

interRAI Moolyankan

July 2025 se, Nebraska DD chhooton ke liye do interRAI moolyankan ka upyog karega:

- **interRAI Boudhik Asamarthata (The interRAI Intellectual Disability)**
 - Jise interRAI ID kaha jaata hai.
 - 22 varsh evam usse adhik umra ke logo ke liye.
- **interRAI Baal evam Kishor Mansik Swasthya aur Vikasatmak Asamarthata**
 - Jise ChYMH-DD kaha jaata hai.
 - 4 se 21 varsh ki umra ke liye.
 - 12 se 21 varsh ke kishoron ke liye ek alag supplement bhi poora kiya jaata hai.

Aapki umra ke aadhar par har saal ek baar moolyankan kiya jayega. *Adhik Jankari ke liye, "Aayu ke anusaar moolyankan" wale bhaag ko dekhien.*

- Aapke Seva Samanvayak (Service Coordinator) aapko batayenge ki moolyankan kab hoga aur baad mein yojana banane mein sahayata karenge.

interRAI moolyankan manyata prapt aur manakikrit hote hain. Iska matlab hai ki data aur parinaam alag-alag jansankhyaon mein boudhik ya vikasatmak asamarthata wale vyaktiyon ke liye sahi hote hain.

Moolyankan teen uddeshyon ke liye hoga:

- ICF/IID star ki dekhbhaal (DD chhoot ki yogyata nirdharit karna)
- Nishpaksh Moolyankan Prakriya (jo arthik sahayata ka nirdharan karti hai)
- Seva Yojana banana (Service Planning)

Moolyankan Salah

Yadi aapse saakshaatkaar liya ja raha ho aur aap kisi prashn ko na samjhein, to moolyankan karne wale vyakti ko batayein. Aap prashn puchh sakte hain.

DD Chhoot (DD Waivers)

Yeh brochure un moolyankanon ke baare mein hai jo DD chhoot ke liye upyog mein laaye jaate hain.

Sevaayein Medicaid HCBS chhooton ke madhyam se pradaan ki jaati hain. Chhot ke zariye Medicaid aapke ilaake mein sevaon ka kharch utha sakta hai, taaki aapko kisi sansthaagat jagah mein na jaana pade. DD chhoot sevaayein prapt karne ke liye aapko sabhi yogyata ke binduon ko poora karna hoga.

Teen DD chhoot uplabdh hain:

- Paarivaarik Sahayata Chhoot (Family Support Waiver) (FSW, janm se 21 varsh tak ke liye)
- DD Vyask Din Chhoot (DD Adult Day Waiver) (DDAD, 21 varsh aur usse upar ke liye)
- Vyaapak DD Chhoot (CDD, aakalan ki gayi zaruraton ke aadhar par)

Aur Jaaniye

interRAI Sangathan ki website dekhein:
<https://interrai.org/>



DHHS se sampark karein



(877) 667-6266



DD Avedan aur Patrata:

dhhs.hcbswaiverapp@nebraska.gov



Nebraska State Office Building
301 Centennial Mall South PO
Box 98947
Lincoln, NE 68509-8947

Vikasatmak viklangtaen (DD) chhoot

Moolyankan: the interRAI



"Logon ki zindagi ko behtar banane mein madad karna"

2025 May

ICF/IID star ki dekhbhaal DD chhoot yogyata ka nirdharan

DD chhooton ke liye boudhik asmrthata se peedit vyaktiyon ke liye madhyamik dekhbhaal suvidha (ICF/IID) ka star avashyak hota hai.

Vibhag anya chhoot ki sharten poori hone ke baad aapke ICF/IID dekhbhaal star ka moolyankan karta hai. Dekhbhaal ke star ka har varsh aakalan kiya jaata hai.

Sevaon ke liye Vitta (Funding) Nishpaksh Moolyankan Prakriya

Vibhag nishpaksh moolyankan prakriya ka upyog karta hai taaki Medicaid Grih evam Samudaay Aadharit Sevaayein (HCBS) DD chhoot sevaon ke liye aapka vitt nirdharit kiya ja sake.

