

# Igereranya ry'Ubusonerwe bw'Ubwishingizi bwa Medicaid muri Leta ya Nebraska

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NEBRASKA

Good Life. Great Mission.

## Serivisi z'Ubusonerwe bwa Medicaid zitangirwa mu rugo ndetse no mu miryango aho abakoresha ubu bwishingizi batuye

Serivisi z'Ubusonerwe bwa Medicaid zitangirwa murugo ndetse no mu miryango aho abakoresha batuye (HCBS) zifasha leta gukoresha inkunga z'ubwishingizi bwa Medicaid mu kugeza serivisi kubakoresha ubu bwishingizi mu ngo zabo ndetse no mu miryango aho batuye, aho kujyanwa mubigo bitanga serivisi z'ubuvazi. Umuntu agomba kuba akoresha ubwishingizi bwa Medicaid kugira ngo abone ubufasha/ubusonerwe bwayo. Kujya muri gahunda y'ubusonerwe bw'ubwishingizi bwa Medicaid butangira serivise mu ngo (HCBS) ni ubushake kandi bishingira ku byifuzo by'umuntu kugiti ke. **Umuntu yemerewe kuba muri porogaramu y'ubusonerwe imwe gusa.**

Kugira ngo wemerewe kujya muri gahunda iyo ari yo yose y'ubusonerwe bwa Medicaid HCBS, ugomba:

- Kuba uri umuturage wa Leta Zunze Ubumwe za Amerika cyangwa umunyamahanga wemewe n'amategeko hashingiwe ku ltegeko Mpuzamahanga rigenga Abinjira n'Abasohoka rya Leta Zunze Ubumwe za Amerika, kandi ugomba kuba uri mu gihugu mu buryo bwemewe n'amategeko;
- Kuba uri umuturage wa Leta ya Nebraska; kandi
- Ukoresha ubwishingizi bwa Medicaid.

Buri busonerwe buba bufite ibyo bushingiraho byihariye kugira ngo ubwemererwe.

Hari uburyo bubiri bw'ubusonerwe ku bantu bujuje ibisabwa ku rwego rwo kwitabwaho mu kigo cyita ku barwayi (Nursing Facility - NF):

- **Ubusonerwe bugenewe abageze muzabukuru ndetse n'ababana n'ubumuga (AD):** Bugenewe abantu bari mu bigero byose ndetse n'ababana n'ubumuga bari hejuru y'imyaka 65 y'ubukuru.
- Ubusonerwe ku mpamu z'ihungabana ryo mu mutwe ryatewe no gukomerekia k'ubwonko (**Traumatic Brain Injury - TBI**): Bugenewe abantu bafite imyaka 18 kuzamura bagize ibibibazo by'ihungabana bikomoka ku ikomerekia bagize. Iri sonerwa ntawbo rirebana n'ibibazo byo kwangirika k'ubwonko byatewe no kwangirika kw'imitsi ijyana amaraso mu bwonko, kanseri, ndetse n'izindi mpamu zidafitanye isano n'ihungabana.

Hari uburyo butatu bwo gusonerwa bugenewe abantu bafite ubumuga bw'imirure, bitabwaho n'ikigo cyita ku barwayi bafite ubumuga bwo mu mutwe (ICF-IID) hashingiwe ku rwego rw'ubuvazi bakeneye:

- **Inkunga y'ubusonerwe igenewe umuryango (FSW):** Igenewe abantu bakivuka kugeza ku myaka 21 y'ubukuru. Inkunga na serivisi bifasha abana gukomeza kuba mu ngo z'imiryango yabo.
- **Porogaramu y'umunsi igenewe abakuze bafite ubumuga bw'imirure (DDAD):** igenewe abantu bafite imyaka kuva kuri 21 kuzamura. Hari gahunda y'umunsi yibanda kuguhuriza hamwe abafite ubumuga bw'imirure bakabaha inyigisho zikubiyemo, ubufasha bw'imirimo, ndetse no kubaha ubumenyi bazifashisha mu kazi mu gihe kizaza. Ndetse kandi bikubiyemo serivisi z'imibereho zi gufasha kuba wakibana wowe ubwawe, ukaba wabana n'umuryango cyangwa n'Inshuti.
- **Porogaramu igufasha gusobanukirwa ubumuga bw'imirure ufite (CDD):** Igenewe abantu b'ingeri zose. Serivisi zitangirwa mu rugo ndetse no mu mu ryango zikubiyemo serivisi z'amasha 24 zo kwigisha ibiyanye n'imiturire.

