

## Dabagalka Warbixinta Dhacdada

Dabagal Gaar ah oo loogu talagalay Qaybaha Dhacdooyinka La-warbixin Karo

Qaybta Dhacdooyinka La-warbixin Karo	Dabagal Gaar ah ee khasabka ah ee SC
<b>Dabagalka Khasabka ah</b>	
<p>Haddii ay jirto eedeeyn ama shaki ku saabsan xadgudub afka ah, jirka, jinsiga, maskaxeed ama dareen, dayacaad, ama ka-faa'iidayasi carruur ama qof weyn oo nugul</p>	<ul style="list-style-type: none"> <li>• Hubi N-FOCUS si aad u aragto haddii APS/CFS ay aqbashay kiiska. Marar badan marka APS/CFS ama booliisku baadhayaan arrin, ma rabaan in Waaxda Naafonimada iyo Horumarka (DDD) ay soo dhex gasho.</li> <li>• Booqasho fool-ka-fool ah oo khasab ah iyo dhammaystirka qoraalka kiiska ee Therap oo lagu calaamadeeyey GER Follow up. Warbixinta kiiska, tixraac Aqoonsiga Foomka GER marka uu jiro fal ula kac ah oo lagu sameeyey ka-qaybgalaha, AMA haddii dhaawacu u baahday wax ka badan gargaarka degdegga ah ee aasaasiga ah si loo daaweeyo. Dib-u-eegista adeegga ayaa la sameeyaa marka fal ula kac ah lagu sameeyo ka-qaybgalaha ama haddii dhaawacu u baahdo daaweyn ka badan gargaarka fudud ee degdegga ah. Iyadoo ku xirantahay in APS ama booliisku ay soo galeen, way dhici kartaa inay faahfaahinta dhacdada ka hadlaan ama aanay ka hadlin; ugu yaraan hubi in ka-qaybgaluhu badqab yahay.</li> <li>• Xoojinta tababarka ku saabsan qeexidda gobolka ee xadgudubka iyo faahfaahinta ku gudbinta xogta sida ay ugu haboon tahay.</li> </ul>
<p>Eedeeyn ama Shaki ku saabsan Ka-faa'iidayasiga Dhaqaale</p>	<ul style="list-style-type: none"> <li>• Hubi N-FOCUS si aad u aragto haddii APS/CFS ay aqbashay kiiska. Marar badan marka APS/CFS ama booliisku baadhayaan arrin, ma rabaan in Waaxda Naafonimada iyo Horumarka (DDD) ay soo dhex gasho.</li> <li>• Booqasho fool-ka-fool ah ee waajib ah in laga soo qayb galo (marka eedeeyn ama shaki ku lug leeyahay bixiye adeeg ama xubin goys oo ka-qaybgaluhu la nool) iyo dhammaystirka warbixinta kiiska ee Therap oo lagu calaamadeeyey Raad raaca GER. Warbixinta kiiska, tixraac Aqoonsiga Foomka GER marka uu jiro fal ula kac ah oo lagu sameeyey ka-qaybgalaha, AMA haddii dhaawacu u baahday wax ka badan gargaarka degdegga ah ee aasaasiga ah si loo daaweeyo. Dib-u-eegista adeegga ayaa la sameeyaa haddii ka-qaybgalahu si ula kac ah wax loogu geystay ama haddii dhaawacu u baahan yahay daaweyn ka badan gargaarka fudud ee degdegga ah. Iyadoo ku xirantahay in APS ama booliisku ay soo galeen, way dhici kartaa inay faahfaahinta dhacdada ka hadlaan ama aanay ka hadlin; ugu yaraan hubi in ka-qaybgaluhu badqab yahay.</li> </ul>
<p>Xaaladaha Degdegga ah, sida dhaawac ama barakac ka dhashay dab, fatahaad, duufaanta (tornado), ama xaalad degdeg ah oo la mid ah</p>	<ul style="list-style-type: none"> <li>• Uma baahna raad-raaca waji ka wajiga ah. SCS waxay go'aamisaa tallaabooyinka dabagalka ah ee loo baahan yahay iyadoo ku salaynaysa arrimo ay ka mid yihiin taariikhda ka-qaybgalaha, duruufaha, iyo culayska/halista dhacdada.</li> </ul>

