

Swasthya Sanrakshan Nigrani (Health Maintenance Monitoring)

Neeche di gayi seva ki paribhasha aur seemaen sabhi vivaran aur aavashyaktaon ko shamil nahi karti hain. Seva ke maapdand, seemaon, pradata ke prakar aur योग्यता, aur pratipurti ki jaankari ke liye, sambandhit Medicaid HCBS DD Chhoot ka sandarbh lein.

Chhoot ki uplabdhata

Parivar Samarthan Chhoot (FSW)

Vayaskon ke liye Vikasatmak Viklangata Diwas Seva Chhoot (DDAD)

Chhoot

Vyapak Vikasatmak Viklangta (CDD) Chhoot

NFOCUS Seva Codes

Svasthya Rakh-Rakhav Nigrani 5707 (Sthapna)

Svasthya Rakh-Rakhav Nigrani 5936 (Masik)

Seva Ki Paribhasha

Svasthya Rakh-Rakhav Nigrani (Health Maintenance Monitoring) ka arth vyakti ke swasthya ki nigrani aur chikitsa sambandhi data ka sankalan hai, jo chronic swasthya sthitiyon ke prabandhan, dekhbhal, aur samarthan ko behtar banata hai. Iska uddeshya kisi bhi badlav ya chinta ko jaldi pehchanna hai, taki turant hastakshep kiya ja sake aur gambhir swasthya samasyayein roki ja sakein. Swasthya visheshagya prashikshan, samarthan, aur margdarshan dete hain, jisme bhagidaron ya unke abhibhavak ko lakshan ki nigrani, upchar yojnaon ka palan, aur jeevan shailee mein badlav karne ki shiksha di jati hai, taki ve apna swasthya aur kalyan bana sakein.

Pradan Karne Ki Shartein

- A. Ek bhagidar apni zarurat ke adhar par har seva ka chayan karta hai.
 1. Sevaayein swatantrata aur samudaayik ekikaran ko badhava deni chahiye; aur
 2. Bhagidar ki vyakti-kendrith yojna (PCP) mein chuni gayi chhoot sevaayein aur unhein pradan karne wale vyaktiyon ka ullekh hota hai.
- B. Swasthya Rakh-Rakhav Nigrani electronic communication takneekon ke madhyam se di jati hai, jo kisi monitoring device dwara vyakti ke vital signs, biometrics, ya subjective data ko door se nigrani kar electronic roop se kisi healthcare practitioner tak bhejti hai jahan iska vishleshan aur sangrah kiya jata hai.
- C. Bhagidar ya abhibhavak ko monitoring seva prapt karne ke liye sahmati deni hoti hai aur monitoring ki dekhrekh aur nigrani ke liye ve jimmedar hote hain.
- D. Swasthya Rakh-Rakhav Nigrani (Health Maintenance Monitoring) prapt karne wale bhagidar kisi aise treating Physician, Physician's Assistant (PA), ya Advanced Practice Registered Nurse

- (APRN) ke nigrani mein hone chahiye jo unke medical sthiti ka seedha upchar aur dekhbhal kar raha ho, aur vaha keval nigrani seva ko anumodit karne ke liye niyukt nahin kiya gaya ho.
- E. Electronic Swasthya Rakh-Rakhav Nigrani ke liye bhagidar ya abhibhavak ke pas nigrani tools ka upyog karne ki kshamata honi chahiye, ya ghar mein koi vyakti niyamit roop se upasthit hona chahiye jo un tools ka upyog kar sake.
 - F. Bhagidar ke ghar mein sabhi program ke upkaran ke liye sthal aur data bhejne ki poori kshamata honi chahiye.
 - G. Swasthya Rakh-Rakhav Nigrani ko bhagidar ki PCP mein darj kiya jayega aur har swasthya monitoring kriya ki avritti, avadhi, tatha anusuchi shamil hogi, sath hi asamanya pay jane par doctor se sampark karne ke mapdand bhi likhe jayenge.
 - H. Swasthya Rakh-Rakhav Nigrani ke madhyam se nimnalikhit ki nigrani ki ja sakti hai:
 1. Sharirik mapdandon ki Remote monitoring (jaise wajan, blood pressure, pulse oximetry, respiratory flow rate), shuruatik sthapna, tatha equipment ke upyog ki shiksha.
 2. Sharirik parametron ki Remote monitoring upkaran ke saamagri sahit, rozana record ya set kiye gaye alert bhejne ke saath, har 30 din par.
 3. Remote physiologic monitoring treatment management seawayein, jisme clinical staff/doctor/anya yogya swasthya pradata ka mahine bhar ka samay shamil ho, jisme bhagidar/caregiver ke sath interactive communication ki avashyakta ho; atirikt 20 minute.
 - I. Swasthya Rakh-Rakhav Nigrani mein nimnalikhit seemayein hoti hain:
 1. Yeh seva un alpavayask bachho ke liye, jo apne mata-pita ya abhibhavaks ke sath rahte hain, ke liye unke mata-pita ke dwara samanya roop se di jane wali sevaaon ka sthalapan nahi ban sakti.
 2. Yeh seva un bhagidaron ke liye svikrit nahi ki ja sakti jo Continuous Home, Host Home, Shared Living, ya Youth Continuous Home seva prapt kar rahe ho.
 3. Data ka vishleshan aur bhagidar ya abhibhavak ko koi bhi teaching ya coaching Registered Nurse (RN), Nurse Practitioner (NP), APRN, PA, Medical Doctor (MD), ya Doctor of Osteopathy (DO) dwara kiya jana chahiye.
 - J. Swasthya Rakh-Rakhav Nigrani tabhi svikrit ki ja sakti hai jab pehle bhagidar ke Managed Care Organization (MCO) dwara isse inkar kiya gaya ho.

