

Swatantra Jeevan

Neeche di gayi seva ki paribhasha aur seemaen sabhi vivaran aur aavashyaktaon ko shamil nahi karti hain. Seva ke maapdand, seemaon, pradata ke prakar aur yogyata, aur pratipurti ki jaankari ke liye, sambandhit Medicaid HCBS DD Waiver ka sandarbh lein.

Waiver ki uplabdhata

Samagr Vikasatmak Viklangata (CDD) Waiver

Vikasatmak Viklangata Adult divas (DDAD) Waiver

Parivaar Samarthan Waiver (FSW)

NFOCUS Seva Codes

Swatantra Jeevan – Sanstha ya Swatantra 2639

Seva Ki Paribhasha

Swatantra Jeevan ek kaushal vikas, avyakthik seva hai, jo pratyabhagi ko swatantrata se jeene aur samudaay mein ekikaran sambandhi kaushal sikhati hai. Swatantra Jeevan pratyabhagi ke apne ghar mein pradan ki jaati hai.

Pradan Karne Ki Shartein

- A. Ek pratyabhagi apni zarurat ke adhar par har seva ka chayan karta hai.
 1. Sevayein swatantrata aur samudaayik ekikaran ko badhava deni chahiye; aur
 2. Chuni gayi waiver sevaen aur inhe pradan karne wala vyakti pratyabhagi ke Vyaktigat Sahayak Yojana (ISP) mein darj kiya jata hai.
- B. Swatantra Jeevan mein dincharya sambandhi gatividhiyan shamil hain, jaise ki, lekin is tak simit nahi hai:
 1. Vyaktigat safai;
 2. Kapde dhona aur ghar ke kaam;
 3. Bhojan tayar karna;
 4. Samudaay mein gatividhiyan; aur
 5. Samajik aur manoranjana kaushal.
- C. Is seva ka ek hissa virtual roop se diya ja sakta hai, jo ki is tak simit nahi hai, balki shamil hai:
 1. Pratyabhagi ki zarurat ko shabdik sanket aur anya sahayata ke madhyam se poora kiya ja sakta hai, jo virtual roop se pradan ki ja sakti hai;
 2. Yeh moolik aur madhyam stariya funding ke antaragat pratyabhagiyon ke liye uplabdh hai;
 3. Har hafte pradan ki jaane wali Swatantra Jeevan seva ka pramukh hissa in-person pradan kiya jaana chahiye; aur
 4. Virtual sahayata 70 ghante ke hafte ke samay mein 10 ghante se adhik nahi ho sakti.
- D. Swatantra Jeevan ek kaushal vikas seva hai aur ismein kaushal vikas karyakram shamil hone chahiye. Vyakti vishesh kaushal vikas karyakram chalaye jaane chahiye, aur jab bhi seva pradan ki jaaye, tab har baar data record kiya jaana chahiye.

E. Swatantra Jeevan ki nimnlkhit seemaen hain:

1. Swatantra Jeevan ek anukalik kaushal vikas seva hai, jo un pratyabhagiyon ko pradan ki jaati hai jo 24 ghante lagataar sahayata ki zarurat nahi rakhte.
2. Swatantra Jeevan uss samay pradan nahi ki ja sakti jab pratyabhagi so raha ho.
3. Swatantra Jeevan sirf 19 saal ya usse upar ke pratyabhagiyon ke liye uplabdh hai.
4. Swatantra Jeevan aam taur par pratyabhagi ke niji ghar mein pradan ki jaati hai.
5. Swatantra Jeevan kisi sanstha pradata ke dwara swamit, kiraye par liye gaye, chalay gaye, ya niyantrit awas sthal mein pradan nahi ki ja sakti.
6. Swatantra Jeevan ek samay par adhikram 3 pratyabhagiyon ko pradan ki ja sakti hai. Is seva mein teen se adhik logon ka samuh nahi ho sakta.
7. Swatantra Jeevan prapt kar rahe pratyabhagi nimnlkhit sevaayein nahi le sakte:
 - a. Vavhaarika Ghar Par Kaushal Vikas;
 - b. Chikitsa Ghar Par Kaushal Vikas;
 - c. Aawasiya Punarvasan – Nirantar Grih;
 - d. Aawasiya Kaushal Vikas – Mezban Grih;
 - e. Aawasiya Punarvasan – Sanyukt Avasthaan;
 - f. Aram Dene Wali Seva;
 - g. Samarthit Parivarik Jeevan; ya
 - h. Chikitsa sambandhi Aawasiya Punarvasan.
8. Swatantra Jeevan prapt kar rahe pratyabhagi seva ke dauraan paisa nahi kama sakte.
9. Swatantra Jeevan mein koi bhi seva ya seva ka wo hissa shamil nahi ho sakta jo sarvajanik shiksha ke madhyam se uplabdh ho, shamil hain:
 - a. Pratibhagee ke sthaniya school jila mein chalu karyakram, jismein school ke baad ki dekhbhal aur aise dinon ki sevaayein shaamil hain jab school band ho, jaise ki garmiyon ki chhuttiyan, nirdharit school chhuttiyan, aur shikshak seva divas;
 - b. Pratibhagee ke liye sthaniya school jila dwara nirdharit school ke samay ke dauran, chahe school ka prakar kuch bhi ho (sarvajanik, private, ya ghar par); aur
 - c. Jo shikshan seva ke ghante pradan kiye jaate hain ya uplabdh hote hain, unhe kul milaye gaye din seva ke ghanton mein shaamil kiya jaata hai, jo ki hafte mein 35 ghante se adhik nahi ho sakte.
10. Swatantra Jeevan Medicaid ke madhyam se pradan ki ja rahi anya saman sewaon ke saath na toh samanantar kar sakta hai, na unka badal sakta hai, aur na unhe nakal kar sakta hai.
11. Swatantra Jeevan ke liye hafte ki seema nimnlkhit hai:
 - a. CDD Waiver ke liye 70 ghante;
 - b. DDAD Waiver ke liye 25 ghante; aur
 - c. FSW ke liye 70 ghante;
 - d. Ek hafte ko is prakar paribhashit kiya jaata hai: 12:00 am Somvaar se lekar 11:59 pm Ravivaar tak.

