

## Mahattvapurn Jankari ke Liye Initials

### AD

Vridhdh aur Viklang

### DDD

Nebraska Swasthya aur  
Manav Seva Vibhag,  
Vikasatmak Viklangata  
Vibhaag

*Yeh DHHS ka Vibhag hai  
jo AD Waiver ka  
Prabandhan Karta hai.*

### HCBS

Ghar aur Samudaay  
Adharit Sevaayein

### NF-LOC

Nursing Suvridha Star ki  
Dekhbhaal

### SC

Seva Samanvay

## Yogyata aur Sevaon ke Liye Madadgar Sampark

DDD ko toll-free par call karein  
(877) 667-6266

### AD Waiver Aavedan aur Sevayein ke liye Yogyata

Aapke AD Waiver aavedan ya yogyata  
ke prashnon ke liye:

[DHHS.HCBSWaiverApp@Nebraska.gov](mailto:DHHS.HCBSWaiverApp@Nebraska.gov)

### Ghar ke liye Saamaanya Prashn aur Samudayik Aadharit Sevaon

ke liye, kisi bhi anya prashn ke liye:

[DHHS.DDDCommunityBasedServices  
@nebraska.gov](https://www.dhhs.nebraska.gov/CommunityBasedServices)

DDD Nursing Facility Level of  
Care nirnaya ke baad,  
participant ke chune gaye  
Service Coordination office ki  
sampark jaankari pradan karega.

### DDHS Vikasatmak Viklangata Vibhag

Nebraska Rajya Karyalaya  
Bhavan 301 Centennial Mall  
South  
PO Box 98947  
Lincoln, NE 68509-8947

वृद्ध और  
विकलांग (AD)  
छूट

Sevayein aur  
Yogyata

**NEBRASKA**  
Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES

"Logon ki zindagi ko behtar banane mein madad  
karna"

Juli 2024 mein Update Kiya Gaya

## Vridhd aur Viklang (AD) Waiver kya hai?

Medicaid HCBS waivers federal Medicaid aur rajya ke funds ko allow karte hain, jo anya tha institutional settings mein sevaon ko pradan karne ke liye istemal kiye jaate, unhe ghar aur samudayik aadharit sevaon ke liye istemal kiya jaata hai. Ek vyakti ko waiver sevaayein prapt karne ke liye Medicaid hona zaroori hai.

AD Waiver un vyaktiyon ke liye hai jo 65 saal aur usse zyada umra ke hai, aur un logon ke liye jo janm se lekar 64 saal tak ke hain aur unhe viklangata hai. Yeh sevaayein samudaay mein pradan ki jaati hain jo participant ki avashyaktaon se sambandhit hoti hain. Nimnlkhit sevaayein uplabdh ho sakti hain:

- Vyask Divas Swasthya Seva
- Sahayak Jeevan
- Sayayak Technology
- Kaam
- Saathi
- Viklang Bachon ke liye Extra Dekhbhaal
- Phir Se Ghar
- Ghar aur Vahan Mein Sudhaar
- Ghar Tak Pahuchaye Gaye Bhojan
- Swatantrata Kaushalon Ka Vikas
- Non-Medical Parivahan
- Vyaktigat Dekhbhal
- Vayaktigat Apaataakaaleen Partikriya System (PERS)
- Aram Ka Samay

Aapke Service Coordinator ke saath milkar kaam karein taaki aapko pata chale ki aap kin sevaon ke liye योग्यता rakhte hain.

## Anya Labh aur Sevaayein

AD Waiver ke liye योग्यता **prapt sabhi aavedak** ko unhe jo bhi federal Medicaid labh milne ke liye योग्यता hain, unke liye aavedan karna aur unhe sveekar karna zaroori hai **aur**

dhhs aur anya agencies ke antargat anya funding sources se labh prapt karna, jitna ho sake. Sevayein jo normally Medicaid, ya anya programs ke tahat covered hoti hain, unhe waiver sevaon ke pehle istemal kiya jayega.

## Kaun योग्यता Hai?

AD Waiver sevaon ke liye योग्यता prapt karne ke liye, ek vyakti ko:

- America ke nagrik hon ya Federal Immigration aur Nationality Act ke antargat ek qualified alien ho aur aap United States me kanooni taur par upasthit ho;
- Nebraska rajya ka nivasi hona chahiye;
- Nebraska Medicaid ke liye योग्यता prapt hona chahiye;
- Viklang hona chahiye ya 65 saal se zyada umra ka hona chahiye;
- Nursing Facility Level of Care (jaise ki 471 NAC 12 mein bataya gaya hai) ko pura karna chahiye; aur
- Waiver sevaayein ki avashyakta honi chahiye.

Ek vyakti ko sansthaagat sthalon mein rehne ke bajay Medicaid HCBS Waiver sevaayein prapt karne ka chayan karna hoga.

## Nursing Facility Level of Care kya hai?

Vridhd aur Viklang Level of Care (NF-LOC) nursing facility mein rehne ke liye zaroori care ke level par adharit hai. Level of Care mulyankan upkaran aavedak ki umra par adharit hota hai.

NF-LOC **vyaskon** (18 saal aur usse zyada umra ke) ke liye dincharya ke gatividhiyon, jokhim ke tatvon, chikitsa upchar, aur sochne ki kshamatata ke tatvon ki avashyaktaon ko shamil karta hai.

NF-LOC **bachon** ke liye chikitsiya sthitiyan aur upchaar, dincharya ke gatividhiyan, aur anya vichar-vimarshon ko shamil karta hai.

- NF-LOC bachon ke liye jo janm se lekar 47 mahine tak ke hain, unka mulyankan 471 NAC 43 mein diye gaye kam se kam ek paribhashit chikitsiya sthiti ya upchaar se sambandhit avashyaktaon ke adhar par kiya jata hai.
- Chaar se lekar 17 saal tak ke bachon ka mulyankan unke vishesh umra ke liye nursing facility level of care ke criteria ko nimayit karne ke liye upayukt standard mulyankan upkaran ke saath kiya jata hai.

## Kaise Aavedan Karein

योग्यता ka pata chalane ke liye DDD ko ek aavedan patra jama karein. Aavedan patra yahaan hai <http://public-dhhs.ne.gov/Forms/DisplayPDF.aspx?item=3443>.

Bas aavedan patra bhar kar HCBS waiver ke liye योग्यता ka pata chalayein.

Aap ise poora kar sakte hain, print kar sakte hain, sign kar sakte hain, aur bhej sakte hain:

DDD योग्यता  
PO Box 98947  
Lincoln, NE 68509-8947

Ya email karein:

[DHHS.HCBSWaiverApp@nebraska.gov](mailto:DHHS.HCBSWaiverApp@nebraska.gov).

Agar aapke koi prashn hain ya aap chahte hain ki aavedan patra aapko mail kiya jaye, to aap DDD ko toll-free par (877) 667-6266 par call kar sakte hain.

Aap kisi bhi DHHS office mein jaa kar madad ke liye pooch sakte hain.

## Seva Samanvay

Seva Samanvay AD Waiver ke sabhi participants ko pradan ki jati hai.

Aapka Service Coordinator (SC) aapki sevaon ko coordinate karne aur unka nigrani karne ka kaam karega.

Aapka Seva Samanvay pradataa aapki umra ke adhar par nirdharit hota hai:

- Janm se lekar teen saal tak: Prarambhik Vikas Network
- Teen saal se lekar 17 saal tak: DHHS Sthaniya Karyalay
- 18 saal aur usse zyada umra ke: Vriddhavastha Ke Liye Kshetriya Agencies ya Manav Gaurav Sangh