

# Behavior Tracking in Therap

An ISP Program Template allows agencies to standardize data collection for goals and outcomes.

## ISP Program Template Description

ISP Program Template Description		Jump to	?
<b>Template Name</b>	Behavior Tracker Template		
<b>Program Creation Date</b>	08/01/2026		
<b>Location</b>	Residential or Vocational		
<b>Long Term Objective</b>	Include here information that pertains to the purpose of this Behavior Tracker. For example, this is not a program, but a means to track target behaviors and supports provided.		
<b>Goal/Service</b>	The goal of this tracker is to monitor the presence of target behaviors and provide staff guidance.		
<b>Reason for ISP Program</b>	This tracker exists to give staff guidance and to help inform and monitor behavior progress.		
<b>Criteria for Completion</b>			
<b>Materials Required</b>	Include any material that may be needed to implement behavior tracking. This could include clickers to track behaviors, etc. There may or may not be materials required for this section.		

- A. Template Name
  - 1. The name should be clear and concise, easily identifiable by others, indicating what information is contained.
- B. Program Creation Date
  - 1. This is the date the program was created.
- C. Location
  - 1. The location should be specified where the data is being collected.
    - a. For example, Residential or Vocational
- D. Long Term Objective
  - 1. Include here information that pertains to the purpose of the Behavior Tracker.

- a. For example, “This is not a program, but a means of tracking target behaviors and supports provided.”

E. Goal/Service

- 1. The goal of the behavior tracker is to monitor the presence of target behaviors, as well as provide staff guidance.

F. Reason for ISP Program

- 1. The tracker monitors behavior progress, as well as provides guidance to staff.

G. Criteria for Completion

- 1. Can be left blank

H. Materials Required

- 1. This section should include any material that may be needed to implement the behavior tracking.
  - a. This may include items such as clickers to track behaviors, etc.
- 2. If no materials are required, this can be noted in this section.

## Schedule and Frequency

Schedule and Frequency		Jump to	?
<b>Frequency</b>	1		
<b>Schedule</b>	Daily		
<b>Comment</b>	Include in this section how often the data is to be collected.  Frequency and Maximum number of times per day is dependent on the participant, provider, and/or programmatic needs.		
<b>Maximum Number of Times a Day</b>	1		
<b>Allow collection of multiple task scores for a single day</b>	Yes		

A. Frequency

- 1. Needs to align with tracking goal
- 2. Frequency is dependent on the participant, provider, and programmatic needs.

B. Schedule

- 1. Should always be noted as Daily.

C. Comment

- 1. This is where information can be included on how often the data is to be collected.

D. Maximum Number of Times a Day

- 1. The maximum number of times per day is dependent on the participant, provider, and programmatic needs.

- E. Allow collection of multiple task scores for a single day
  - 1. This needs to align with tracking, goal, and frequency.

## Scoring Details

Scoring Details		Jump to	?
Scoring Method	Count		
Default Score			
Task Scoring Comments	Optional		

- A. Scoring Method
  - 1. Always use the **Count** method as this is best for tracking the number of times a behavior or action occurs.
  - 2. Do not use Data Ranges.
- B. Default Score
  - 1. Leave blank
- C. Task Scoring Comments
  - 1. Task scoring comments are recommended as they should be used to identify the severity of the behavior and the context in which it occurred.

# Task(s)

Task(s) Jump to ?

