

LRI Vyaktigat Dekhbhal (LRI Personal Care)

NFOCUS Seva Codes

LRI Vyaktigat Dekhbhal 7995 (agency pradata)

LRI Vyaktigat Dekhbhal 5011 (svatantra pradata – keval vishesh sthitiyon mein)

Seva Ki Paribhasha

LRI (Kanooni Roop se Uttardayi Vyakti) Vyaktigat Dekhbhal ek seva hai jo HCBS Chhoot mein vriddh aur viklangata ke sath jeevan jeene wale bachho aur vayaskon (AD) ke liye uplabdh hai, jo Rozmarra ke jeevan ki gatividhiyon (ADLs), swasthya sambandhi karyo ya Rozamarra ke Jeevan ki Zaroori Gatividhiyon (IADLs) mein zaroori sahayata pradan karti hai, yeh seva bhagidar ke ghar ya anya samudayik sthon par di ja sakti hai. LRI Vyaktigat Dekhbhal ek vibhinn prakar ki madad pradan karti hai jo waiver bhagidaron ko unka kaam pura karne mein madad karti hai, jo vyakti apne liye karte agar unhe koi viklangta na hoti. Yeh seva tabhi adhikrit ki ja sakti hai jab bhagidar Nebraska ki **Asadharan Dekhbhal** ki paribhasha par khara utarta ho, jise Extraordinary Care Instrument (DD-26) ke madhyam se anka jata hai. Keval Asadharan Dekhbhal Instrument mein pahchani gayi avashyakta ki shreniyan hi adhikrit kiye jane wale hisab mein shamil hongy.

Asadharan Dekhbhal ka arth hai aise ADLs aur IADLs mein hath se di jane wali sahayata jo us gatividhi ke dayre se bahar ho jo ek mata-pita ya jeevansathi aise vyakti ke liye praya karti ho jise usi umraa mein viklangata ya gambhir rog na ho.

Asadharan Dekhreh Tool (Extraordinary Care Tool) ko shuru me Seva Samanvyak parivar ke saath milkar poora karta hai, aur baad me PCP team iski samiksha karti hai. Isme ank is aadhar par diye jate hain ki bhagidar ko ek kaam poora karne ke liye kitni sharirik madad chahiye.

Pradan Karne Ki Shartein

- LRI Vyaktigat Dekhbhal ke tahat har gatividhi ki avashyakta ko Extraordinary Care moolyankan ke parinam dwara taya kiya jana chahiye aur vyakti-kendrit yojna (PCP) mein shamil kiya jana chahiye.
- Keval wahi avashyaktayein jo Asadharan Dekhbhal (Extraordinary Care) ki paribhasha mein ati hain, pramanit ki ja sakti hain.
- LRI Vyaktigat Dekhbhal dekhbhalkarta ek samay mein ek se adhik bhagidaron ko seva pradan karne ke liye billing nahi kar sakte.
- LRI Vyaktigat Dekhbhal 40 ghante prati saptah se adhik nahi ho sakti. Yadi vyakti ka moolyankan 40 ghante se adhik hota hai, tab bhi keval 40 ghante pramanit kiye jayenge.
- Bhagidar ka moolyankan Appendix I mein varnit ek ya adhik kshetron mein sahayata ke liye kiya ja sakta hai, jisme kuch avashyaktaon ke liye umraa ki seema hoti hai.
- LRI Vyaktigat Dekhbhal sva-nirdeshit nahi ho sakti hai.

Avashyakta ki Shreni (Need Category)

- Extraordinary Care Tool ki task paribhashayein is dastavez ke Appendix I mein di gayi hain.
- Asadharan Dekhreh Tool ke kaamon ki paribhasha is dastavej ke Appendix I me di gayi hai.
- Sahayata ka matlab hai seedhi madad, jisme pradata vyakti ke liye kaam khud karta hai.

