

## Mahattvapurn Jankari ke liye Initials

### AD Waiver

Vridhd aur Viklang Wriver

### DDD

Nebraska Swasthya aur  
Manav Seva Vibhag,  
Vikasatmak  
Viklangata Vibhag

*Woh DHHS vibhag jo  
AD Waiver ka nigran karta hai.*

### interRAI

Moolyaankan upkaran jo  
Nursing Facility Level of Care  
ka nirnay karne ke liye  
istemal kiya jata hai.

Jankari ke liya: [https://  
interrai.org](https://interrai.org)

## Mulyankan ke Liye Salah

Jab aapka interview ho, to dhyan dein  
ki interRAI ek vyakti ke Nursing Facility  
Level of Care ka mulyankan karne ke  
liye banaya gaya hai.

Jab aapka mulyankan ho raha ho, to  
apni vartaman swasthya ki sthiti aur  
puchhe ja rahe kaam ko puraa karne ki  
kshamata par vichar karein.

Agar aap kisi question ko samajh nahi  
pa rahe hain, to mulyankan karne wale  
vyakti ko bataiye. Ap puch sakte hai  
sawal.

InterRAI pura karne wala vyakti sahi  
aur vartaman jankari ikattha karne ke  
liye wahan hota hai. Ismein aapse  
kuch vishesh kaamon ko pradarshit  
karne ko kaha ja sakta hai.

Moolyaankan aapke uttar aur kisi bhi  
pradarshan ke aadhaar par poora kiya  
jata hai.

### DDHS Vikasatmak Viklangata Vibhag

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## वृद्ध और विकलांग (AD) छूट

## Moolyaankan aur Vittiya Sahayata

**NEBRASKA**  
Good Life. Great Mission.

**DEPT. OF HEALTH AND HUMAN SERVICES**

"Logon ki zindagi ko behtar banane mein madad  
karna"  
Updated 2024

## Nursing Suvridha Star ki Dekhbhaal

Nursing Facility Level of Care (NF LOC) us dekhbhaal ke star ko darshata hai jo ek vyakti ko nursing facility mein rehne par chahiye. Sochiye un dekhbhaal ke baare mein jo ek vyakti ko nursing facility mein rehne par milti hai.

Nursing Facility **Level of Care for Adults** (18 saal aur usse zyada umra ke logon ke liye) nimn tareekon se tay kiya jaata hai:

- Rozana jeevan ki kriyaayein;
- Jokhim ke karak;
- Chikitsa ilaj; aur
- Gyaan sambandhi karak (Cognition factors).

Nursing Facility **Level of Care 18 saal se kam umra** ke logon ke liye vishesh niyमित criteria hote hain jo bachche ki umra ke aadhar par alag hote hain:

- Bachche janm se lekar 47 mahine tak: Nebraska ke niyमित ke anusar, ek paribhashit chikitsik sthiti ya upchaar se sambandhit kam se kam ek avashyakta.
- Bachche jo 48 mahine se lekar 17 saal tak ke hain: Yeh teen tareekon me se kisi ek tareeke se पूरी ki ja sakti hai:
  - Kam se kam ek chikitsik sthiti ya upchaar ki avashyakta;
  - Kam se kam chhh dincharya ke kaaryon mein se chhati gatividhiyon mein seemaayein; ya
  - Kam se kam chaar dincharya ke kaaryon mein seemaayein aur kam se kam do anya vichaaron ka hona.

## InterRAI Moolyaankan

Nebraska interRAI ka upyog karta hai taaki ye tay kiya ja sake

### AD Waiver ke liye Care ka Star.

InterRAI ek mulyankan hai jo samudaayik vatavaran mein rehne wale vyaktiyon ki avashyaktaon, takat aur pasand ko mulyankan karne ke liye istemal hota hai.

InterRAI ek manak (standardized) aur maanita prapt (validated) mulyankan hai jo duniya bhar mein maana gaya hai.

### InterRAI nimn cheezon par dhyan deta hai:

- Gyaan (Cognition);
- Sanchar aur drishti;
- Moods aur vyavhaar;
- Manasik aur samajik sukh-kshem;
- Karyatmak sthiti;
- Swasthya niyantran (Continence);
- Rog ke diagnosis;
- Swasthya ki sthitiyan;
- Mukhik aur poshan ki sthiti;
- Tvacha ki sthiti;
- Dawaaiyan;
- Ilaj aur prakriyaayein;
- Jimmedari;
- Samajik samarthan; aur
- Vatavaran.

## Sevaon ke liye Vitta (Funding)

Medicaid HCBS waivers kendriya Medicaid fund aur rajya ke fund ko ijaazat dete hain, jo anya roop se sansthaagat sthal par sevaayein dene ke liye istemal kiye jaate, unhe ghar aur samudaay aadharit sevaon ke liye istemal kiya ja sake.

NF LOC ki requirements ko pura karne ke alawa, aapke paas sakriya Medicaid hona chahiye aur aapko AD Waiver ke liye sabhi waiver eligibility points ko pura karna hoga taaki aapko funding mil sake aur AD Waiver sevaon ka access mil sake.

Jab aap NF LOC ko pura kar lete hain aur apni seva samanvay agency ka chayan kar lete hain, to aapki Seva Coordinator aap se milkar aapki eligibility determination पूरी karega aur aapka vyakti- kendrit yojna tayar karega.

- Aapki funding aapke vyakti- kendrit yojna par adharit hogi, isliye aapko apne Service Coordinator ke saath ek yojna banani hogi.
- Aapki yojna ko antim roop se tayar kiya jana chahiye aur sevaayein shuru hone se pehle sabhi avashyak kagazat par sign kiye jaana chahiye.
- Aapke Seva Samordhankarta aapki yojna ke aadhaar par aapki waiver sevaayein manzoor karenge.
- InterRAI Assessment ko pratyek varsh पूरा kiya jaana chahiye taaki NF LOC ki requirements ko पूरा kiya ja sake.
- Waiver eligibility ke sabhi points ko pratyek varsh पूरा kiya jaana chahiye.

Nursing Facility Level of Care ki jaankari Nebraska ke niyमित mein hai:

**Adult LOC** [471 NAC 44](#) par aur **Children's LOC** [471 NAC 43](#) par.