

# Nebraska Medicaid Home and Community- Based Services (HCBS) Family Support Waiver (FSW)

## SERVICES QUICK GUIDE

*The Quick Guide is an introduction to services and may be used to decide which services to consider. Read more about services in the DD Policy Manual; Chapter 8 outlines service definitions, limitations, and what types of providers can offer each service. Your Service Coordinator will also explain services and discuss provider options.*

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DEPT. OF HEALTH AND HUMAN SERVICES

## SERVICES AVAILABLE

Available services are based on which Medicaid Home and Community-Based Services (HCBS) Developmental Disabilities (DD) waiver you are on. **This Quick Guide focuses on the Family Support Waiver (FSW).**

This chart compares available FSW services to the other DD waivers:

- The Developmental Disabilities Adult Day Waiver (DDAD) is for people ages 21 and older. The focus is on employment.
- The Developmental Disabilities Comprehensive (CDD) Waiver is for people of all ages.

Services Available	FSW	DDAD Waiver	CDD Waiver
Adult Day	-	Yes	Yes
Assistive Technology	Yes	Yes	Yes
Behavioral In-Home Habilitation	-	-	Yes
Child Day Habilitation	Yes	-	Yes
Community Integration	Yes	Yes	Yes
Consultative Assessment	-	Yes	Yes
Day Supports	Yes	Yes	Yes
Environmental Modification Assessment	Yes	Yes	Yes
Family Caregiver Training	Yes	-	-
Family and Peer Mentoring	Yes	-	-
Home Modification	Yes	Yes	Yes
Homemaker	Yes	-	Yes
Independent Living	Yes	Yes	Yes
Medical In-Home Habilitation	-	-	Yes
Personal Emergency Response System (PERS)	Yes	Yes	Yes
Prevocational	-	Yes	Yes
Residential Habilitation - Continuous Home	-	-	Yes
Residential Habilitation - Host Home	-	-	Yes
Residential Habilitation - Shared Living	-	-	Yes
Respite	Yes	Yes	Yes
Small Group Vocational Support	-	Yes	Yes
Supported Employment - Follow-Along	-	Yes	Yes
Supported Employment - Individual	-	Yes	Yes
Supported Family Living	Yes	Yes	Yes
Therapeutic Residential Habilitation	-	-	Yes
Transitional	-	Yes	Yes
Transportation	Yes	Yes	Yes
Vehicle Modification	Yes	Yes	Yes

## **ASSISTIVE TECHNOLOGY**

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Assistive Technology includes devices, equipment, and appliances to help you do things on your own so you need less help from other people.

## **CHILD DAY HABILITATION**

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Child Day Habilitation takes place in a community setting. It provides teaching and staff support to meet the age-appropriate needs of your child, due to a disability or special health condition. The focus is teaching and providing support to promote independence and personal growth while encouraging community integration. This is a habilitative service.

## **COMMUNITY INTEGRATION**

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Community Integration teaches self-help, appropriate behaviors, socialization, and adaptive skills. This service mostly takes place in the community. You decide where and how often you want to go places. This service increases your independence and personal choice, and interactions with people in your community. Your provider helps you with activities of daily living, health maintenance, and supervision. This is a habilitative service.

## **DAY SUPPORTS**

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Day Supports provide activities in a provider-controlled day location. Your provider teaches self-help, appropriate behaviors, socialization, and adaptive skills. This service is available when you do not have an employment goal and are not looking for a job. Your provider helps you with activities of daily living, health maintenance, and supervision. This is a habilitative service.

## **ENVIRONMENTAL MODIFICATION ASSESSMENT**

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Environmental Modification Assessment is an evaluation to identify devices you need or changes to be made to your home or vehicle. It looks at your health and safety needs, how you access your community and your independence. This service may be required before using assistive technology, home modifications, or vehicle modifications.

## **FAMILY CAREGIVER TRAINING**

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Family Caregiver Training provides training and education to your unpaid family members or caregivers who provide informal support.

## **FAMILY AND PEER MENTORING**

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Family and Peer Mentoring provides mentors who have shared experiences with families or participants to provide support, education, and guidance by sharing strategies and experiences in navigating the system and resources.

## **HOME MODIFICATION**

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Home Modifications are changes to your home to make it easier and safer to get around and do things for yourself. Modifications should help you better access your home and need less help from other people.

## **HOMEMAKER**

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Homemaker helps with general household tasks, such as cooking, laundry, errands, and cleaning. This short-term service can be used when the person who usually does household tasks is not able to help. Homemaker does not include care or supervision. This service is available to people under the age of 18, living in their family home. Other DHHS services can meet this need for people ages 18 and older.

## **INDEPENDENT LIVING**

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Independent Living is provided in your own home. Your provider teaches skills for living independently and doing things in your community. Your provider helps you with activities of daily living, health maintenance, and social and leisure skills. This is a habilitative service.

## **PERSONAL EMERGENCY RESPONSE SYSTEM (PERS)**

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PERS is an electronic device to help you contact someone in an emergency. The system is connected to your telephone and notifies a designated person or call center when you push a button.

## **RESPIRE**

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Respite is a short-term service you can use when you cannot care for yourself. Respite is temporary relief to the usual caregiver who lives with you. Your provider helps with activities of daily living, health maintenance, and supervision.

## **SUPPORTED FAMILY LIVING**

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Supported Family Living is provided in your family home. Your provider teaches you skills for living independently and you do things in your community. Your provider helps you with activities of daily living, health maintenance, social and leisure skills, and community access. This is a habilitative service.

## **TRANSPORTATION**

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Transportation provides rides to and from waiver services, separate from transportation during services. Transportation should not replace other options available to you, such as rides from friends or family. Transportation cannot be used for rides to medical appointments because other DHHS services can meet this need.

## **VEHICLE MODIFICATION**

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Vehicle Modifications are changes to an automobile/van to accommodate your need to integrate more fully into the community. Modifications should help you better access your vehicle and need less help from other people.