<p>Dhegis Isbitaal oo Aan La Qorshayn / Qolka Gargaarka Degdegga ah (ER) / Booqashada Daryeelka Degdegga ah</p>	<ul style="list-style-type: none"> <li>• Dhegis isbitaal oo Aan La Qorshayn: Haddii qof si lama filaan ah isbitaal loogu geeyo, waa in shaqaalaha bulshada ee isbitaalka lala soo hadlaa hal maalin shaqo gudahood kadib marka la ogaado. Inta lagu jiro joogitaanka isbitaalka (ka hor ka saaritaanka isbitaalka), booqo oo hel/waydii qorshaha ka saarida isbitaalka iyo baahida in warbixinta/talooyinka ka saarida isbitaalka loo diro Iskuduwaha Adeegga (SC) marka laga saarayo isbitaalka.</li> <li>• Adeegga Qolka Deg-dega ah/Daryeelka deg-dega ah ee loogu tago daryeel caafimaad caadi ah/aan degdeg ahayn, sida cudurrada caadiga ah, marka aysan heli karin dhakhtarkooda, looma baahna in la sameeyo kormeer fool-ka-fool ah oo dabagal ah.</li> </ul>
<p>Dhaawac aan la garan sababtiisa oo abuura tuhun</p>	<ul style="list-style-type: none"> <li>• Uma baahna raad-raaca waji ka wajiga ah. SCS waxay go'aamisaa tallaabooyinka dabagalka ah ee loo baahan yahay iyadoo ku salaynaysa arrimo ay ka mid yihiin taariikhda ka-qaybgalaha, duruufaha, iyo culayska/halista dhacdada.</li> <li>• Gargaarka Farsamo (TA) ayaa la siiyaa bixiyeyaasha adeegga ee ku dhibtoonaya Nooca Dhacdada. Ka baar xogta si loo ogaado wixii bixiyeyaasha adeeggu ku dhibtoonayaan kadibna loo siiyo Gargaarka Farsamo (TA).</li> </ul>
<p>Dhaawac ama Barakac ka dhashay Dab, Fatahaad, ama Xaalado kale oo Deg-deg ah oo la mid ah ama Musiibo Dabiici ah</p>	<ul style="list-style-type: none"> <li>• Ma jiraan kormeero fool-ka-fool ah oo qasab ah; si kastaba ha ahaatee, waa in lala xiriir ka-qaybgalaha si xaaladdiisa loo hubiyo. SCS ayaa go'aamin karta haddii loo baahan yahay kulan (fool-ka-fool ah, wicitaan telefoon, ama mid muuqaal) iyadoo lagu xisaabtamayo xaaladda qofka, taariikhdiisa, iyo sida ay u darantahay dhacdadu.</li> </ul>
<p>Dhacdooyin ay ku lug leeyihiin shaqaalaha gurmada degdegga ah oo u baahan in si dhaqso ah loo caawiyo</p>	<ul style="list-style-type: none"> <li>• Booqasho fool-ka-fool ah oo khasab ah iyo dhammaystirka qoraalka kiiska ee Therap oo lagu calaamadeeyey GER Follow up. Marka la qorayo warbixinta kiiska, waa in lagu daro lambarka aqoonsiga foomka GER haddii uu jiro xiriir lala yeeshay booliska ama fal-dambiyeed suurtagal ah oo uu sameeyay qofka adeegga qaadanaya ama shaqaalaha shaqada ku jira.</li> </ul>
<p>Khaladaadka Daawooyinka oo keena Baahi Degdeg ah oo loogu tago Daryeel Caafimaad Isbitaal/ Dhakhtar</p>	<ul style="list-style-type: none"> <li>• Marka la ogaado in qof la dhigay isbitaal, waa in shaqaalaha bulshada ee isbitaalka lagu soo wacaa 1 maalin gudahood (maalalin shaqo. Inta uu qofku ku jiro isbitaalka (ka hor inta aan laga saarin isbitaalka), waa in la booqdaa lana helo/ ama la weydiiyo qorshaha ka saarida isbitaalka iyo baahida in warbixinta/ talooyinka ka saarida isbitaalka loo diro Kooxda Koordinatorka Adeegga (SC),</li> <li>• Shaqaalaha waa in loo caddeeyaa in tani micnaheedu yahay in bukaanka si <b>degdeg ah</b> loogu baahan yahay dhakhtar oo lagu geeyo daryeel degdeg ah, ER, ama isbitaal. <i>*Tani waxay quseysaa ka-qaybgalayaasha u baahday daryeel caafimaad oo degdeg ah sababo khalad daawo dhacay inta lagu guda jiray adeegyada kharash-ka-dhaafyada.</i></li> </ul>
<p>Isticmaal khaldan ama ogolaansho la'aan ee Xannibaadaha Xakamaynta ama Kalagoynta.</p>	<ul style="list-style-type: none"> <li>• Waxaa qasab ah in lala yeesho kulan fool-ka-fool ah ka dibna la buuxiyo foomka qorshaha qofka (PCP) si wax walba loogu qoro diiwaan ahaan.</li> </ul>
<p>Isku-dayga Is-diilka</p>	<ul style="list-style-type: none"> <li>• Marka isbitaalka la dhigo, waxaa waajib ah kulan fool-ka-fool ah iyo buuxinta qaybaha ku habboon ee dib-u-eegista adeegga.</li> </ul>
<p>Isticmaalka Habraacyada La Mamnuucay Sabab Kasta Awgeed</p>	<ul style="list-style-type: none"> <li>• Waxaa loo baahan yahay kulan fool-ka-fool ah iyo buuxinta dukumeentiga Qorshaha Daryeelka Shakhsiyeed (PCP) si loogu hayo diiwaan.</li> </ul>

