

Therap Introduction - Nebraska CFS

April 13, 2026



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Welcome



Agenda

Introduction - Welcome to Therap!

Why are we here?

What will providers document in Therap?

What is the timeline?

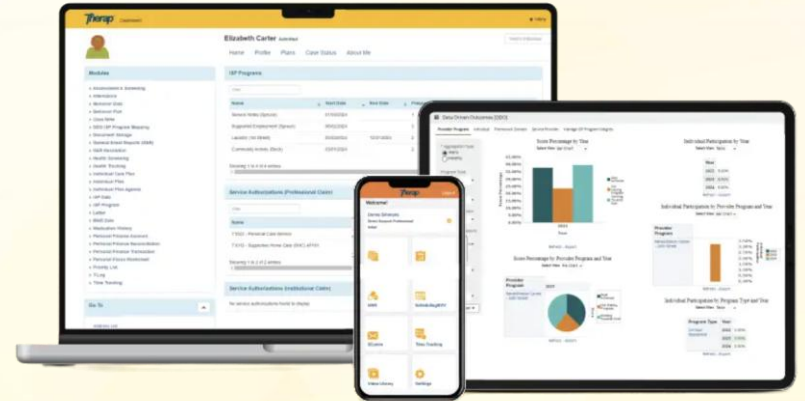
What are my next steps?

Who we are - About Therap

Therap's HIPAA-Compliant web-based, SaaS, COTs documentation system has been helping providers since 2003.

Our users include Human Service Providers, States, Counties, MCOs and other organizations / entities.

Therap is built by and for human service providers with a data driven approach to person-centeredness and overall quality assurance