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Task Name	Description
Target Behavior Name	<ul style="list-style-type: none"><li>• Use a question to prompt staff to document the frequency of the behavior. Such as: How many times did Person engage in Physical Aggression?</li><li>• Define the behavior. Be specific. This should match the behavioral definition in the FBA and BSP.</li><li>• Provide documentation parameters. This is to help ensure that all staff are documenting the same way, creating consistency and reliability. Examples:<ul style="list-style-type: none"><li>- Document each occurrence - this is to be used when every single hit, pinch, etc. is able to be tracked, generally used for low frequency behaviors. For example, Person hits a staff 5 times during a shift, this would be documented as 5.</li><li>- Document each episode - this is to be used when there are multiple occurrences of behaviors, generally used for high frequency behaviors. An episode would be considered from the start of a behavior (the first occurrence) to the end of a behavior (the last occurrence). These can include a cluster of behaviors; so, for physical aggression this may include a cluster or multiple occurrences of hits, kicks, biting, pushing, etc. For example, a Person may hit, pinch, and/or kick staff multiple times with little to no time in between each hit and then stop - this would be documented as 1 episode.</li></ul></li><li>*Include a separate task, task description, and documentation parameters for each target behavior.</li></ul>

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## A. Task Name

1. Target Behavior Name would go here
2. Include a separate task, task description, and documentation parameters for each target behavior.

## B. Description

1. Use a question to prompt staff to document the frequency of the behaviors, such as “How many times did the participant engage in Physical Aggression?”
2. Specifically define the behavior. The definition should match the behavioral definition in the FBA and BSP.
3. Provide documentation parameters, which will help ensure that all staff are documenting the same way, creating consistency and reliability.
  - a. Document each occurrence of the behavior. This is to be used when every hit, pinch, etc., can be tracked. This is typically used for low-frequency behaviors.
    - i. For example, a participant hits a staff member five times during a shift, this would be documented as 5.
  - b. Document each episode, which is to be used when there are multiple occurrences of behaviors, generally used for high-frequency behaviors.

- i. An episode would be considered from the start of a behavior (the first occurrence) to the end of a behavior (the last occurrence).
- ii. These can include a cluster of behaviors, such as in a situation of physical aggression, which may include a cluster of multiple occurrences of hits, kicks, biting, pushing, etc.
- iii. For example, a participant may hit, punch, and/or kick staff multiple times with little to no time in between each hit and then stop. This would be documented as one episode.

## Teaching Method(s)

**Teaching Method(s)**

**Description**
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HOW TO RESPOND TO TARGET BEHAVIORS - this section can be included in the BSP and/or the Behavior Tracker

List the same specific target behavior(s) listed in the behavioral assessment and the ISP, and describe how to respond to those target behaviors up to the interventions in the Safety Plan.

\*The BSP and Behavior Tracker cannot include any rights restrictions, such as Emergency Safety Interventions, etc.; these go in the Safety Plan.

Some response strategies may be appropriate for multiple behaviors.

When possible or appropriate, these responses should be individualized.

Behavioral responses should focus on the following components:

- maintaining safety,
- minimizing a continuation of the behavior,
- NOT reinforcing the behavior (i.e., not reacting directly to the behavior),
- be planned and not reactive, and
- avoid talking about and/or giving attention directly to the undesirable behavior.
- any additional individualized components
- likely will include specifics such as move away, create space, use blocking, body positioning, etc.

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### A. Description

1. How to respond to target behaviors.
  - a. This section can be included in the BSP and/or the Behavior Tracker.
2. List the same specific target behaviors listed in the behavioral assessment and the PCP.

- a. Describe how to respond to those target behaviors up to the interventions in the Safety Plan.
- b. The BSP and Behavior Tracker cannot include any rights restrictions, such as Emergency Safety Interventions.
  1. Rights restrictions are included in the Safety Plan.
- c. Behavioral Responses
  1. Some response strategies may be appropriate for multiple behaviors, but when possible, the responses should be individualized.
  2. Behavioral responses should focus on the following components:
    - i. Maintaining safety;
    - ii. Minimizing a continuation of the behavior;
    - iii. Not reinforcing the behavior;
    - iv. Be planned and not reactive;
    - v. Avoid talking about and/or giving attention to the undesirable behavior;
    - vi. Any additional individualized components; and
    - vii. Likely will include specifics such as move away, create space, use blocking, body positioning, etc.

## Files and Images

**Files & Images**
Jump to

**Attach File(s)**    Nothing Attached

**Attach Image(s)**

- A. Files and images can be attached in this section that may be of assistance to the staff.