Ipaji imwe ikubiyemo incamake y'ubusonerwe:

- [Ifishi ikubiyemo amakuru aijanye n'ubusonerwe bugenewe abasheshakanguhe ndetse n'abafite ubumuga \(AD\)](#)
- [Ifishi ikubiyemo amakuru aijanye n'ubusonerwe buiyanye n'ibibazo by'ihungabana byatewe n'iyanqirika ry'ubwonko \(TBI\)](#)
- [Ifishi ikubiyemo amakuru aijanye n'Inkunga y'ubusonerwe igenewe umuryango \(FSW\)](#)
- [Ifishi ikubiyemo amakuru aijanye n'ubusonerwe n'umunsi wahariwe abafite ubumuga bw'imirure \(DDAD\)](#)
- [Ifishi ikubiyemo amakuru aijanye n'ubusonerwe no gusobanukirwa ubumuga bw'imirure \(CDD\)](#)

**Kubindi bisobanuro sura uru rubuga:** <https://dhhs.ne.gov/Pages/DD-Resources.aspx>



SERIVISI ZITANGWA KURI BURI POROGARAMU Y'UBUSONERWE	AD	TBI	FSW	DDAD	CDD
<b>Umunsi wahariwe Abakuze</b> hakorwa ibikorwa by'ubusabane, Ubugenzuzi ndetse n'ubufasha. Bta kwigisha bikorwa.				✓	✓
<b>Umunsi wahariwe ubuzima bw'abakuze</b> Ubufasha kwitabira ibikorwa rusange biteguye neza, nko kwigishwa ndetse n'ibikorwa byo kwita k'ubuzima.	✓	✓			
<b>Ubufasha bw'Imibereho</b> butangwa n'ikigo kibifitiye uburenganzira binyuze muri serivisi z'imibereho ndetse n'ubufasha.	✓	✓			
<b>Ubufasha bw'Ikoranabuhanga</b> butanga ibikoresho bifasha mu kongera ubumenyi ndetse no kumva umuntu yisanzuye.	✓	✓	✓	✓	✓
<b>Ubufasha bw'ubujyanama</b> bugufasha kumenyesha uko gukora akazi cyangwa kwhangira umurimo bishobora kugira ingaruka ku mibereho yaye ya buri munsi.				✓	✓

