

LRI Vyaktigat Dekhbhal (LRI Personal Care)

NFOCUS Seva Codes

LRI Vyaktigat Dekhbhal 7995 (agency pradata)

LRI Vyaktigat Dekhbhal 5011 (svatantra pradata – keval vishesh sthitiyon mein)

Seva Ki Paribhasha

LRI (Kanooni Roop se Uttardayi Vyakti) Vyaktigat Dekhbhal ek seva hai jo HCBS Chhoot mein vriddh aur viklangata ke sath jeevan jeene wale bachho aur vayaskon (AD) ke liye uplabdh hai, jo Rozmarra ke jeevan ki gatividhiyon (ADLs), swasthya sambandhi karyo ya Rozamarra ke Jeevan ki Zaroori Gatividhiyon (IADLs) mein zaroori sahayata pradan karti hai, yeh seva bhagidar ke ghar ya anya samudayik sthon par di ja sakti hai. LRI Vyaktigat Dekhbhal ek vibhinn prakar ki madad pradan karti hai jo waiver bhagidaron ko unka kaam pura karne mein madad karti hai, jo vyakti apne liye karte agar unhe koi viklangta na hoti.

Yeh seva tabhi adhikrit ki ja sakti hai jab bhagidar Nebraska ki **Asadharan Dekhbhal** ki paribhasha par khara utarta ho, jise Extraordinary Care Instrument (DD-26) ke madhyam se anka jata hai. Keval Asadharan Dekhbhal Instrument mein pahchani gayi avashyakta ki shreniyan hi adhikrit kiye jane wale hisab mein shamil hongi.

- A. Asadharan Dekhbhal ka arth hai aise ADLs aur IADLs mein hath se di jane wali sahayata jo us gatividhi ke dayre se bahar ho jo ek mata-pita ya jeevansathi aise vyakti ke liye praya karti ho jise usi umraa mein viklangata ya gambhir rog na ho.
- B. Asadharan Dekhbhal Tool ko shuruatik roop se Seva Samanvyak dwara parivar ke sath milkar bharwaya jata hai aur avashyakta anusar PCP team dwara samikshit kiya jata hai.
 1. Yeh tool kisi kam ko poora karne ke liye sharirik sahayata ki avashyakta ko dekhne ke liye banaya gaya hai.
 2. Scoring is bat par adharit hoti hai ki bhagidar kisi kam ko khud se kis had tak poora kar sakta hai.

Pradan Karne Ki Shartein

- A. LRI Vyaktigat Dekhbhal ke tahat har gatividhi ki avashyakta ko Extraordinary Care moolyankan ke parinam dwara taya kiya jana chahiye aur vyakti-kendrith yojna (PCP) mein shamil kiya jana chahiye.
- B. Keval wahi avashyaktayein jo Asadharan Dekhbhal (Extraordinary Care) ki paribhasha mein ati hain, pramanit ki ja sakti hain.
- C. LRI Vyaktigat Dekhbhal dekhbhalkarta ek samay mein ek se adhik bhagidaron ko seva pradan karne ke liye billing nahi kar sakte.
- D. LRI Vyaktigat Dekhbhal 40 ghante prati saptah se adhik nahi ho sakti. Yadi vyakti ka moolyankan 40 ghante se adhik hota hai, tab bhi keval 40 ghante pramanit kiye jayenge.
- E. Bhagidar ka moolyankan Appendix I mein varnit ek ya adhik kshetron mein sahayata ke liye kiya ja sakta hai, jisme kuch avashyaktaon ke liye umraa ki seema hoti hai.
- F. LRI Vyaktigat Dekhbhal sva-nirdeshit nahi ho sakti hai.

Avashyakta ki Shreni (Need Category)

- A. Extraordinary Care Tool ki task paribhashayein is dastavez ke Appendix I mein di gayi hain.
- B. Pradan ki gayi madad haath se (hands-on) madad dene ke roop mein ho sakti hai jisme

- pradata vyakti ke liye koi kaam karta hai, ya cuing ke roop mein ho sakti hai jisme pradata bhaagidar ko kisi kaam ko karne ke liye prerit karta hai.
- C. Sevaayein ek samayik ya nirantar aadharit roop mein pradan ki ja sakti hain.
 - D. LRI Vyaktigat Dekhbhal bhaagidar ko is tarah pradan ki jaati hai ki unki svatantrata aur gopniyata ko jitna ho sake utna banaye rakha ja sake.
 - E. Kam se kam mahine mein ek baar, Seva Samanvayak aur bhagidar, bhagidaro ke PCP ka samiksha karte hain, jisme waiver sevaon ka upyog ya na-upyog bhi dekha jaata hai.
 - F. Ek bhagidar ko is seva ko un samayon mein prapt karne ki manzoori nahi di ja sakti jo Vyaktigat Dekhbhal, Companion, Vayask Divas, Aram, Viklang Bachchon ke liye Vishesh Dekhbhal, Svantra Kaushal Vikas ya Arogik Gadi Seva ke samayon se milti ho.
 - G. Jin Vyaktigat Dekhbhal sevaon ko rajya योजना के तहत दिया जा सकता है, उन्हें चहूत भगिदारों (जो 21 साल से कम उम्र के हैं) को जल्दी और नियमित जांच, निदान, और उपचार (Early and Periodic Screening, Diagnostic, and Treatment - EPSDT) के तहत प्रदान किया जाना चाहिए.

