

Swatantrata Kaushalon Ka Vikas

NFOCUS Seva Code

Swatantrata Kaushalon Ka Prashikshan 8382

Ghar Par Swatantrata Kaushalon Ka Prashikshan 9233

Seva Ki Paribhasha

Swatantrata Kaushal Vikas ek sewa hai jo HCBS Waiver ke vriddh, vayasakon aur viklangta se grasit bachchon (AD) ke bhagidaron ke liye uplabdh hai. Yah vayasakon aur bachchon ko pratyahik jeevan ki gatividhiyon (ADLs), pratyahik jeevan ki sadhan gatividhiyon (IADLs), aur ghar ke prabandhan me prashikshan pradaan karta hai, taaki sharirik viklangta ke prabhavon ko door karne ya unka samadhan karne me madad mile. Prashikshan bhagidaar ke ghar par ya samuday mein kiya ja sakta hai. Yah vyaktigat roop se ya samooch ke roop mein pradaan kiya ja sakta ha.

Pradan Karne Ki Shartein

- A. Swatantrata Kaushal Vikas ki aavashyakta bhagidaar ke mulyankan ke dauraan pehchani jati hai aur ise vyakti-kendrit yojana (PCP) mein shaamil kiya jata hai.
- B. Ek alag Swatantrata Kaushal Vikas Prashikshan Yojana (ISBTP) bhagidaar aur seva sanyojak ke saath milkar taiyar ki jayegi, jo mulyankan mein pehchani gayi aavashyaktaon ko sambodhit karegi.
- C. ISBTP mein nimnikhit ko shaamil karna anivarya hai:
 1. Swatantrata Kaushal Vikas sewa ke liye bhagidaar ki kshamataen, zaruratein aur chahte hue parinaam;
 2. Aavashyaktaon aur ichhit parinaamon ko poora karne ki rananiyaan; aur
 3. Pradan ki jaane wali vishesh prashikshan.
- D. Seva pradan karta yah sunishchit karega ki Seva Sanyojak ke paas likhit yojana aur maasik pragati reports tak pahunch ho.
- E. Yeh seva bhagidaar ko akela di ja sakti hai ya dekhbhal karne wala (jo Medicaid ke antargat bhugtan nahi karte) ko bhi is prashikshan mein shaamil kiya ja sakta hai, taaki bhagidaar ki swatantrata ko badhava diya ja sake.
- F. Mumkin prashikshan ke ghatak nimnikhit ho sakte hain:
 1. Svayam dekhbhal aur pratyahik jeevan ki gatividhiyan, jinmein pratyahik jeevan ki gatividhiyon ko swatantra roop se karne mein madad karne ke liye prashikshan shaamil hai, jaise ki kapde pehna, safai, vyaktigat swachchhta, khana khane, chalna phirna, aur shauch.
 2. Pratyahik jeevan ki sadhan gatividhiyan (IADLs):
 - a. Telefon ka upyog, jisme doosron ko jawab dena aur unhe call karna shaamil hai;
 - b. Kirana saman khud se kharidna;
 - c. Khaana banane, garam karne aur parosne ki yojna;
 - d. Kapdon aur chadron ki dhulai;
 - e. Dawaiyon ka prabandhan, jisme zarurat par bharna, sahi tareeke se lena aur sambhavit prabhavon ki jaankari shaamil hai;
 - f. Ghar ya flat ki safai;
 - g. Ghar ki saral dekhbhal;
 - h. Gadi, taxi, uber, ya sarvajanik parivahan ke madhyam se yatra karna; aur
 - i. Paise ka prabandhan aur billon ka bhugtan.
 3. Sahayak karmiyon ko niyukt karna aur unka nigrani karna.

4. Swasthya ka prabandhan.
 5. Samajik kaushal, jisme viklangta se sambandhit samasyaon ka samadhan karna aur unke vyaktigat sahayata pranali ki jaankari shaamil hai.
 6. Durghatna se bachav.
 7. Sanchar, jisme vyakti ko naye ya sudhare hue sanchar takneekon ko prapt karne mein madad karne ke liye sevaayein shaamil hain.
 8. Pahuch, jisme behtar pahuch ke liye vatavaran ko vyavasthit karne ke tareeqe, ghar mein samasyaon ka samadhan karna, ya basav ke liye madad shaamil hai.
 9. Anya prashikshan, jo bhagidaar ke PCP mein pehchana gaya ho, pratyek ghatak mein shaamil kiya ja sakta hai.
- G. Prashikshan sabse upyukt sthiti mein pradaan kiya jaana chahiye, taaki bhagidaar ki zaruratein पूरी हो सकें और यह उनके वर्तमान निवास के अनुकूल हो.
- H. Jo vyakti bhagidaar ke saath rehte hain, unhe pradan karta ke roop mein anumati nahi di jayegi.
- I. Yeh seva vyaktigat dekbhal, ghar ke kaam aur saathi ki sevaon se is tarah alag hai ki isme bhagidaar ya dekbhal karne wale ko prashikshan diya jata hai, na ki gatividhiyon ko poora karne ka kaam kiya jata hai.
- J. Yeh seva ek anumodit prapt sanstha ya vyakti dwara pradaan ki ja sakti hai.
- K. Swatantrata Kaushal Vikas seva Vyask Din sevaon ke saath ek hi samay par nahi di ja sakti.
- L. Swatantrata Kaushal Vikas ki anumati tab nahi di ja sakti jab:
1. Prashikshan bhagidaar ko samanya shaikshani prashthabhoomi prapt karne ke liye ho.
 2. Swatantra jeevan ke liye prashikshan dene ki zimmedari sarvajani vidyalaya pranali ya punarvas seva ki ho.
 3. Prashikshan nimnlkhit kisi bhi shreni mein aayega:
 - a. Kaam ke liye anukoolan prashikshan, jisme kaam ke aadat, kaam ki sahasheelta, ya rojgar ke liye avashyak kaam ke vyavhaar ko prapt karna shaamil ho.
 - b. Vyavsayik prashikshan, jisme kisi peshe se sambandhit kaam ko anjaam dene ke liye avashyak gyaan aur kaushalon ko prapt karna shaamil ho.
 - c. Woh prashikshan jo kewal license prapt audiologists, hearing aid vikretaon, peshawar chikitsak, aankh ke doctor, sharirik chikitsak, baal-visheshagya, aur anya sambandhit swasthya seva pradan karne wale karmchhari dwara kiya ja sakta hai.
- M. Swatantrata Kaushal Vikas ki anumati tab tak di ja sakti hai:
1. Woh parinaam jo bhagidaar ke ISBTP mein pehchane gaye hain, prapt kiye ja chuke hain; ya
 2. Koi maapne योग्य प्रगति दिखायी नहीं गयी है.

