

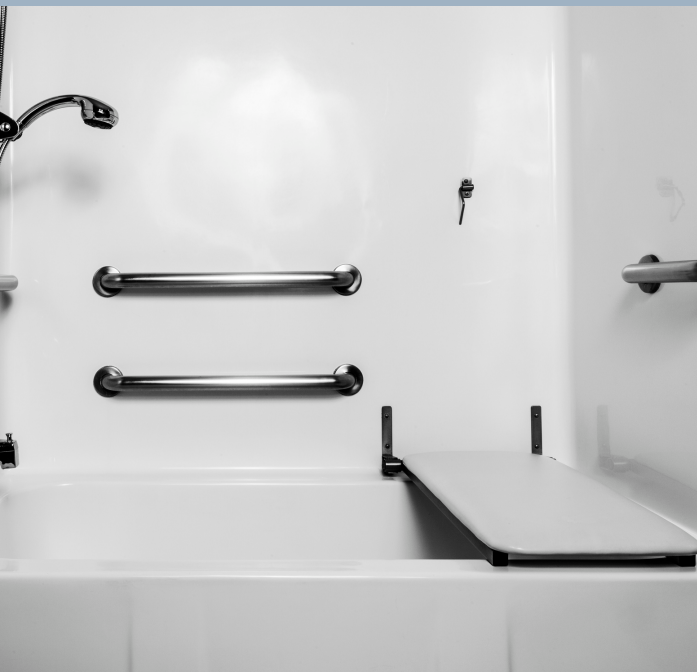
Grih Sudhar sevaayein nimnalikhit Ghar aur Samuday adharit sevaayein Chhoot mein uplabdh hain:

Madhyavarti Dekhabhal Suvidha Dekhbhal ka Star

- Parivar Samarthan Chhoot (FSW)
- Vikasatmak Viklangtaen Vyask Divas (DDAD) Chhoot
- Vyapak Vikasatmak Viklangta (CDD) Chhoot

Nursing Suvidha Star ki Dekhbhaal

- Dimag par Gahari Chot (TBI) Chhoot
- Vriddh, Vyask, aur Viklang bachchon (AD) ke liye HCBS Chhoot



Grih Sudhar ki jankari Nebraska Prashasnik
Code mein yahan dekhi ja sakti hai:

- Title 403 NAC Adhyay 4, 5 aur 6
- Title 480 NAC Adhyay 5 aur 6

Adhik jankari ke liye
dekhein:

<https://dhhs.ne.gov/>



Nebraska Swasthya aur
Manav Seva Vibhag
Vikasatmak Viklangata Vibhag (Division of
Developmental Disabilities)



Grih Sudhar

Grih Sudhar kya hai?

Grih Sudhar ve bhautik anukoolan hain jo pratibhagi ke ghar mein kiye jate hain. Ismein unke parivar ka ghar bhi شامل hai, jab ve apne parivar ke sath rehte hain. Grih Sudhar pratibhagi ke swasthya, kalyan aur suraksha sunishchit karne ke liye avashyak hote hain,

ya pratibhagi ko apne ghar mein adhik swatantrata ke sath jeene mein saksham banane ke liye avashyak hote hain.

HCBS chhoot un Grih Sudharo ko cover nahi karti jo samanya upayogita ke mane jate hain, jo pratibhagi ya grihasvami ki manak avasiy zimmedariyan hain, aur jinka seedha chikitsiya ya sudharaktmak labh nahi hai.

Grih Sudhar ke labh

- Swatantrata aur atmnirbharta badhata hai
- Sanchar aur seekhne ke avsar mein sudhar
- Aapke ghar mein pahunch mein vriddhi
- Atmavishwas aur jeevan ki gunvatta mein vriddhi



Grih Sudhar ke Prakar

1. Pravesh aur Nikas:

- Ramps aur Threshold Ramps
- Chauda Darwaze
- Svachalit Darwaza Kholne wale (Automatic Door Openers)
- Lever-Shaile ke Darwaze ke Handle

2. Rahne ke Sthan

- Neeche Light ke Switch aur Thermostat
- Smart Home Takneek

3. Bathroom Pahunch

- Walk-In ya Roll Showers/Tubs
- Unche Toilets aur Grab Bars
- Phislan-rodhi Farsh
- Touchless Nal aur Hath mein pakadne wale Showerhead

4. Kitchen mein Sudhar

- Neeche Countertop aur Sink
- Pull-down Shelf
- Side-se khulane wale Oven aur Front
- Lever-Handled ya Touchless Nal

Kaun labh utha sakta hai?

- Aise vyakti jo chalne ya swasthya samasyaon se joojh rahe hain.
- Sharirik, sanvedanatmak ya sangyanatmak viklangtaon wale vriddh nagrik.

Grih Sudhar Prapt Karna

Grih Sudhar ke liye paryavaranik Sudhar Moolyankan

(Environmental Modification Assessment) avashyak hai.

- Bhagidar ke sath ek **karyavaitmak moolyankan** kiya jayega taki unke swasthya, kalyan, aur suraksha ko sunishchit kiya ja sake.
- Ek **sthaniya moolyankan (on-site assessment)** mein karyatmak avashyakta ka akalan, pratibhagi ke liye uchit Grih Sudhar ki vyavastha ka nirdharan, aur lagat-prabhavshilta sunishchit karne ke liye sudhar ki avashyakta ka nirdharan شامل hota hai.
- **Swasthya Dekhbhal aur Punarvas Kendra:** sifarishon ke liye therapists (Occupational Therapy, Physical Therapy, and Speech Therapists) se paramarsh karein.

