

**Sahayak Takneek (Assistive Technology) sevaayein nimnalikhit Ghar aur Samuday adharit sevaayein Chhoot mein uplabdh hain:**

**Madhyavarti Dekhabhal Suvidha Dekhbhal ka Star**

- Parivar Samarthan Chhoot (FSW)
- Vikasatmak Viklangtaen Vyask Divas (DDAD) Chhoot
- Vyapak Vikasatmak Vikalangata Chhoot (CDD)

**Nursing Suvidha Star ki Dekhbhaal**

- Dimag par Gahri Chot Chhoot (TBI)
- Vriddh, Vyask, aur Viklang bachchon (AD) ke liye HCBS Chhoot



Sahayak Takneek ki jankari Nebraska Prashasnik Code mein yahan dekhi ja sakti hai:

- Title 403 NAC Adhyay 4, 5 aur 6
- Title 480 NAC Adhyay 5 aur 6

Adhik jankari ke liye dekhein:

<https://dhhs.ne.gov/>

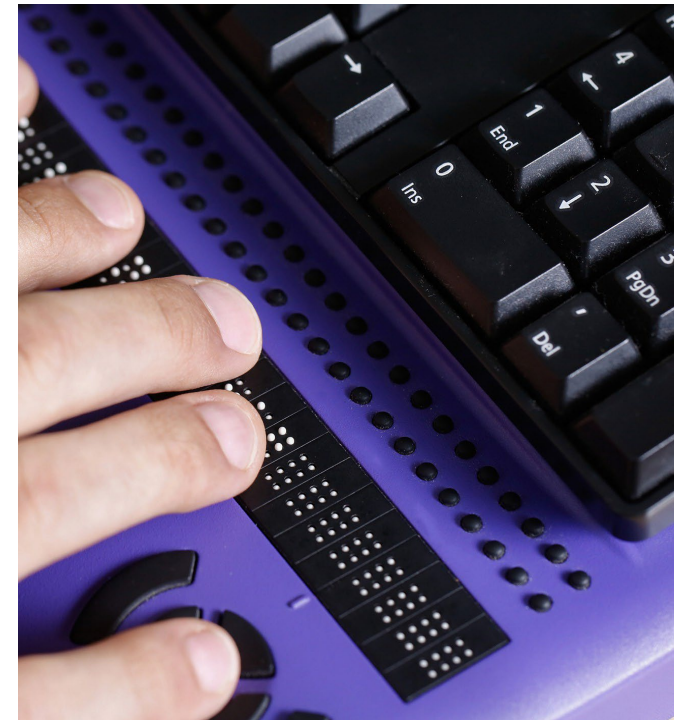


Nebraska Swasthya aur Manav Seva Vibhag

Vikasatmak Viklangata Vibhag (Division of Developmental Disabilities)

**NEBRASKA**  
Good Life. Great Mission.  
DEPT. OF HEALTH AND HUMAN SERVICES

# Sahayak Takneek (AT)



# Sahayak Takneek (AT) kya hai?

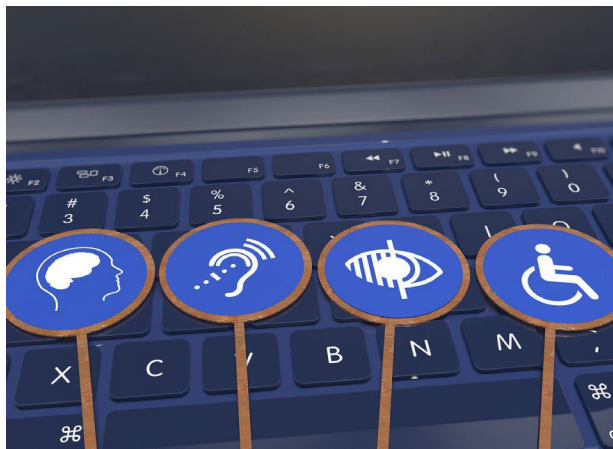
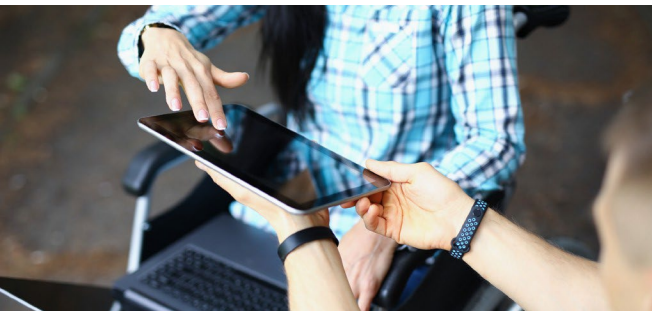
Sahayak Takneek (AT) vishesh upkaran aur samagriyan hain jo bhagidar ke swasthya, kalyan, aur suraksha ki avashyaktaon ko poora karti hain aur bhagidar ko unki karyavaitmak kshamataon ko badhane, banaye rakhne, ya sudharne mein saksham banati hain.

Sahayak Takneek (Assistive Technology)



## Sahayak Takneek ke Labh

- Swatantrata aur atmnirbharta badhata hai.
- Sanchar aur seekhne ke avsaron mein sudhar karta hai.
- Karyasthal, school, aur gharon mein mobility ke liye pahunch badhata hai.
- Atmavishwas aur jeevan ki gunvatta mein vriddhi karta hai.



## Kaun labh utha sakta hai?

- **Sharirik, sanvedanatmak ya sangyanatmak viklangataon wale vyakti.**
- **Vriddh vyakti jo chalne ya swasthya samasyaon se joojha rahe hain**
- **Chhatra jinhe seekhane me madad ki zarurat hai**

## Sahayak Takneek tak pahunch aur vittiya sahayata

Ek moolyankan kiya jata hai jisme viklangta sthitiyon, karyavaitmak kaushalon, aur seemaon ka samiksha hoti hai.

- **Swasthya aur Punarvas Kendra:** Occupational, Physical, ya Speech therapists se salah-mashwara lein.
- **School:** Vishesh shiksha karyakram 0-21 varsh ke vyaktiyon ke liye sahayata pradan karte hain.

# Sahayak Takneek ke Prakar

## 1. Mobility Sahayak

- Wheelchair (Manual aur Powered)
- Walkers aur Canes
- Stairlifts

## 2. Sanchar sahayak upkaran (Communication Aids)

- Speech banane wale upkaran (SGDs)
- Augmentative aur Vaikalpik Sanchar (AAC) upkaran
- Text-to-speech aur Awaz pahchane wale(voice recognition) software

## 3. Sunai aur Drishti Sahayak

- Screen readers aur magnification software
- Braille displays aur note-takers

## 4. Adhigam aur Gyan Sahayak

- Text-to-speech software
- Adaptive keyboards aur awaz se niyantrit hone wale upkaran

## 5. Rozmarra ke Jeevan Sahayak

- Smart home automation (voice-activated lights, thermostats)
- Anukooli Rasoi Upkaran aur Bartan
- Dawa yad Dilana (Medication reminders)