**Kormeer dambe looma baahna, ilaa ay go'aamiyaan Kooxda Isuduwaha Adeegga (SCS)**

Isbeddel Xaalad / Hoos-u-dhac Caafimaad	<ul style="list-style-type: none"> <li>Ma jiro daba-gal loo baahan yahay. SCS waxay go'aamisaa tallaabooyinka dabagalka ah ee loo baahan yahay iyadoo ku salaynaysa arrimo ay ka mid yihiin taariikhda ka-qaybgalaha, duruufaha, iyo culayska/halista dhacdada.</li> </ul>
Cudurada Faafa	<ul style="list-style-type: none"> <li>Ma jiro daba-gal loo baahan yahay. SCS waxay go'aamisaa tallaabooyinka dabagalka ah ee loo baahan yahay iyadoo ku salaynaysa arrimo ay ka mid yihiin taariikhda ka-qaybgalaha, duruufaha, iyo culayska/halista dhacdada.</li> </ul>
Dhimashada Ka Qaybgalaha	<ul style="list-style-type: none"> <li>Raad-raaca Habraaca (SOP) dhimashada ka-qaybgalaha si loo hubiyo in dhammaan tallaabooyinka loo baahan yahay la dhammeeyo.</li> </ul>
Duullaan cayayaan	<ul style="list-style-type: none"> <li>Ma jiro daba-gal loo baahan yahay. SCS waxay go'aamisaa tallaabooyinka dabagalka ah ee loo baahan yahay iyadoo ku salaynaysa arrimo ay ka mid yihiin taariikhda ka-qaybgalaha, duruufaha, iyo culayska/halista dhacdada.</li> </ul>
Dhaawac u baahan daryeel caafimaad oo dhakhtar bixiyo	<ul style="list-style-type: none"> <li>Ma jiro daba-gal loo baahan yahay. SCS waxay go'aamisaa tallaabooyinka dabagalka ah ee loo baahan yahay iyadoo ku salaynaysa arrimo ay ka mid yihiin taariikhda ka-qaybgalaha, duruufaha, iyo culayska/halista dhacdada.</li> </ul>
Dhaawac ka dhashay Dhicis	<ul style="list-style-type: none"> <li>Ma jiro daba-gal loo baahan yahay. SCS waxay go'aamisaa tallaabooyinka dabagalka ah ee loo baahan yahay iyadoo ku salaynaysa arrimo ay ka mid yihiin taariikhda ka-qaybgalaha, duruufaha, iyo culayska/halista dhacdada.</li> </ul>
Anshax-xumo aan ku lug lahayn hay'adaha fulinta sharciga (booliska)	<ul style="list-style-type: none"> <li>Ma jiro daba-gal loo baahan yahay. SCS waxay go'aamisaa tallaabooyinka dabagalka ah ee loo baahan yahay iyadoo ku salaynaysa arrimo ay ka mid yihiin taariikhda ka-qaybgalaha, duruufaha, iyo culayska/halista dhacdada.</li> </ul>
Ka-qaybgalaha oo ka tagay kormeerka bixiyaha adeegga ama lagu aqoonsaday qof maqan	<ul style="list-style-type: none"> <li>Ma jiro daba-gal loo baahan yahay. SCS waxay go'aamisaa tallaabooyinka dabagalka ah ee loo baahan yahay iyadoo ku salaynaysa arrimo ay ka mid yihiin taariikhda ka-qaybgalaha, duruufaha, iyo culayska/halista dhacdada.</li> </ul>
Qabasho (suuxdin) socota in ka badan shan daqiiqo ama ka badan waqtiga uu dhakhtarka ka-qaybgalaha u dejiyey, ama u baahan daaweyn xarunta daryeelka degdegga ah, qolka gargaarka degdegga ah, ama isbitaalka	<ul style="list-style-type: none"> <li>Ma jiro daba-gal loo baahan yahay. SCS waxay go'aamisaa tallaabooyinka dabagalka ah ee loo baahan yahay iyadoo ku salaynaysa arrimo ay ka mid yihiin taariikhda ka-qaybgalaha, duruufaha, iyo culayska/halista dhacdada.</li> </ul>
Khasaaraha hantiyeed ee ka badan qiimaha \$150	<ul style="list-style-type: none"> <li>Dib-u-eegis ay sameyso kooxda PCP (waji ka waji ahaan ama telefoon/onlayn) si loo qiimeeyo ku habboonaanta magdhowga.</li> </ul>
Isticmaalka Qolka Gurmada Degdegga ah (Emergency Room) ama Xarunta Daryeelka Degdegga ah (Urgent Care) ee daaweyn loogu tago	<ul style="list-style-type: none"> <li>Ma jiro daba-gal loo baahan yahay. SCS waxay go'aamisaa tallaabooyinka dabagalka ah ee loo baahan yahay iyadoo ku salaynaysa arrimo ay ka mid yihiin taariikhda ka-qaybgalaha, duruufaha, iyo culayska/halista dhacdada.</li> </ul>

