

DD Chhoot (DD Waivers)

DD sevaayein Medicaid Grih aur Samudaay Aadharit Seva (HCBS) chhoot ke madhyam se pradaan ki jaati hain. Chhot ke zariye Medicaid aapke ilaake mein sevaon ka kharch utha sakta hai, taaki aapko kisi sansthaagat jagah mein na jaana pade. **DD chhoot sevaayein prapt karne ke liye aapko sabhi yogyata ke binduon ko poora karna hoga.**

Jab aapko DD chhoot ke liye yogyata mil jaati hai, to aapki umra aur zaroorat ke aadhar par aapko chhooton mein se ek pradan ki jayegi.

- Paarivaarik Sahayata Chhoot (Family Support Waiver)
(**FSW**, janm se 21 varsh tak)
- DD Vyask Din Chhoot (DD Adult Day Waiver)
(**DDAD**, 21 varsh aur uske upar ke liye)
- Vyaapak DD Chhoot (**CDD**, aakalan ki gayi zarurat ke aadhar par)

Hamara DD Yogyata Video dekhein



Aaj hi Aavedan Karein!

Yogyata nirdharit karne ke liye aapko aavedan karna zaroori hai. Jab aapka aavedan prapt hota hai, to hum yogyata ke sabhi binduon ki jaanch karte hain.

**iServe ke madhyam se
online aavedan karein**
Medicaid aur/ya Chhooton ke liye

<https://iserve.nebraska.gov/>



Kagaz par: Aapko aavedan patr bhejne ke liye (877) 667-6266 par call karein.

Poora karein, print karein, sign karein aur is pate par bhejin:

DDD Yogyata
PO Box 98947
Lincoln NE 68509-8947

Ya scan karke email karein:
dhhs.hcbswaiverapp@nebraska.gov

*Aap kisi bhi DHHS office mein jaa kar
madad ke liye pooch sakte hain.*

DHHS se sampark karein



(877) 667-6266



DD Aavedan aur Yogyata:
dhhs.hcbswaiverapp@nebraska.gov



Nebraska Rajya Karyalaya Bhavan
301 Centennial Mall South
PO Box 98947
Lincoln, NE 68509-8947

Vikasatmak viklangtaen (DD) chhoot

Yogyata

NEBRASKA
Good Life. Great Mission.
DEPT. OF HEALTH AND HUMAN SERVICES

*"Logon ki zindagi ko behtar banane mein
madad karna"*

2025 May

DD Chhoot Yogyata

DD chhoot prapt karne ke liye, aapko yogyata ke sabhi binduon ko poora karna hoga:

1. Nebraska Medicaid ke liye yogya hona, prapt karna, aur banaaye rakhna.

- United States ka nagrik hona ya federal Immigration and Nationality Act ke antargat ek yogyatmak pravasi hona aur US mein kanoon anusar upasthit hona.
- Nebraska rajya ka nivasi hona chahiye.
- **Yadi aapne abhi tak Medicaid ke liye aavedan nahi kiya hai, to aapko aisa karna parega.** *Jab aap iServe par aavedan karte hain, to aap Medicaid ke saath-saath chhoot ke liye bhi aavedan kar sakte hain.*
- **Medicaid ko Asamrthata Nirdharan (Disability Determination) ki avashyakta ho sakti hai.** *Asamrthata Nirdharan bhaag dekhein.*

2. Vikasatmak Asamrthata hona.

- Vibhag yeh tay karega jab aap chhoot ke liye aavedan karenge.
- *Vikasatmak Asamrthata ki Paribhasha bhaag dekhein.*

3. Baudhik Asamrthata se peedit vyaktiyon ke madhyamik dekhabhaal suvidha (ICF/IID) mein rehne ke liye star ki avashyakta hoti hai.

- Iska nirdharan karne ke liye DHHS ek moolyankan pura karega. Aapko moolyankan ke liye call kiya jayega.
- Sansthaगत स्थल में रहने की जगह चह्छूत सेवा प्राप्त करने का चुनाव करें.
- Jeevan bhar ke liye avashyak vishesh samarthan aur madad ki zaroorat hona.

Asamrthata Nirdharan

DD seva prapt karne wale vyaktiyon ko avashyak hai ki ve kisi bhi kendriya aur rajya labh ke liye aavedan karein aur unka adhikram upyog karein. Ismein Social Security Administration (SSA) ke labh bhi shamil hain. SSA ek vyakti ke paas asamrthata hone ka nirdharan karne ke baad masik bhugtan pradan kar sakta hai. Yahi asamrthata nirdharan Nebraska Medicaid द्वारा स्वीकृत है.

- Jab Social Security ne aapki asamrthata nirdharit ki hai, to DHHS us nirdharan ko स्वीकृत है.
- Jab Social Security ne aapki asamrthata nirdharit nahi ki hai, to DHHS के पास एक State Review Team (SRT) होती है जो SSA के नियमों का उपयुक्त करके जरूरत पड़ने पर asamrthata nirdharan करती है.

Vikasatmak Asamrthata (DD) ki Paribhasha

Vikasatmak asamrthata ko Nebraska Revised Statute 83-1205 में परिभाषित किया गया है, जिसमें इसका अर्थ है निदान *aur* महत्वपूर्ण सीमाएँ.

Nidan (Diagnosis)

Ek gambhir, dheerghakaalik asamrthata, jis mein baudhik asamrthata shamil hai, par mansik rog nahi, jo:

- Mansik ya sharirik asamrthata ka kaaran ho, jo keval gambhir bhavnaatmak ya sthayi mansik rog ki wajah se na ho;
- Vikas kaal mein shuru ho (22 varsh ki umra se pahle); aur
- Jeevanbhar chalne wali ho.

Janm se 9 varsh tak ke bachche ka nidan aur vikas sambandhi vilamb ke aadhar par moolyankan kiya jata hai. Seemaon के क्षेत्रों का मूल्यंकन नहीं किया जाता. 9 varsh के बाद, DD योग्यता निदान के कारण होने वाली महत्वपूर्ण सीमाओं को देखती है.

Seemayein

Nimnalikhit kshetron में सीमाएँ हों चहिye:

- **Saamajik kaushal (Conceptual skills):** bhaasha, padhne likhne ki kshamata, paise ka gyaan, samay, sankhya aadi ka gyan, aur swayam nirnay.
- **Samajik kaushal:** antaryakti kaushal, samajik jimmedari, atmasamman, asani se bharosa kar lena, saavdhaani, samajik samasya suljhane ki kshamata, kanoon aur niyam ka paalan, aur apraadho से बचव.
- **Vaastavik kaushal (Practical skills):** rozmarra के जeevan के कृया काल, व्यक्तगत देकहबहाल, rozgar के कौशल, swasthya सेवा, गति, aur svatantra jeevan jeene ki kshamata.