

UNPPC Substance Use Social Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Profile: Carter O. <i>Image: UNPPC Social_ProfileCarterPost.png</i>	Tips: How to stay substance free in relationships <i>Video: Choose You Animated Social 7.mp4</i>				
		Sustance Use & Mental Health <i>Image: UNPPC Social_Choose 1.png</i>	Why Are More Nebraskans <i>Video: Choose You Animated Social 1.mp4</i>			
	Profile: Janice M. <i>Image: UNPPC Social_ProfileJanicePost.png</i>	Tips: How to stay substance free in school/social groups (Jowe) <i>Video: Choose You Animated Social 11.mp4</i>				
		Sustance Use & Physical Health <i>Image: UNPPC Social_Choose 2.png</i>	Why Are More Nebraskans <i>Video: Choose You Animated Social 2.mp4</i>			
	Profile: Jowe T. <i>Image: UNPPC Social_ProfileJowePost.png</i>	Tips: How to stay substance free when stressed or triggered <i>Video: Choose You Animated Social 6.mp4</i>				
		Sustance Use & Memory <i>Image: UNPPC Social_Choose 4.png</i>	Why Are More Nebraskans <i>Video: Choose You Animated Social 10.mp4</i>			
	Profile: Anne S. <i>Image: UNPPC Social_ProfileAnnePost.png</i>	Tips: How to stay substance free with excercise <i>Choose You Animated Social 5.mp4</i>				
	Profile: Arleth R. <i>Image: UNPPC Social_ProfileArlethPost.png</i>	Substance Use & Career <i>Image: UNPPC Social_Choose 3.png</i>	Why Are More Nebraskans <i>Video: Choose You Animated Social 3.mp4</i>			

LEGEND	
Profiles	Your Story/Tips
Substance Use Subjects	Statistics