- D. LRI Vyaktigat Dekhbhal bhaagidar ko is tarah pradan ki jaati hai ki unki svatantrata aur gopniyata ko jitna ho sake utna banaye rakha ja sake.
- E. Kam se kam mahine mein ek baar, Seva Samanvayak aur bhagidar, bhagidaro ke PCP ka samiksha karte hain, jisme waiver sevaon ka upyog ya na-upyog bhi dekha jaata hai.
- F. Kisi bhagidar ko is seva ka pravadhan un samayon par adhikrit nahi kiya ja sakta jab yah chhoot sevaon Vyaktigat Dekhbhal, Companion, Adult Day, Respite, Disability wale bachchon ke liye atirikt dekhbhal, svatantra kaushal nirmaan, ya gair-chikitsiy parivahan sevaon ke saath overlap karta ho. Iske alawa, yeh seva gharelu swasthya, antim ashray (hospice), kushal nursinga seva ya bacchon ke sthaniya school jila karyakram ke samay ke saath bhi overlap nahi kar sakti.

Pradata Ki Avashyaktayein

Nichee di gayi jankari mein sabhi pradata ki avashyaktayein shaamil nahi hain. Yeh is vishesh AD seva ke pradataon ke baare mein samanya jankari dene ke liye hai.

- A. Sabhi Chhoot Seva pradataon ko:
 1. Medicaid pradata hona chahiye;
 2. Nebraska Prashasanik Code ke sabhi lagu licensure, Titles aur Nebraska Rajya Vidhi ki paalan karna chahiye;
 3. Medicaid aur lambe samay ke Dekhbhaal Seva Pradata Samjhauta mein varnit maapdandhon ka paalan karna;
 4. Department of Health and Human Services dwara mangi gayi training ko poora karna hoga; aur
 5. Sarvabhaumik savdhanion ka palan karna chahiye.
- B. LRI Vyaktigat Dekhbhal sva-nirdeshit nahi ho sakti hai.
- C. LRI Vyaktigat Dekhbhal pradata ko bhagidar ka LRI hona anivarya hai.
- D. LRI Vyaktigat Dekhbhal pradata ko/ka pas:
 1. Ek sakriya electronic visit verification (EVV) pranali honi chahiye jo seva niyuktikon mein check-in aur check-out ko electronic roop se sambhav banaye; aur
 2. Rajya ke niyमित case management system ko chalane ke liye zaroori computer skills aur takneek ka gyan hona chahiye.

Rates

- A. Rates ko ek vyakti pradan karta ke adhar par, pradan karta aur Sansadhan Vikasak (RD) ke beech ek samjhota prakriya ke madhyam se sthapit kiya jata hai.
- B. Rates ko pratyek varsh, pradan karta ke varshik samjhote ke samapan ke samay par punaravalokan kiya jata hai.
- C. Rates ka nirdharan aam aur paramparik mulyon ke aadhar par kiya jata hai, jo pradata kisi vyakti se vyaktigat roop se liye jane wale mulyon se adhik nahi hote.
- D. Sevaayein ghanto ke adhar par adhikrit ki ja sakti hain.