Pradata Ki Avashyaktaayein

- A. Waiver ka Sabhi seva pradaataon ko yah karana hoga:
1. Medicaid pradata hona chahiye;
 2. Nebraska Prashasanik Code ke sabhi lagu Titles aur Nebraska Rajya Vidhi ki paalan karni chahiye;
 3. Medicaid aur lambe samay Dekhbhaal Seva Pradata Samjhauta mein varnit maapdandhon ka paalan karna;
 4. DHHS ki training puri karna;
 5. Vaishvik savdhaniyon ka upyog karein; aur
 6. Aise karmchhari rakhein jinke paas wo yogita, anubhav, aur kaushal ho jo ki un sevaon ko dene ke liye zaroori ho, jo manzoor ki jayengi.
- B. Swatantrata Kaushal Vikas ke pradan karta ko:
1. Bhagidaar ke file mein dastavez ki gayi kisi bhi bhagidaar-vishesh prakriya ka gyaan hona chahiye.
 2. Bhagidaar ki chikitsa aur vyaktigat zaruraton par paryapt jaankari prapt karni chahiye.
 3. Parivaar, doctor, aur Seva Samanvayak ko badlavon ki nigrani karni aur report deni chahiye.

4. Vidyatmak shikshan paddhatiyon ka anubhav hona chahiye, jo ki prathmikta ke roop mein ho.
- C. Swatantrata Kaushal Vikas ke pradan ke sambandh mein istemal ki gayi koi bhi suvidha kam se kam nimnlkhit vatavaran aur aag aur suraksha manak ko pura karni chahiye:
1. Bhagidaaron ki zaruraton ko dhyan mein rakhte hue vastukala ke roop mein design ki gayi ho;
 2. Bhagidaar ke upyog ke liye paryapt upkaran aur furniture uplabdh ho;
 3. Shauchalay achhi sthiti mein aur kaam karne योग्या ho;
 4. Bhagidaaron ke upyog ke liye telephone uplabdh ho;
 5. Kam se kam do achhe se pehchaan kiye gaye nikasi dwar hone chahiye;
 6. Seedhiyon, dhalon aur andar ke farsh par phisalne se suraksha dene wale farsh ya kaarpet lage ho;
 7. Kisi bhi khatre se mukt ho, jaise khuli hui bijli ke taar ya jalne योग्या samagri ka galat tarike se rakha jana; aur
 8. Sabhi seedhiyon, dhalon aur baadha-mukt shauchalayon mein upyogi hathrail lage hon.
- D. Aavashyak pradan karta record rakhna: Pradan karta ko pratyek bhagidaar ki file mein kam se kam nimnlkhit rakhna hoga:
1. ISBTP aur koi bhi sujhaaye gaye parivartan;
 2. Mahine ke pragati report;
 3. Bhagidaar ke chikitsak ka naam; aur
 4. Prasangik chikitsa jaankari jaise ki gatividhi bandhan, davai, prabandhan ka samay, allergy, ya vishesh aahar.

Mullya

- A. Darakhton ko ek vyakti pradan karta ke adhar par, pradan karta aur Sansadhan Vikasak (RD) ke beech ek samjhota prakriya ke madhyam se sthapit kiya jata hai.
- B. Darakhton ko pratyek varsh, pradan karta ke varshik samjhote ke samapan ke samay par punaravalokan kiya jata hai.
- C. Pradan karta tab punah samjhota karne ki maang kar sakte hain jab kisi bhagidaar ki dekhbhaal ki avashyaktaen badh jati hain.
- D. Darakht ke samjhote mein bhagidaar ki seva ki avashyaktaon ka star, pradan karta ki kushalta ka star, aur bhaugolik sthal ko dhyan mein rakha jata hai.
- E. Mullya ka nirdharan samanya aur prachalit mullya ke aadhar par kiya jata hai, jo pradan karta dwara ek niji bhugtaan karne wale vyakti se liye jane wale dar se zyada nahi hote.
- F. Seva ki avritti ghante ke hisaab se ya ghatna ke adhar par ho sakti hai.