

Adult Day

The service definition and limits outlined below do not include all details and requirements. For the service standards, limitations, provider types and qualifications, and reimbursement information, refer to the appropriate Medicaid HCBS DD Waiver.

Waiver Availability

Comprehensive Developmental Disabilities (CDD) Waiver
Developmental Disabilities Adult Day (DDAD) Waiver

NFOCUS Service Codes

Adult Day – Agency 6221

Service Definition

Adult Day is a service providing day activities that are meaningful to a participant in a safe, supervised non-residential setting. Adult Day offers fewer opportunities for community involvement and cannot include employment or volunteer activities due to compromised health issues and significant limitations of a participant.

Conditions of Provision

- A. A participant chooses each service based on their needs.
 - 1. Services should increase independence and community integration; and
 - 2. The chosen waiver services and who provides them are documented in the participant's Individual Support Plan (ISP).
- B. Adult Day includes:
 - 1. Social and recreational activities that are meaningful to a participant;
 - 2. Staff are with participants to meet their needs and keep them engaged in the activities provided;
 - 3. Community involvement to the greatest extent possible based on the participant's limitations and preferences; and
 - 4. Assistance with activities of daily living, health maintenance, and supervision.
- C. Adult Day is not a habilitative service.
- D. Examples of Adult Day activities include but are not limited to:
 - 1. Group exercise, book club, or group discussions; or
 - 2. Going out to eat, shopping, or other community activities.
- E. Adult Day has the following limitations:
 - 1. Adult Day is only available to a participant aged 21 years or older.
 - 2. Adult Day cannot be provided in a residential setting.

3. Adult Day cannot be provided in the same room where other waiver services are provided, such as at a day site where participants receive a variety of waiver services.
 4. Adult Day cannot be provided by an employee who is providing a different waiver service at the same time.
 5. A participant may not engage in work or volunteer type of activities.
 6. A participant may receive Adult Day in combination with other day services, but the total combined hours cannot exceed 35 hours per week. A week is defined as 12:00 am Monday through 11:59 pm Sunday. Other day services are:
 - a. Behavioral In-Home Habilitation;
 - b. Community Integration;
 - c. Day Supports;
 - d. Medical In-Home Habilitation;
 - e. Prevocational;
 - f. Small Group Vocational Support;
 - g. Supported Employment – Individual;
 - h. Supported Employment – Follow-Along; and
 - i. Vocational Rehabilitation job seeking and job coaching.
 8. Adult Day cannot overlap with, replace, or duplicate other similar services provided through Medicaid.
- F. Adult Day can be provided in the hospital setting when a participant is admitted for critical care.
1. Supports are designed to meet the needs of the participant while in a hospital setting and to assist for a smooth transition back to their home.
 2. Supports include teaching skills that will help the participant to maintain their current level of independence, providing behavioral support as needed and assistance with daily living activities that assist the participant with their treatment and recovery while in the hospital.
 3. Supports do not include any health maintenance activities, treatments, procedures, medication administration, or practices, which must be done by hospital staff.
 4. The person-centered service plan will be updated when this service is provided in a hospital setting and when the participant leaves the hospital.

Provider Requirements

The information outlined below does not include all provider requirements. It is intended to be general information about providers of this specific DD service.

- A. All providers of waiver services must:
 1. Be a Medicaid provider;
 2. Comply with all applicable Titles of the Nebraska Administrative Code and Nebraska State Statutes;
 3. Adhere to standards as described in the Division of Medicaid and Long-Term Care Service Provider Agreement;
 4. Complete DHHS trainings upon request; and
 5. Use universal precautions.
- B. Adult Day can be offered by a DD agency provider.

1. A DD agency provider is a company enrolled as a Medicaid provider and certified by DHHS to provide DD services and is responsible for:
 - a. Hiring and supervising employees who work with the participant;
 - b. Employing staff based on their qualifications, experience, and demonstrated abilities;
 - c. Providing training to ensure staff are qualified to provide the necessary level of care;
 - d. Agreeing to make training plans available to DHHS;
 - e. Ensure adequate availability and quality of service; and
 - f. Other administrative functions.
- C. Adult Day cannot be self-directed.
- D. A relative of the participant, but not a guardian or other legally responsible person of the participant may provide Adult Day when they meet other requirements. Since this service is only available from agency providers, the relative would need to be an employee of an agency provider.

Rates

- A. Adult Day must be purchased within a participant's annual individual budget amount.
- B. Adult Day is reimbursed at an hourly rate.
- C. The cost of transportation is:
 1. Included in the rate during Adult Day;
 2. Not included in the rate to the site where Adult Day begins; and
 3. Not included in the rate from the site where Adult Day ends.
- D. DD Rates are listed on the [DD Provider webpage](#).
 1. Only one fee schedule is effective at a time.
 2. The start date is on each schedule; once a fee schedule is no longer valid an end date is added.