

NEBRASKA NIYAM AUR KANON

DME ki jankari Nebraska Prashasnik Code mein yahan milti hai:

- *Title 471 NAC Adhyay 7 — Durable Medical Equipment, Prosthetics, Orthotics, aur Medical Supplies (DMEPOS)*

Ye niyam Medical Assistance Act, Nebraska Revised Statute (Neb. Rev. Stat.) §§ 68 901 et seq ke tahat di jane wali sevaon ko niyantrit karte hain.

Adhik jankari ke liye dekhein:
<https://dhhs.ne.gov/>



Nebraska Swasthya aur
Manav Seva Vibhag
Baal aur Parivar Seva Vibhag

Tikau Chikitsak Upkaran



NEBRASKA
Good Life. Great Mission.
DEPT. OF HEALTH AND HUMAN SERVICES

Tikau Chikitsak Upkaran (Durable Medical Equipment - DME)

DME aise chikitsiya upkaran aur samagri hai jo vyaktiyon ke chikitsiya avastha, viklangta, ya chot ke liye banaye gaye hain. Ye item bar-bar istemal ke liye hoti hain aur gati-shakti, suraksha, aur samanya kalyan ko sudharne mein madad karti hain.

DME ke Prakar

- **Gati Sahayak Upkaran:** Chalne wali chhatri (walker), wheelchair, bagal ke lakdi (crutches), lathi (cane), aur scooter.
- **Aspatal ke Bistar aur Samagri:** Samayojan yogy bistar, bistar ke kinare (bed rails), aur dabav kam karne wale gaddhe (pressure mattresses).
- **Sans lene ke Upkaran:** Oxygen dene wale yantra (oxygen concentrators), CPAP machine, aur nebulizer.
- **Orthopedic Samarthan:** Brace, prosthetics, aur orthotic upkaran.
- **Bathroom Suraksha:** Nahane ki kursi, peshab ke liye kursi (commodes), aur pakadne wale rods (grab bars).
- **Nirikshan aur Upchar ke Yantra:** Raktchap mapak (blood pressure monitors), sugar mapak (glucose meters), aur infusion pump.



DME ke labh kaun le sakta hai

- **Vridhdh log** jo chalne-firne mein asamarth hain.
- **Ve log** jo surgery ya chot se ubar rahe hain.
- **Lambae avadhi ki bimari wale log** jaise arthritis, COPD, ya diabetes ke mareez.
- **Aise vyakti jinko** sahayak upkarano ki avashyakta ho.



DME kaise prapt karein

- Apne chikitsak se baat karein aur prescription ya sujhav lein.
- Apne Medicare beema pradata ke madhyam se ek manyata prapt DME pradata se sampark karein, taki achhi gunavatta ke upkaran mile.
- Suraksha ke liye sahi upyog aur rakh-rakhav ki training lena avashyak hai.

Medicare, Medicaid, aur Beema

- Medicare Part B doctor ke prescription ke sath avashyak DME ko cover karta hai.
- Medicaid aur private beema company kuch adhik labh de sakti hain.
- Kiraye ya kharid ke vikalp items aur beema yojana ke anusar upalabdh hain.