Therap in Nebraska

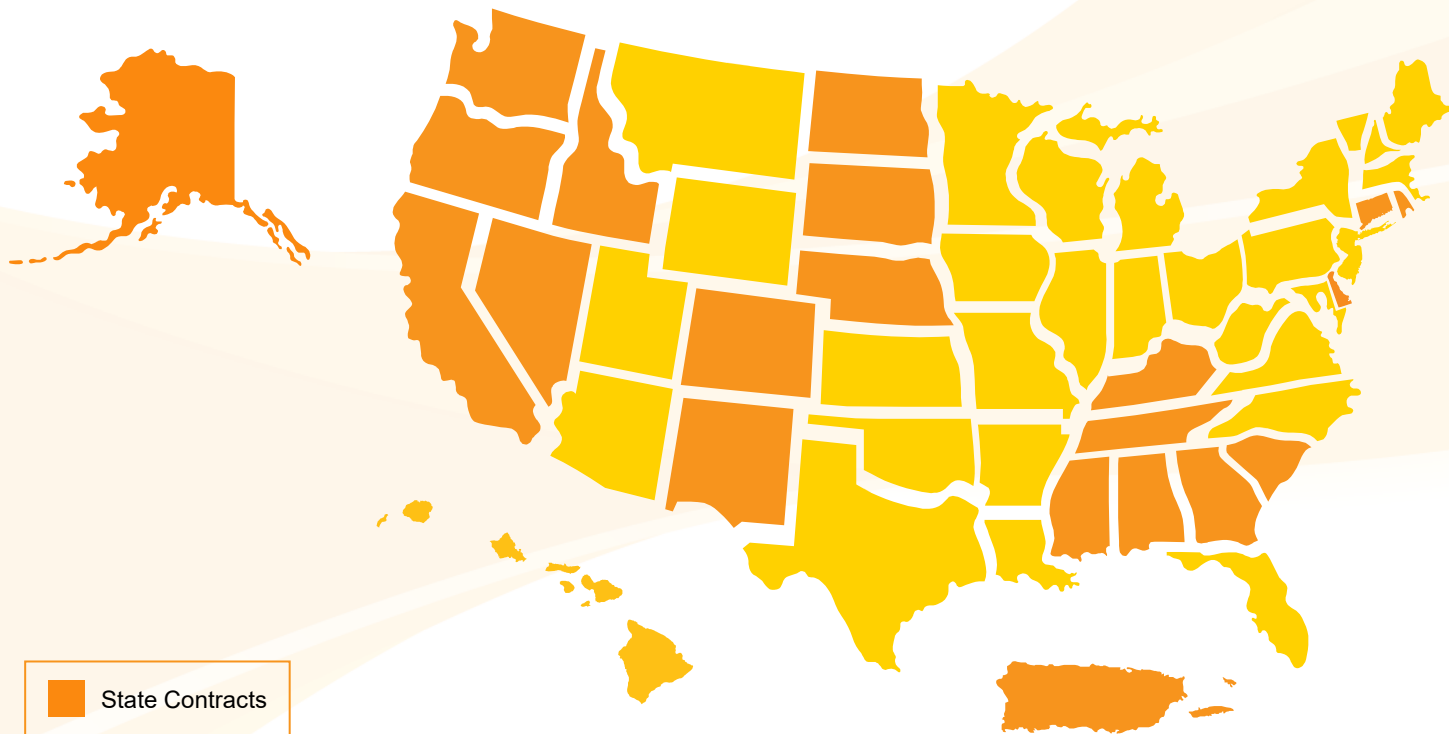


Therap tools are used across the spectrum of Nebraska providers; from independent providers, to large providers delivering services across waiver programs and regions, Service Coordination, and Division staff - all utilizing Therap's unified documentation system.

Therap has been partnering with the State of Nebraska since 2010 implementing state-wide solutions for improved and efficient services for individuals receiving Developmental Disabilities Services.

Recent projects include work with the Medicaid and Long-Term Care, Behavioral Health, and Children and Family Services divisions.

We have users in all 50 states and 20+ state contracts



Therap Functionality



What is NE CFS's goal through this partnership?

- Shared CFS/Provider platform for data sharing and transparency
- Improve reporting on key indicators
- Use of a platform that has shown to be successful for high needs youth and familiar to many providers.



What modules will be included?

Required

- ISP Data
- Case Notes

Optional

- T-Logs
- GERs
- S-Comms

ISP Data - Adaptive/Maladaptive Behavior Tracking

<p>Direction/Rule Violation: expelled/suspended from school or community program, failure to comply with rules, possession of stolen property/unapproved object, refuses directives, substance possession or use</p>	<p>Select Score <input type="button" value="v"/></p> <p>Text area</p> <p>About 3000 characters left</p>
<p>Conflict with Others: arguing, blames others, difficulty with social cues/norms, exclusion, externalizes responsibility, persistent or repeated disruption, teasing, ridiculing, use of profanity or slurs</p>	<p>Select Score <input type="button" value="v"/></p> <ul style="list-style-type: none">Select ScoreNeverRarelySometimesOftenAlways <p>Text area</p> <p>About 3000 characters left</p>
<p>Elopement: leaves or attempts to leave area of supervision or residence without permission</p>	<p>Select Score <input type="button" value="v"/></p> <p>Text area</p>

ISP Data - Adaptive/Maladaptive Behavior Tracking

Maintains Daily Schedule Expectations: adheres to medication management, balanced food intake, therapy appointments or support groups, engaged in chores, homework, or tasks, maintenance of hygiene routine, school attendance	<p>Select Score <input type="button" value="v"/></p> <p>Text area for notes</p> <p>About 3000 characters left</p>
Prosocial Communication: cooperative or positive interactions with peers/caregivers, intentional relationship building, sharing or helping behaviors, successful outing/event, trustworthy action	<p>Select Score <input type="button" value="v"/></p> <p>Select Score</p> <p>Never</p> <p>Rarely</p> <p>Sometimes</p> <p>Often</p> <p>Always</p> <p>Text area for notes</p> <p>About 3000 characters left</p>
Request of Support: reports symptoms, urges or intrusive thoughts to caregivers, seeks emotional or physical support or guidance	<p>Select Score <input type="button" value="v"/></p> <p>Text area for notes</p>

ISP Data - Adaptive/Maladaptive Behavior Tracking

Clinician Report

Report Description *

Individual Name Brittany Adams,
Date Range 08/01/2025 - 03/12/2026

CFS Maladaptive Behavior Tracking

Form ID ISP-LKBH1NE-PD74SJZZWLHK
Status Approved (Dynamic)
Time Zone US/Central
ISP Program CFS Maladaptive Behavior Tracking
Scoring Method Frequency 5 Point Scale
Frequency 1
Schedule Monthly