<p>In la adeegsado tallaabo degdeg ah oo badbaado lagu xaqiijinayo (ESI)</p>	<ul style="list-style-type: none"> <li>• Kooxda PCP waa inay dib u eegaan isticmaalka ESI <b>ayagoo isticmaalaya kulan ( fool-ka-fool ama telefoon/onlayn)</b> haddii ESI la adeegsaday iyadoo aan <b>lagu oggolaan</b> qorshaha badbaado ama xuquuqda ka qaybgalaha.</li> <li>• Marka adeegsiga Faragelinta Badbaadada Degdegga ah (ESI) uu noqdo xaddid la oggolaaday oo lagu ansixiyey dib u eegista kooxda Qorshaha Daryeelka Shakhsiyeed (PCP), kormeer kale looma baahna ilaa iyo inta SCS/SC ama xubin kale oo kooxda ka tirsan ay dareemaan in loo baahan yahay.</li> </ul>
<p>Isticmaalka Daawaynta Maskaxda ee PRN</p>	<ul style="list-style-type: none"> <li>• Dib u eegis kooxda Qorshaha Daryeelka Shakhsiyeed (PCP) (qaab wajiga-ka-wajiga ahaan ama telefoon/onlayn) ee isticmaalka daawada cilmi-nafsiga ee PRN.</li> </ul>
<p>Shilka Baabuurka</p>	<ul style="list-style-type: none"> <li>• Ma jiro daba-gal loo baahan yahay. SCS waxay go'aamisaa tallaabooyinka dabagalka ah ee loo baahan yahay iyadoo ku salaynaysa arrimo ay ka mid yihiin taariikhda ka-qaybgalaha, duruufaha, iyo culayska/halista dhacdada.</li> <li>• Natijada shilka baabuur waxay u baahan kartaa dabagal qayb kale.</li> </ul>