Services trainings upon request; and
  - 5. Use universal precautions.
- B. LRI Personal Care providers must be an LRI to the participant.
  - 1. An LRI is defined as the natural or adoptive parents of a minor child or spouse of the waiver participant.
- C. LRI Personal Care providers must :
  - 1. Have an operational electronic visit verification (EVV) system that allows the check-in and out of service appointments electronically; and
  - 2. Have the computer skills and technology needed to navigate the state-mandated case management system.

## Rates

- A. Rates are set on an individual provider basis through a negotiation process between the provider and the Resource Developer (RD).
- B. Rates are reviewed annually at the time the provider's annual agreement is scheduled to end.
- C. Rates are established based on the usual and customary rates that are not more than the provider would charge a private paying individual.
- D. Services may be authorized at a frequency of hourly.
- E. Providers must bill for the quarter of the hour when the participant is not in attendance for a full hour.

**APPENDIX I:****DEFINITIONS**

<b>Turning/Positioning</b>	<b>Ambulation</b>
Turning the participant's body or changing their body's position in a bed or seating to prevent bed sores, improve body function, and alleviate discomfort.	Participant's ability to use their body to relocate to another desired location by walking, crawling, scooting, or using an assistive device. Assistive devices could include wheelchairs, canes, or lifts.
<b>Transfer Assistance</b>	<b>Oral Hygiene</b>
Physical assistance is required from at least one person to transfer the participant between surfaces. Examples include transferring the participant into their wheelchair, transferring the participant using a lift, or transferring the participant into their stander.	Completing all steps necessary to routinely care for the participant's teeth and gums as directed by their dental provider. Steps may include brushing teeth with toothpaste and a traditional toothbrush or using alternative means to clean teeth and gums, such as xylitol wipes. This includes care for additional dental needs as directed by the participant's dental provider, such as dentures, braces, or flossing.
<b>Bathing</b>	<b>Toileting</b>
Completing all steps necessary to clean the participant's body in a shower, bathtub, or bed bath as their body requires to maintain their health and safety. Steps may include using and rinsing off personal hygiene products, choosing a safe water temperature, and preventing water overflow.	Completing all steps required to manage bowel or bladder functions when needed, including bedpan routine, cleaning after elimination, and changing briefs. This does not include transfers which are addressed in Transfer Assistance.  If the participant is incontinent, then score based on their ability to manage their incontinence needs.
<b>Dressing</b>	<b>Basic Meal Preparation</b>
Completing all the steps necessary to put on and remove clothing items and shoes. This includes using zippers, buttons, snaps, shoestrings, Velcro, or other means to secure clothing to the participant's body. This also includes choosing clothes, protective weather gear, and shoes appropriate to the participant's environment and physical needs.	Completing a combination of tasks to prepare food, such as cleaning ingredients, cutting food items, opening a ready-to-eat food item, making a sandwich, using appliances to heat or reheat a meal, and/or following a recipe. A meal may consist of one prepared food item.  To be scored as Independent, the participant must be able to complete all steps required to prepare food items without health and safety concerns present.

<b>Hair, Nail, or Skin Care</b>	<b>Laundry</b>
Using clippers to trim fingernails and toenails, brushing or combing hair, applying skincare products as needed for protection, shaving, applying make-up, and washing and drying hands and face.	Laundry includes cleaning soiled clothes by machine or hand, sorting clothes, ironing, folding clothes, and putting away clothes.
<b>Accessing Transportation</b>	<b>Medication Administration</b>
<p>Completing all steps necessary to coordinate and use transportation not provided by the participant's primary caregiver to access community places, such as an Uber or Lyft ride, a cab ride, a bus ride, a ride with a paid waiver provider, or a ride with a family member or friend. Steps to set up transportation could include using an app or calling to schedule a ride, waiting at the pickup location during the selected time, communicating with the driver or business as needed, and paying for the ride.</p> <p>Physical assistance is required from at least one person to transfer the participant into or out of a vehicle.</p>	Completing all steps necessary to safely administer prescription or over-the-counter medications as directed by the participant's prescriber or medical provider. Steps may include filling prescriptions, ensuring the correct medication amount, type, and dosage is received from the pharmacy; reporting any concerns with medications received or adverse reactions to medications; administering the correct medication amount, type, and dosage; or accessing medication containers. This may also include administering medication by various methods, dependent upon the participant's needs, such as medication administration via G/J-Tube, pump, intravenous injection, inhalation, crushing medications into food or drink, or liquid medication administration.
<b>Feeding Assistance</b>	<b>Respiratory/Pulmonary Care</b>
Participant requires oral stimulation, jaw positioning, thickening of liquids, supervision to prevent choking or aspiration, or tube feeding. Tube feeding includes the administration of liquids or nutrition via a G/J-Tube.	Participant requires suctioning, vent care, trach care, or oxygen administration.
<b>Communication</b>	<b>Catheter or Ostomy Care</b>
Participant's ability to share their wants, needs, and interests during medical appointments by using various means, such as verbal communication, written communication, American Sign Language, cued speech, assisted communication devices or apps, or Picture Exchange Communication System (PECS).	Participant requires catheter or ostomy care.