

CHARTING the LifeCourse



Mapping Reciprocal Roles:

This tool is meant to help individuals and families think through the reciprocal roles that family members play for each other and to help them plan for who could help them fulfill those roles in the future.

Reciprocal Roles		Who serves in this role in the person's life?	In whose life does the person serve in this role?	Who else could do it now or in the future?
Caring ABOUT	Affection and Self-Esteem			
	Repository of Knowledge			
	Lifetime Commitment			
	Provider of day-to-day care			
Caring FOR	Material and Financial Needs			
	Facilitator of Inclusion and Membership			
	Advocate for Support			



Mapping Family Roles

This tool is to help families think through the roles they play in their loved one's life, and to help them plan for who else could help fulfill those roles now and in the future.

Reciprocal Roles	People's Roles in 's life		Looking Ahead	What's important to know, make sure continues, or make happen?
Caring ABOUT	Affection and Self-Esteem	Who loves and cares about him/her?	Who else makes him/her feel loved?	
	Repository of Knowledge	Who else knows things that others don't know well? (celebrations, traditions, habits, history)	With whom does he/she have special memories or experiences?	
	Lifetime Commitment	Who has a lifetime bond with him/her?	Who else would step up when/if needed?	
	Provider of day-to-day care	Who makes sure activities of daily living and healthcare needs are met?	Who else could provide oversight for these needs?	
Caring FOR	Material and Financial Needs	Who makes sure his/her day-to-day basic and quality of life needs are met?	Who else could help make sure this happens?	
	Facilitator of Inclusion and Membership	Who helps connect him/her to inclusive opportunities and maintain relationships?	Who would be good at helping him/her connect with and maintain inclusive activities?	
	Advocate for Support	Who helps him/her advocate in planning meetings?	Who else could help advocate for/with him/her?	