SERIVISI ZITANGWA KURI BURI POROGARAMU Y'UBUSONERWE	AD	TBI	FSW	DDAD	CDD
<b>Amahugurwa y'abita kubandi</b> ni inyigisho zigenewe abantu bita ku barwayi cyangwa abageze mu zabukuru nta kiguzi.		✓	✓		
<b>Umuni wahariwe kwita kubana bafite ubumuga</b> Ufasha abana binyuze mu kubigisha no kubaha ubufasha bujyanye n'imibereho y'umuryango mugari batuyemo.			✓		✓
<b>Imirimo ya buri munsi</b> igufasha gukora imirimo yo murugo, kugirango ubashe kuguma murugo.	✓	✓			
<b>Kwihiuza n'abandi mu muryango mugari/ kugirana imikoranire</b> bifasha umuntu kwitabira ibikorwa bitandukanye bibera mu muryango cyangwa aho atuye.		✓	✓	✓	✓
<b>Umufasha</b> ugenewe kuba hafi y'abakuze bari mu kigeru cy'emyaka 18 gusubiza hejuru; ubugenuzi ndetse n'ubufasha bw'imbanire myiza bitangirwa aho umuntu atuye ndetse no mu muryango mugari abarizwa mo.	✓	✓			
<b>Isuzuma rishingiye ku bujyanama</b> rigenewe abantu bakuru ritanga isuzuma n'inama ku myitwarire igoye.				✓	✓
<b>Ubufasha bwo Kumanywa</b> butanga ibikorwa ndetse n'inyigisho bitangiwe ahantu hagenwe n'ubutanga.			✓	✓	✓
<b>Gusuzuma amahirwe y'imirimo</b> bifasha umuntu guhitamo niba ashaka gukorana n'abandi niba ashaka kwikorera, abifashijwemo no gusura aho bakorera, kuganira n'abakozi, no gusobanuriwa imirimo n'ibikorwa by'ubucuruzi bwo mu gace atuyemo.				✓	✓
<b>Isuzuma rigamije guhindura ibigukijke</b> rekwereka ibyo ugomba guhindura ku modoka yawe cyangwa aho utuye kugirango bigire imiterere wifusa.			✓	✓	✓
<b>Ubundi bufasha bwo kwita kubana babana n'ubumuga</b> bugenewe urubyiruko ruri mu kigeru cy'emyaka 17 bubemerera kwitabwa ho bisanzwe kugirango babe bahabwa akazi cyangwa bajya ba jya mu ishuri.	✓				
<b>Inama zitangwa n'umuryango ndetse n'urungano</b> batanga abajyanama bafite ubunraribonye ku buzima bafasha kumenya inzego zose ndetse n' uburyo bwose bwo kubaho.			✓		
<b>Kwita ku isuku n'ubuzima rusange</b> bijyana no gukurikirana, gukusanya amakuru, no gusangiza muganga wawe amakuru ajyanye n'ubuzima bwawe bwite.					
<b>Serivisi ya Garuka murugo/ Gukurikiranwa uri mu rugo</b> Yishyura ikiguzi n'ibisabwa byose kugirango ubashe kuva mu kigo cyita ku barwayi cyangwa Abafite ubumuga ujye gutura mu rugo rwave cyangwa mu nzu ifasha abadafite ubushobozu bwo kwifasha neza.	✓			✓	✓
<b>Serivisi yo kuzanirwa ibiryu mu rugo</b> igufasha kuzanirwa ibiryu mu rugo iwawe.	✓	✓			
<b>Kuvugurura mu rugo rwave cyangwa imodoka</b> mu rwego rwo guhuza aho utuye n'imodoka yawe n'ibyo ukene, kwirinda impanuka, no kwikorera bimwe mu byo ukene.	✓	✓	✓	✓	✓
<b>Umukozi wo mu rugo</b> akora imirimo yo mu rugo no kwita ku rugo kugira ngo afashe usanzwe arwitalo igihe adahari cyangwa atabashije kurwitaho.			✓		✓
<b>Kwitoza Ubumenyi bwo Kwikorabitanga</b> inyigisho ku mirimo yo mu buzima bwa buri munsi kugira ngo bifashe gusubirana ubumenyi umuntu yari yaratatake. Bitangiwe mu rugo iwawe cyangwa mu itsinda.	✓				
<b>Amahugurwa atangirwa mu rugo rwawe</b> (Niba wibana) cyangwa mu rugo rw'umuryango (Niba ubana n'umuryango) atanga inyigisho zigamije kugufasha mu mibereho ya buri munsi.			✓	✓	✓
<b>Serivisi yo kwitabwaho byihariye</b> itangwa n'umuntu ubifitiye ububasha ahawba n'amategeko (LRI) igahabwa umuntu uri mukigero cy'emyaka runaka ukene ubufasha mu bikorwa by'ubuzima bwa buri munsi, ubufasha bwo kubaba hafi, ndetse n'imirimo ijyanye no kwita k'ubuzima.	✓		✓	✓	✓
<b>Kwiyitaho</b> ku bantu bari mukigero cy'emyaka 18 gusubiza hejuru harimo kubafasha mu bikorwa by'ubuzima bwa buri munsi, ubufasha bwo kubaba hafi, ndetse n'imirimo ijyanye no kwita k'ubuzima.	✓	✓			
<b>Uburyo bwo kwitabariza (PERS) ni igikoresho kigenewe gutabaza igihe havutse ikibazo kihutirwa.</b>	✓	✓	✓	✓	✓
<b>Amahugurwa y'itegura-mwuga</b> atanga ubumenyi rusange bukenewe kugira ngo umuntu abone akazi.				✓	✓
<b>Ubufasha bw'iyakure</b> bukoresha ikoranabuhanga kugirango bugufashe mu bice bitandukanye hifashishijwe itumabaho ryihuse.			✓	✓	✓
<b>Serivisi yo guherwa ubufasha aho utuye;</b> ikubiyemo aho utuye hahoraho, aho ucumbikiwe, aho ubana n'abandi ndetse no munzu y'urubyiruko ihoraho.					✓
<b>Serivisi y'kiruhuko</b> itanga ikiruhuko ku muntu usanzwe aguha ubufasha.	✓	✓	✓	✓	✓
<b>Ubufasha bw'amahugurwa y'akazi mu matsinda mato</b> mu kigo cy'ubucuruzi cyangwa aho mutuye, aho wigira ubumenyi n'imyitwarire y'akazi kugira ngo uzabashe kubona akazi mu gihe kizaza.				✓	✓
<b>Serivisi zihariye z'ubufasha bwo mu rugo</b> ni serivisi zihariye zitangirwa mu rugo zigenewe abasheshe akanguhe batabasha kuva mu rugo by'agateganyo ngo bajye mu bikorwa bya buri munsi; zirimo izijyanye n'imyitwarire n'iz'ubuvu.					✓
<b>Serivisi yo kugenera umuntu akazi ka mukwiye kandi kazaramba</b> bigufasa gukora akazi kawe neza ndetse no gukorana n'abandi neza.		✓		✓	✓
<b>Uburyo bw'ingendo</b> bugufasha ku kuvana ahantu hamwe ujya ahandi mu gace utuyemo atari kubwi impamvu z'ubuvu.	✓	✓	✓	✓	✓