Schedule and Frequency
Comment

Goal/Service

Criteria for Completion

Date:	09/30/2025	Begin Time:		End Time:		Duration (hh:mm):	00:00
Location:		Service Provider:	Sarah Christiansen, Administrator				
Task	Score	Scoring Comments					
Boundary Violation	S	A few times a week Brittany needs to be redirected after excessive greeting and handshakes towards new people					
Direction Violation	S	Brittany often refuses directives and doesn't comply until about 5-10 minutes after directive is given					
Conflict With Others	S	Brittany regularly has conflicts with classmates					
Elopement	N	NA					
Emotional Disreg	O	Brittany engages in compulsive skin picking					
Inconsistent Routine	N	NA					
Phys Agg Others	R	Brittany had a major episode 9/15 where she kicked the foster parent. This was the only instance this month					
Phys Agg Objects	R	Brittany had a major episode 9/15 where she was throwing foster parent's belongings but didn't otherwise engage in property destruction. GER was completed since this was out of the norm					
Self Harm or SI	N	N/A					
Verbal Agg	R	A few times Brittany cursed at the foster parent					
Comment:							

Case Notes - Additional Behavior Reporting

<p>Pre-Event & Event Detail</p>	<h2>De-Escalation & Post-Event Detail</h2>
<p>De-Escalation & Post-Event Detail ></p>	<p>What was the intensity of the event?</p> <ul style="list-style-type: none"><input type="radio"/> Minimal<input type="radio"/> Mild<input type="radio"/> Moderate<input type="radio"/> Severe<input type="radio"/> Other - Detail in Case Note <p>Was this the first time the behavior / event occurred?</p> <p><i>Hints: Consider only the period while the youth has been placed with thi ⓘ</i></p> <ul style="list-style-type: none"><input type="radio"/> Yes<input type="radio"/> No<input type="radio"/> Other - Detail in Case Note <p>What interventions were used to de-escalate and/or after the event?</p> <p><i>Hints: Select all de-escalation and/or post-event support measures that ⓘ</i></p> <ul style="list-style-type: none"><input type="checkbox"/> Appointment Scheduling - Mental Health / Psychiatry<input type="checkbox"/> Change of Location<input type="checkbox"/> Coaching<input type="checkbox"/> Connect Action to Impact<input type="checkbox"/> Expectation / Boundary Reminder<input type="checkbox"/> Highlight Positive Action / Effort / Skill<input type="checkbox"/> Identification of Change in Mood / Action<input type="checkbox"/> Incentive Opportunity<input type="checkbox"/> Object Removal<input type="checkbox"/> Offer Choices<input type="checkbox"/> N/A<input type="checkbox"/> N/A - Youth Still Missing<input type="checkbox"/> Plan for New Approach if Event Occurs Again<input type="checkbox"/> Problem-Solving Collaboration

Case Notes - Additional Behavior Reporting

3 Case Note Templates

- TFC Crisis Provider Report
 - Provide details when crisis team is utilized
- Maladaptive Behavior Report
 - Details of behavioral incidents
- Adaptive Behavior Report
 - Details of positive behaviors such as using coping skills

Optional - SComms - Communication

The screenshot displays an email composition window. On the left is a sidebar with navigation options: Compose, Inbox (6), Sent Items, Drafts, Trash, My Folder(s), and Settings. The main area contains the following fields:

- * Recipient(s)**: A search bar with the text "Henderson, Karen / Registered Nurse (Therap Demonstration Provider)" and a close button.
- * H/M/L**: A dropdown menu currently set to "Medium", highlighted with an orange box and an orange arrow pointing to it.
- * Subject**: A text field containing "Medical Schedules".