Pradata Ki Avashyaktayein

Nichee di gayi jankari mein sabhi pradata ki avashyaktayein shaamil nahi hain. Yeh is vishesh AD seva ke pradaton ke baare mein samanya jankari dene ke liye hai.

- A. Sabhi Chhoot Seva pradaton ko:
 1. Medicaid pradata hona chahiye;
 2. Nebraska Prashasanik Code ke sabhi lagu licensure, Titles aur Nebraska Rajya Vidhi ki paalan karna chahiye;
 3. Medicaid aur lambe samay ke Dekhbhaal Seva Pradata Samjhauta mein varnit maapdandhon ka paalan karna;
 4. Department of Health and Human Services द्वारा मंगी गयी training को पूरा करना होगा; और
 5. Sarvabhaumik savdhaniyon ka palan karna chahiye.
- B. LRI Vyaktigat Dekhbhal pradata ko bhagidar ka LRI hona anivarya hai.
 1. LRI ki paribhasha hai ek alpavayask bachhe ke praktik ya god lene wale mata-pita ya chhoot bhagidar ka jeevansathi.
- C. LRI Vyaktigat Dekhbhal pradata ko/ka pas:
 1. Ek sakriya electronic visit verification (EVV) pranali honi chahiye jo seva niyuktiyon mein check-in aur check-out ko electronic roop se sambhav banaye; aur
 2. Rajya ke niyमित case management system ko chalane के लिए जरूरी computer skills aur takneek ka gyan hona chahiye.

Rates

- A. Rates ko ek vyakti pradan karta के आधार पर, pradan karta aur Sansadhan Vikasak (RD) के बीच एक समझौता प्रक्रिया के मध्यम से स्थापित किया जाता है.
- B. Rates ko pratyek varsh, pradan karta के वार्षिक समझौते के समापन के समय पर पुनरावलोकन किया जाता है.
- C. Rates ka nirdharan aam aur paramparik mulyon के आधार पर किया जाता है, जो pradata kisi vyakti से व्यक्तित्व रूप से लिये जाने वाले मूल्यों से अधिक नहीं होते.
- D. Sevaayein ghanto के आधार पर अधिकृत की जा सकती हैं.
- E. Pradaton ko us ghante के छोटे हिस्से के लिए बिल बनाना होगा जब bhaagidar poore ghante के लिए उपस्थित नहीं होता.

APPENDIX I:**PARIBHASHAYEIN (DEFINITIONS)**

Palatna / Sthiti Banana	Chalna-phirna (Ambulation)
Bhagidar ke sharir ko bistar ya baithak mein palatna ya sthiti badalna taki bed sore se bacha ja sake, sharirik kriya mein sudhar ho, aur asuvidha door ho.	Bhagidar ka apne sharir ka upyog karke kisi anya sthal tak chal kar, reng kar, ghisak kar ya sahayak upkaran ke madhyam se pahuchna. Sahayak upkaran mein wheelchair, chhadi ya lift shamil ho sakti hai.
Sthanantaran Sahayata	Mukh swachchhta
Kam se kam ek vyakti ki sharirik sahayata ki avashyakta hoti hai taki bhagidar ko ek satah se doosre satah par le jaya ja sake. Udaharan mein shamil hai: bhagidar ko unki wheelchair mein bithana, lift ka upyog karke sthanantaran karna, ya unhe unke stander mein sthanantarit karna.	Dental pradata ke nirdesh ke anusar bhagidar ke daanton aur masoodon ki niyamt dekhbhal ke liye avashyak sabhi kadam poore karna. In kadamon mein toothpaste aur paramparik toothbrush se daant saaf karna ya xylitol wipes jaise vikalp upaayon se daant aur masoodon ki safai karna shaamil ho sakta hai. Ismein bhagidar ke dant pradata ke nirdesh anusar anya dental zaruraton jaise dentures, braces ya flossing ki dekhbhal bhi shaamil hai.
Nahana	Shauch (Toileting)
Sharir ki swachchhta ke liye shower, bathtub ya bed bath ke madhyam se zaroori sabhi kadam poore karna taki swasthya aur suraksha bane rahe. Ismein personal hygiene products ka upyog karna aur dhona, surakshit pani ka tapman chuna, aur pani ke bahav ko rokhna shamil ho sakta hai.	Bowel ya bladder functions ko sambhalne ke liye sabhi kadam lena, jab bhi zaroori ho, jaise bedpan ka upyog, saf safai, aur briefs badalna. Ismein sthanantaran shamil nahi hota, jiska ullekh Sthanantaran Sahayata (Transfer Assistance) mein kiya gaya hai. Jab bhagidar incontinent ho, to uske incontinence se judi zaruraton ko sambhalne ki kshamata ke aadhar par score diya jaayega.
Kapde Pahnana (Dressing)	Moolbhoot Bhojan Taiyari (Basic Meal Preparation)
Kapdon aur jooton ko pehnane aur utarne ke liye sabhi zaroori kadam poore karna. Ismein zippers, buttons, snaps, shoestrings, Velcro, ya anya madhyamon ka upyog shamil hai jisse kapdon ko bhagidar ke sharir par surakshit tarike se lagaya ja sake. Ismein bhagidar ke vatavaran aur sharirik zarooraton ke anukul kapdon, mausam se suraksha dene wale vastron aur jooton ka chayan bhi shamil hai.	Bhojan banane ke liye kuch karya poora karna, jaise samagri saf karna, bhojan ki cheezen katna, ready-to-eat item kholna, sandwich banana, bhojan ko garam karne ke liye upkaranon ka upyog karna, aur/ya recipe ka palan karna. Ek bhojan ek taiyar food item tak seemit ho sakta hai. Svatantra ke roop mein score paane ke liye, bhagidar ko bina kisi health aur suraksha ki chinta ke, bhojan tayar karne ke sabhi kadam khud se poore karne mein saksham hona chahiye.

