Department of Health and Human Services
Division of Developmental Disabilities
New Service Resource
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Health Maintenance Monitoring

This document serves as a resource for healthcare providers, participants, guardians, and/or family members to understand the modalities, qualifications, and conditions necessary for someone to act as a provider in Health Maintenance Monitoring (HMM).

HMM involves the monitoring of personal health and collecting medical data to improve the management, care, and support for chronic medical conditions. This service is delivered via electronic communication technologies that remotely monitor a participant's vital signs, biometrics, or subjective data. Participants receiving HMM must be under the supervision of a treating Physician, Physician's Assistant (PA), or Advanced Practice Registered Nurse (APRN).

Participants

Participants enrolled in HMM should:

- A.   Have one or more chronic conditions (such as hypertension or diabetes);
- B.   Be at risk for health deterioration or complications;
- C.   Consent to participation and understand the purpose of monitoring; and
- D.   Be willing to adhere to the monitoring schedule and respond to provider follow-up.

How it Works

- A.   The participant and/or their guardian, and the prescribing health care professional, request HMM.
- B.   The Service Coordinator (SC) provides a list of Medicaid-enrolled providers or provides information on how to enroll as a Medicaid provider.
- C.   The healthcare professional creates an account with the selected Medicaid provider to receive the participant's data information.
- D.   The participant will use devices like blood pressure monitors, glucometers, or wearables to collect their own health data.
- E.   The data is transmitted to the healthcare professional via secure connections.
- F.   The provider reviews the data to assess the patient's condition, make necessary adjustments to treatment plans, and provide feedback to the participant and/or their guardian.

Contact your SC for additional information.