Below the fields is a rich text editor toolbar with icons for Bold (B), Italic (I), Underline (U), bulleted list, numbered list, indent, and font size (12pt). The email body text reads:

Hi,
Please find the medications and their schedules attached.
John

Optional - T-Logs

T-Log New

Individual: Brittany Adams Program: 11th Street

Entered By: Stephanie Graham, Program Manager

* Type: Health Notes Follow-up Behavior Contacts General

Notification Level:

* Summary:

Description:

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Reporter: Reported On:

Attachment(s)

Document Attachment:

Photo:

Video Attachment(s)

Modules		High	Medium	Low
+ T-Log - New Search				
View ←	3	10	5	

Optional - General Event Reports

1 2 3 4 5
Basic Information **Event Information** State Specific Information Actions Taken Preview

NOTE: This GER might contain unsaved changes. To ensure no information is lost, please save the GER from Preview page.

Event Other ?

* Event Type: Fall Without Injury

* Event Time: 09:00 am

Unknown

This event was: Observed Discovered

Discovered Date/Time: 05/31/2020 10:00 am

Specific Location: Hallway

* Summary: Isabella fell while running down the hallway.

About 3955 characters left

Witness(es): Allen, Charles / Direct Care Staff
Allen, Charles / Direct Care Staff

Cancel Previous Next

Event Injury ?

* Time of injury: 07:00 am

Unknown

* This event was: Observed Discovered

Discovered Date/Time: MM/DD/YYYY hh:mm a

Specific Location: Hallway

* Type: Bleeding

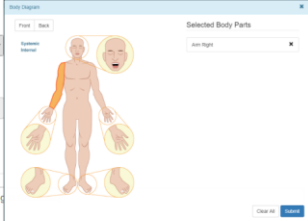
* Cause: Fall

* Severity: Minor (First aid)

Color: - Please Select -

Size: Length (cm) Width (cm) Depth (mm)

* Body Part(s): Arm Right - Please Select - - Please Select -

Body Diagram 

* Treatment by: Staff/PLN

Time of Treatment: 08:00 am

Treatment date, if different than event date: MM/DD/YYYY

Injury Photo: Add Image

* Summary: Isabella fell down while running

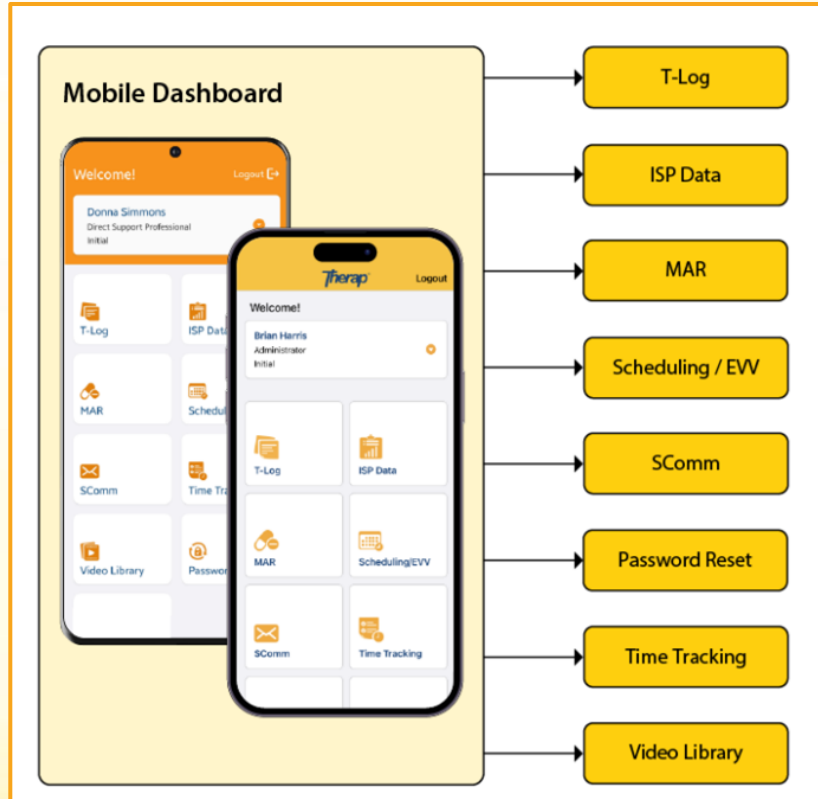
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Witness(es): Allen, Charles / Direct Care Staff
Allen, Charles / Direct Care Staff