PARIBHASHAAYEIN (DEFINITIONS)	
Palatna / Sthiti Banana	Grooming
Bhagidar ke sharir ko bistar ya baithak mein palatna ya sthiti badalna taki bed sore se bacha ja sake, sharirik kriya mein sudhar ho, aur asuvidha door ho.	Nakhun kaatne ke liye clipper ka upyog karna, baalon ko brush ya kanghi karna, daadhi banana, haath aur chehra dhona aur sukhana, tatha muh ki ya denture ki dekhbhal. Lekin snan ke dauran hone wale grooming isme शामिल nahi hain.
Sthanantaran Sahayata	Shauch (Toileting)
Kam se kam ek vyakti ki sharirik sahayata ki avashyakta hoti hai taki bhagidar ko ek satah se doosre satah par le jaya ja sake. Udaharanon mein bhagidar ko wheelchair, lift, stander mein, ya vahan mein aur bahar sthanantarit karna शामिल hai. Yah karya shauchalaya par chadhne/utarne ya snan/shower mein chadhne/utarne ko शामिल nahi karta.	Avashyak hone par mal ya mutra kriya ko prabandhit karne ke liye sabhi charanon ko poora karna, jismein bedpan routine, mahila masik dharm ki dekhbhal, safai aur tvacha ki dekhbhal, aur briefs badalna शामिल hai. Isme shauchalay par le jana aur ostomy/catheter dekhrekh bhi शामिल hai.
Nahana (Bathing)	Bhojan Taiyari (Meal Preparation)
Sharir ki swachchhta ke liye shower, bathtub ya bed bath ke madhyam se zaroori sabhi kadam poore karna taki swasthya aur suraksha bane rahe. Is karya mein bath ya shower mein chadhna/utarna शामिल hai.	Taral padarth ko gadha karna, katna, peesna, puree karna, ya blend karna taki bhojan ko narm aur sambhalne योग्या बनया जा सके. Yah karya aisi kisi bhi bhojan ki taiyari ko शामिल nahi karta jo vishesh roop se bhagidar ki avashyaktaon aur poorn bhojan taiyari se sambandhit nahi hai.
Kapde Pahnana (Dressing)	Chikitsakiya Khana Khane me Sahayata
Bhagidar ko kapde/joote pehnane-utarne ke sabhi charan poore karna, TED moze शामिल hain. Ismein zippers, buttons, snaps, shoestrings, Velcro, ya anya madhyamon ka upyog bhi शामिल hai jisse kapdon ko bhagidar ke sharir par surakshit tarike se lagaya ja sake. Yah karya vyaktigat grooming ke sabhi pehluon ko शामिल nahi karta.	Bhagidar ko maukhik uttejana, jabde ki sthiti, tube feeding, ya kisi anya vyakti द्वारा sharirik roop se hath se khilane ki avashyakta hoti hai. Tube feeding mein G/J-Tube ke jariye taral ya poshan dena शामिल होता है.
Shwasan/Fefde sambandhi Dekhbhal (Respiratory/Pulmonary Care)	Dawa ka prashasan – Keval pati-patni LRI
Bhagidar ko suctioning, vent care, trach care, ya oxygen dene ki avashyakta hoti hai.	Bhagidar ke prescriber ya medical pradata ke nirdesh ke mutabik prescription ya over-the-counter davaon ko surakshit roop se dene ke sabhi zaroori kadam poore karna. In kadamon mein prescription bhavna, pharmacy se sahi matra, prakar aur dose ki dava lena; prapt davayon se sambandhit kisi bhi chinta ya pratikool praktikriya ki report karna; sahi dava ki matra, prakar, aur dose dena; ya dava ke container tak pahunch banana शामिल हो सकता है. Yeh bhagidar ki zaroorat ke mutabik alag-alag tareekon se dava dene ko bhi शामिल कर सकता है, जैसे G/J-Tube, pump, naso mein injection, inhalation, bhojan ya peene mein dava milana, ya taral roop mein dava dena.

Parivahan tak pahunch – Keval pati-patni LRI	Sanchar – Keval pati-patni LRI
<p>Bhagidar ke mukhya dekhbhal karne wale ke dwara pradan nahi kiye gaye parivahan ka samanvay aur upyog karne ke liye sabhi avashyak charanon ko poora karna, jaise Uber ya Lyft ki ride, taxi, bus, ya anaupcharik samarthan ke sath ride. Parivahan set karne ke kadamon mein app ka upyog karna ya call karke ride schedule karna, chune gaye samay par pickup sthan par prateeksha karna, driver ya business se zaroorat ke mutabik sanvad karna, aur ride ka bhugtan karna shamil ho sakta hai.</p>	<p>Bhagidar ka apni ichchhayein, zarooratein aur ruchi ko doosron ke sath sanjha karne me asamarth hona, chahe woh maukhik sanchar, likhit sanchar, American Sign Language, sanketit speech, sahayak sanchar yantron ya apps, ya Picture Exchange Communication System (PECS) ke madhyam se ho. Sanchar vishesh roop se bhagidar ko chikitsa niyuktikon (appointments) aur upcharon ke liye sath le jane ke liye hai.</p>