Balo, Nakhoon ya Twacha ki dekhbhal (Hair, Nail, or Skin Care)	Kapde Dhona (Laundry)
Ungliyon ke nakhoon aur pairon ke nakhoon kaatne ke liye clippers ka upyog karna, baalon ko brush ya kanghi karna, suraksha ke liye zarurat ke mutaabik skincare products lagana, shave karna, make-up lagana, aur haath aur chehra dhona aur sukhaana.	Kapde dhona me gande kapdon ko machine ya hath se dhona, kapdon ko alag karna, ironing, folding, aur kapdon ko sahi jagah rakhna shamil hai.
Parivahan tak Pahunch (Accessing Transportation)	Dava Dena (Medication Administration)
Pramukh dekhbhal karne wale ke dwara pradan na ki gayi parivahan seva ka sanyojan aur upyog karne ke sabhi zaroori kadam poore karna, taki samudayik sthal tak pahunch sakein, jaise Uber ya LYft ki ride, ek taxi, ek bus, paid chhoot pradata ke sath ride, ya parivar ke sadasya ya mitr ke sath ride. Parivahan set karne ke kadamon mein app ka upyog karna ya call karke ride schedule karna, chune gaye samay par pickup sthan par prateeksha karna, driver ya business se zaroorat ke mutabik sanvad karna, aur ride ka bhugtan karna shamil ho sakta hai. Ek vyakti se sharirik sahayata ki avashyakta hoti hai taki bhagidar ko gadi mein bithaya ya utara ja sake.	bhagidar ke prescriber ya medical pradata ke nirdesh ke mutabik prescription ya over-the-counter davaon ko surakshit roop se dene ke sabhi zaroori kadam poore karna. In kadamon mein prescription bharvana, pharmacy se sahi matra, prakar aur dose ki dava lena; prapt davayon se sambandhit kisi bhi chinta ya pratikool pratikriya ki report karna; sahi dava ki matra, prakar, aur dose dena; ya dava ke container tak pahunch banana shamil ho sakta hai. Yeh bhagidar ki zaroorat ke mutabik alag-alag tareekon se dava dene ko bhi shamil kar sakta hai, jaise G/J-Tube, pump, naso mein injection, inhalation, bhojan ya peene mein dava milana, ya liquid form mein dava dena.
Khana Khane me Sahayata (Feeding Assistance)	Shwasan/Fefde sambandhi Dekhbhal (Respiratory/Pulmonary Care)
Bhagidar ko muh ki uttejana, jabde ki sthiti thik karna, taral padarthon ko gadha karna, ghootne ya aspiration se bachane ke liye nigrani, ya tube feeding ki zaroorat hoti hai. Tube feeding mein ek G/J-Tube ke jariye taral ya poshan dena shamil hota hai.	Bhagidar ko suctioning, vent care, trach care, ya oxygen dene ki avashyakta hoti hai.
Sanchar (Communication)	Catheter ya Ostomy Dekhbhal
Bhagidar ki medical appointments ke dauran apni ichchhayein, zarooratein aur ruchi ko sanjha karne ki kshamata, chahe woh maukhiik sanchar, likhit sanchar, American Sign Language, sanketit speech, sahayak sanchar yantron ya apps, ya Picture Exchange Communication System (PECS) ke madhyam se ho.	Bhagidar ko catheter ya ostomy dekhbhal ki zaroorat hoti hai.