Cancel Previous Next

Mobile Application

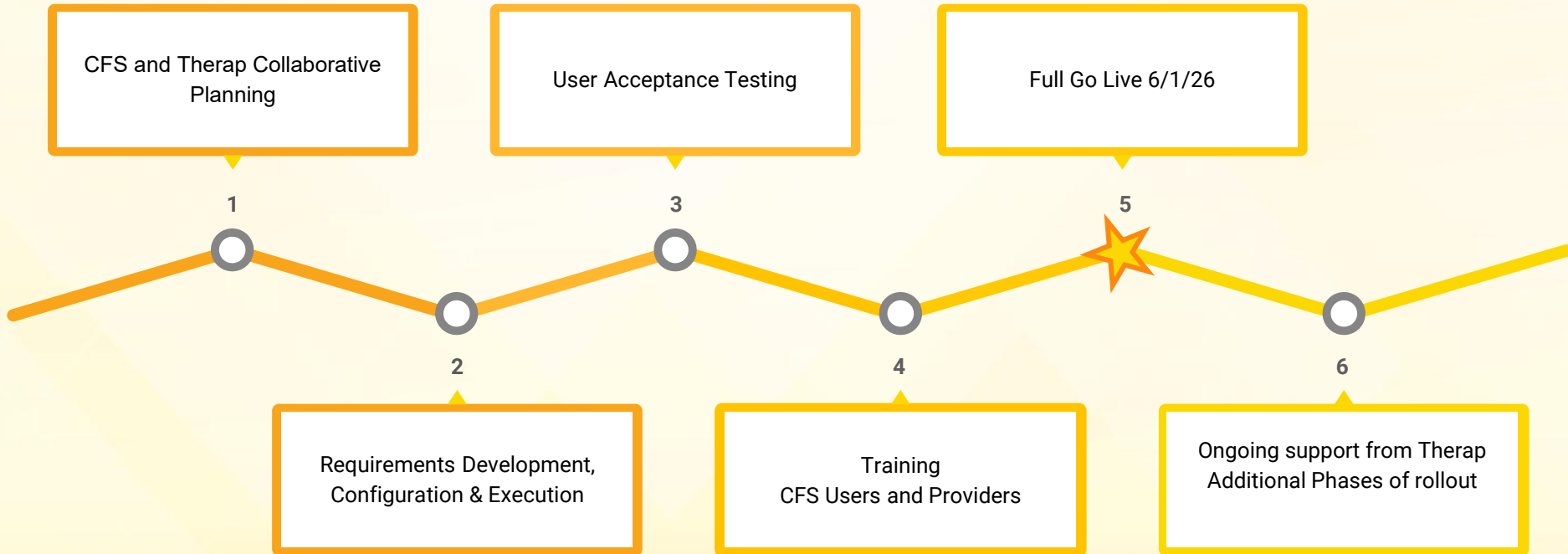
Therap's mobile app is included. Document ISP Data and T-logs and send S-Comms through the mobile app.