Yeh prakriya is roop mein banayi gayi hai ki milti-julti kshamata waale yogy vyaktiyon ke liye ek samaan rashi ka hisaab lagaya ja sake.

DDAD aur CDD chhoot ke liye, nishpaksh moolyankan ke parinaamon ko aapke vyaktigat budget rashi (IBA) mein badla jaata hai. IBA wahi rashi hoti hai jo aapko har chhoot varsh mein adhikam roop mein mil sakti hai.

- Jab aap sevaon mein naye hote hain, to IBA seva shuru hone se pehle tay hota hai.
- Jab aap seva prapt kar rahe hote hain, to IBA har saal tay hota hai.
- Jab aapki kshamata ya kaushalon mein koi sthayi badlaav hota hai, to aapki team ek naya moolyankan mang sakti hai.

Seva Yojana banana (Service Planning) Aakalan par aadharit Vyakti-Kendrit Yojana

interRAI moolyankan ke parinaamon se Sahyogi Karya Bindhu (CAPs) banaye jaate hain. Aapki team CAPs ka upyog seva yojana banane mein karegi.

interRAI moolyankan se yeh bhi tay hota hai ki aapko kaunsi DD chhoot ki avashyakta hai.

interRAI Poora Karna

interRAI moolyankan poora karne waala moolyankarta ek sahi, nishpaksh moolyankan poora karne ka lakshya rakhta hai. Iske liye, use sahi aur vartamaan jaankari ikattha karni hoti hai.

Moolyankarta is prakriya mein prashikshit hota hai jismein aapko moolyankan ka kendr banaya jaata hai. Yadi aapko sanchar mein kathinai ho, to aapko vikalpik sanchar ke madhyam aur paryapt samay milna chahiye.

Aapke saakshaatkaar ke atirikt, moolyankarta anek sooton se jaankari prapt karega.

- Jaankari mein aapka avlokan, dastavezon ka samikshan, aur aapki sahayak team ke sadasyon se saakshaatkaar shamil ho sakte hain.
- Dastavezon mein chikitsa sambandhi records, shikshan sambandhi dastavez, aur vyakti-kendrit yojanaayein shamil ho sakti hain.

Moolyankan un uttar, dastavezon aur avlokan par aadharit hota hai jo saakshaatkaar ke dauraan milte hain.

Aayu ke anusaar Moolyankan (Assessment by Age)

Moolyankan kis cheez ko dekhta hai yeh aapki aayu par nirbhar karta hai.

Janm se - 47 mahine tak

- Ek gambhir aur dheerghakaalik asmrthata ke nidan ko pusht karne wali dastavezon ki samiksha, jo kam se kam ek vikas sambandhi vilamb ka kaaran ban rahi ho aur jo anishchit samay tak jaari rehne ki sambhavana rakhti ho.

4 se 21 varsh tak ki aayu: interRAI ChYMH-DD (12–21 varsh ke liye kishor supplement bhi poora kiya jaata hai.)

- Mansik Swasthya Soochkan
- Vyavahaar
- Sochne ki kshamata aur kriyaatmak soch
- Rozmarra ki gatividhiyon mein svatantrata
- Sanchar
- Sunne, dekhne aur gati sambandhi kaushal
- Swasthya sthitiyan
- Parivaarik aur samajik sambandh
- Daawaayi
- Roktham, seva ka upyog, ilaaj
- Shiksha

22 varsh aur usse adhik: interRAI ID

- Samuday aur samajik bhaagidaari
- Takatein, Sambandh, aur Samarthan
- Jeevan shailee
- Sanchar aur drishti
- Sochne ki kshamata
- Swasthya sambandhi sthitiyan
- Rozmarra ki gatividhiyon mein svatantrata
- Manobhav aur vyavahaar
- Dawaaian
- Sahayataayein aur Sevaayein