

Swasthya Sanrakshan Nigrani (Health Maintenance Monitoring)

Yeh dastavej swasthya seva pradatan, bhagidaron, abhibhavakon aur/ya parivar ke sadasyon ke liye ek sansadhan hai jisse ve samajh saken ki Swasthya Sanrakshan Nigrani (HMM) me pradatan ke roop me karya karne ke liye kaun se prakriyaen, yogtayen aur sharten aavashyak hain.

HMM ka arth vyakti ke swasthya ki nigrani aur chikitsa sambandhi data ka sankalan hai, jo chronic swasthya sthitiyon ke prabandhan, dekhbhal, aur samarthan ko behtar banata hai. Yeh seva electronic sanchar takneekon ke madhyam se di jati hai jo dur se bhagidar ke mahatvapurn sanketon, biometrics, ya subjective data ko monitor karti hai. HMM prapt karne wale bhagidaron ko ek upchar karne wale Chikitsak, Chikitsak sahayak (PA), ya Advanced Practice Registered Nurse (APRN) ki dekhreh me rehna hoga.

Bhagidar

HMM me panjeekrit bhagidaron ko yeh hona chahiye:

- A. Ek ya adhik dirghakaalik rogon (jaise uchcha raktchaap ya madhumeh) se peedit hon;
- B. Swasthya bigadne ya jatiltan ke jokhim me hon;
- C. Bhagidari ke liye sahmati dein aur nigrani ke uddeshya ko samajhen; aur
- D. Nigrani ke samay niyami palan karein aur pradatan ke follow-up ka uttar dein.

Yah Kaise Kaam Karta hai

- A. Bhagidar aur/ya unke abhibhavak, aur dawai likhne wale chikitsa visheshagya, HMM ke liye aavedan karte hain.
- B. Seva Samanvayak (SC) Medicaid me panjeekrit pradatan ki soochi pradan karta hai ya Medicaid pradatan ke roop me panjeekrit hone ki jankari deta hai.
- C. Chikitsa visheshagya chune gaye Medicaid pradatan ke sath ek account banata hai taki bhagidar ke aakdon ki jankari prapt kar sake.
- D. Bhagidar apna swasthya data ikattha karne ke liye yantran jaise blood pressure monitors, glucometers, ya pehne jane wale upkaranon ka upyog karega.
- E. Yeh data surakshit connections ke madhyam se chikitsa visheshagya tak bheja jata hai.
- F. Pradatan data ka samikshan karke rogiyo ki sthiti ka aakalan karta hai, upchar yojana me aavashyak badlav karta hai, aur bhagidar aur/ya unke abhibhavak ko pratikriya deta hai.

Adhik jankari ke liye apne SC se sampark karein.