Pradata Ki Avashyaktayein

Nichee di gayi jankari mein sabhi pradata ki avashyaktayein shaamil nahi hain. Yeh is vishesh DD seva ke pradataon ke baare mein samanya jankari dene ke liye hai.

- A. Sabhi Chhoot Seva pradataon ko:
 1. Medicaid pradata hona chahiye;
 2. Nebraska Prashasanik Code ke sabhi lagu Titles aur Nebraska Rajya Vidhi ki paalan karna chahiye;
 3. Medicaid aur Dirgha kalin Dekhbhal Seva Pradata Samjhauta mein varnit manako ka palan karna chahiye;
 4. Department of Health and Human Services (DHHS) dwara mangi gayi training ko poora karna hoga; aur
 5. Sarvabhaumik savdhaniyon ka palan karna chahiye.
- B. Swasthya Rakh-Rakhav Nigrani agency tatha svatantra agency pradataon dwara prastut ki ja sakti hai.
 1. Ek Division of Developmental Disabilities agency pradata ek company hai jo Medicaid

pradata ke roop mein panjikrit hai aur DHHS dwara DD sevaayein pradan karne ke liye pramanit hai aur nimnalikhit ke liye zimmedar hai:

- a. Un karmachariyon ki bharti aur nigraani jo bhagidar ke saath kaam karte hain;
 - b. Karmachariyon ko unki योग्यता, अनुभव, aur pradarshit kshamataon ke aadhar par niyukt karna;
 - c. Karmachariyon ko prashikshan pradan karna taaki ve aavashyak star ki dekhbhal dene ke liye योग्य हो सकेin;
 - d. DHHS के liye prashikshan योजनायें उपलब्ध कराने के liye सहमत होना;
 - e. सेवा की पर्याप्त उपलब्धता और गुणवत्ता सुनिश्चित करना; और
 - f. Anya prashasanik kriyaen.
- C. Swasthya Rakh-Rakhav Nigrani ko swa-nirdeshit bhi kiya ja sakta hai.
- D. Swasthya Rakh-Rakhav Nigrani ek parivarjan dwara prastut ki ja sakti hai, lekin Kanooni Abhibhavak ya Kanooni Roop se Uttardayi Vyakti (LRI) dwara nahi.
- E. Jo pradata Swasthya Rakh-Rakhav Nigrani pradan karte hain, unhein nimnalikhit policies aur prakriyayein viksit karni hoti hain:
1. Yeh pehchan karna ki kya swasthya aur suraksha ki avashyaktayein Swasthya Rakh-Rakhav Nigrani के मध्यम से सुरक्षित रूप से पूरी की जा सकती हैं;
 2. Bhagidar के गौरव, मर्यादा, तथा गरिमा के अधिकारों की सुरक्षा और उपयोग की जा रहे तकनीकों के HIPAA अनुकूल होने का विश्वास;
 3. Asamanya paye जाने पर क्या प्रतिक्रिया दी जायेगी और कब भगिदार के doctor से सम्पर्क किया जायेगा इसी योजना;
 4. Jab bhagidar kisi emergency mein ho ya on-site samarthan की अवश्यता हो तो EMS से सम्पर्क करने की योजना; और
 5. Seedhe samarthan pradan करने वाले staff के liye लगतार prashikshan.
- F. Swasthya Rakh-Rakhav Nigrani pradan करने वाले प्रदाताओं को कम से कम 30 दिन से 16 दिन remote monitoring data इकट्ठा करना अनिवार्य है।

Rates

- A. Swasthya Rakh-Rakhav Nigrani (Health Maintenance Monitoring) को भगिदाar के वार्षिक व्यक्तीगत बजट के अंदर खरिदा जाना चाहिये.
- B. Swasthya Rakh-Rakhav Nigrani के liye एक बार की स्थापना के liye और निरन्तर मासिक शुल्क के रूप में प्रतिपुरित की जाती है।
- C. DD Rates [DD pradata के webpage](#) पर listed हैं।
1. एक समय पर केवल एक शुल्क schedule प्रबन्धित होता है।
 2. Har schedule पर एक शुरुआत तिथि होती है; जब किसी शुल्क schedule का validity समाप्त हो जाता है, तो समापन तिथि जोड़ी जाती है।