Pradata Ki Avashyaktaayein

Nichee di gayi jankari mein sabhi pradata ki avashyaktaayein shaamil nahi hain. Yeh is vishesh DD seva ke pradataon ke baare mein samanya jankari देने के लिए है।

A. Waiver ka Sabhi seva pradataon ko yah karana hoga:

1. Medicaid pradata hona chahiye;
2. Nebraska Prashasanik Code ke sabhi lagu Titles aur Nebraska Rajya Vidhi ki paalan karni chahiye;

3. Medicaid aur Dirgha kaalin Dekhbhal Seva Pradata Samjhauta mein varnit manako ka palan karna chahiye;
 4. Anurodh par DHHS prashikshan poora karna chahiye; aur
 5. Sarvabhaumik saavdhaniyon ka palan karna chahiye.
- B. Swatantra Jeevan DD sanstha pradata ya swatantra pradata ke dwara pradan kiya ja sakta hai.
1. Ek DD sanstha pradata ek company hai jo Medicaid pradata ke roop mein panjikrit hai aur DHHS dwara DD sevaayein pradan karne ke liye pramanit hai aur nimnlakhit ke liye zimmedar hai:
 - a. Un karmachariyon ki bharti aur nigraani jo pratibhagee ke saath kaam karte hain;
 - b. Karmachariyon ko unki योग्यता, अनुभव, aur pradarshit kshamataon ke aadhar par niyukt karna;
 - c. Karmachariyon ko prashikshan pradan karna taaki ve aavashyak star ki dekhbhal dene ke liye योग्य हो सकें;
 - d. DHHS के liye prashikshan yojnaayein uplabdh karane के liye sahamat hona;
 - e. Seva ki paryapt uplabdhata aur gunwatta sunischiit karna; aur
 - f. Anya prashasanik kriyaen.
 2. Ek DD swatantra pradata ek vyakti ya vikreta hai jo Medicaid pradata के roop mein registered hai aur ek bhagidaar dwara niyukt kiya gaya hai.
 - a. Bhagidaar apne pradata ko niyukt karne aur nigrani rakhne के liye zimmedar hota hai.
- C. Swatantra Jeevan ko swayam-nirdeshit kiya ja sakta hai.
- D. Pratyabhagi ka koi rishtedaar, lekin pratyabhagi ka abhibhabak ya anya kanuni roop se zimmedar vyakti nahi, jab ve anya aavashyaktaon ko pura karte hain, tab Swatantra Jeevan pradan kar sakta hai.
- E. Swatantra Jeevan के liye ek sakriya electronic visit verification (EVV) pranali ki avashyakta hoti hai, jo seva ki appointment ka check-in aur check-out electronically sambhav banata hai. Swatantra Jeevan pradataon के liye EVV pranali के liye computer kaushalon aur takneek tak pahunch ki avashyakta hoti hai.

Mullya

- A. Swatantra Jeevan ko pratyabhagi के varshik vyaktigat budget ki rakam के andar kharida jaana chahiye.
- B. Swatantra Jeevan ko prati ghante के mullya par bhugtan ki jaati hai.
- C. Shulk pratyabhagi ki sankhya par nirbhar karte hain jo seva prapt kar rahe hote hain:
1. Vyaktigat (ek pratyabhagi);
 2. Do logo ka group; aur
 3. Teen logo ka group.
- D. Yatra ka kharcha hai:
1. Swatantra Jeevan के dauraan shulk mein शामिल है;
 2. Jahan Swatantra Jeevan shuru hota hai, us sthal tak के shulk mein शामिल nahi है; aur
 3. Jahan Swatantra Jeevan samapt hota hai, us sthal से sambandhit shulk mein शामिल nahi है.
- E. DD moolya [DD pradata के webpage](#) par listed hain.
1. Ek samay par kewal ek shulk anusar prabhavi hota hai.
 2. Pratyek shulk anusar par shuru hone ki tareekh hoti है; ek baar jab koi shulk anusar avaidya हो जाता है, tab ant tareekh jodi jati है.