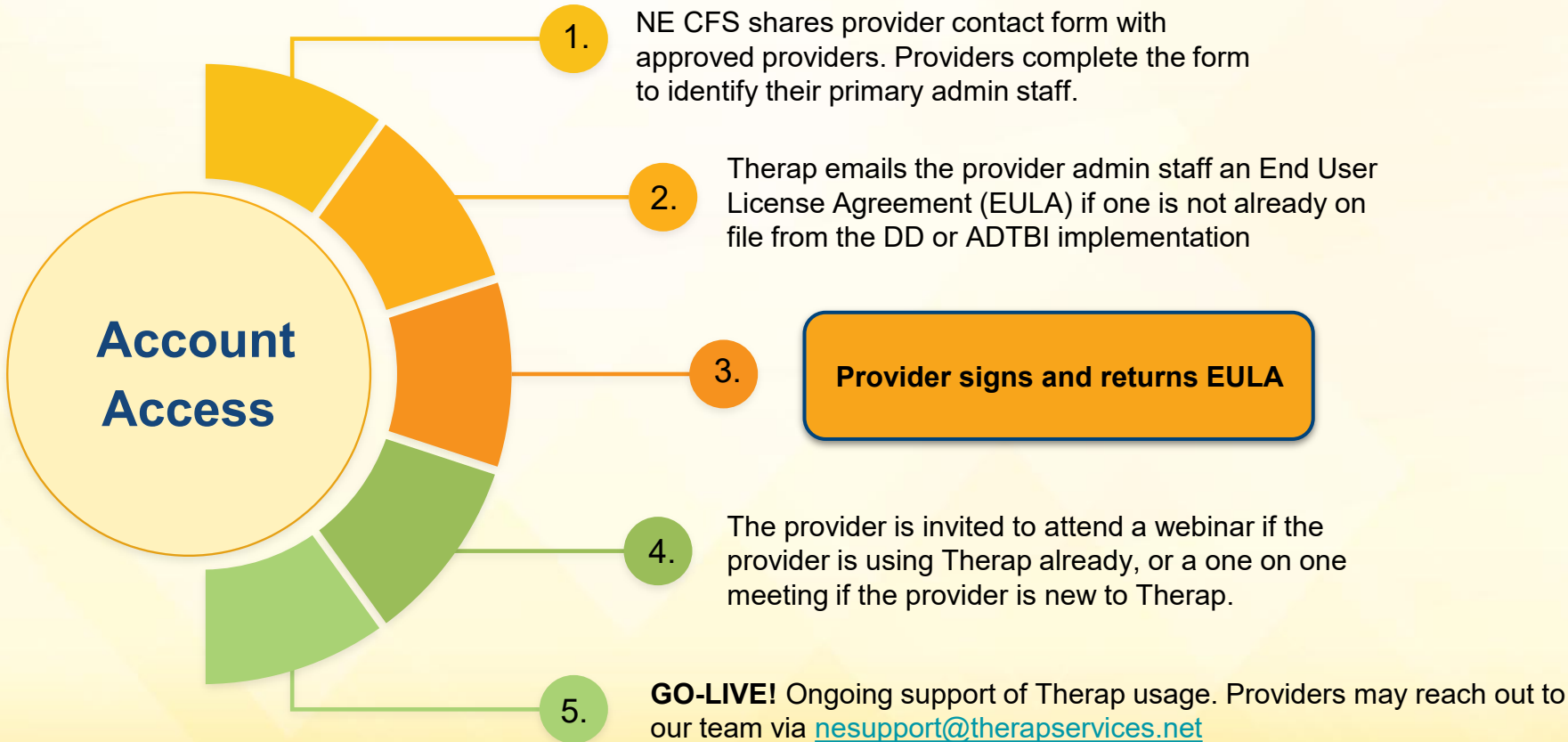
Timeline and Next Steps



Project overview: Timeline



Next Steps



Training Webinars and 1:1 Sessions

Leading up to go-live:

- Regular group webinars covering account setup process for providers currently using Therap within a DD or ADTBI account
 - Attend one time, or repeatedly if needed
- 1:1 sessions available for providers new to Therap or those requesting further support
- Communicate with the Therap team through nesupport@therapservices.net



Training Webinars

- Wednesday, May 6th : 10:00am - 11:00am
- Thursday, May 14th : 10:00am - 11:00am
- Wednesday, May 20th : 10:00am - 11:00am
- Thursday, May 28th : 10:00am - 11:00am



FAQ's

When can I start using my CFS Therap account?

You can start in May 2026, as soon as youth are loaded into your account. Official go-live is June 1st, but earlier use is possible once youth are in the account.

Can I use my CFS provider code for all CFS youth?

Use the CFS provider code only for youth receiving CFS services that require Therap documentation for this initiative. Agencies can continue using their internal Therap account for other youth or broader agency needs. This process does not change existing practices where providers use Therap for multiple populations; the CFS provider code is specifically for tracking CFS-identified services.

FAQ's

How will it work when youth move from tiers 6-8 to a lower tier?

- Not all CFS youth require Therap documentation.
- When a youth needs Therap tracking for CFS services, the provider uses the CFS provider code. If Therap tracking is no longer required (e.g., lower tier), the provider can revert to their agency's existing documentation system.
- Documentation entered in Therap for CFS remains available for reference. Therap is intended for enhanced documentation and CFS oversight only, allowing providers to maintain existing systems for general agency documentation.

**Thank
You**

Therap[®]
Person-Centered. Data-Driven.[®]