

Service Name	Adult Substance Use Disorder Short Term Residential Treatment (Co-Occurring Capable) ASAM Level 3.5
Setting	<p>Short Term Residential Substance Use Disorder (Co-Occurring Diagnosis) for Adults ASAM Level 3.5 can be provided in:</p> <ul style="list-style-type: none"> • Facility setting
Licensure, Certification, or Accreditation	<p>The agency providing this service must be licensed by the DHHS Division of Public Health and accredited by CARF, TJC, or COA, and accredited to provide the level of care applicable to this service as required by DHHS Division of Medicaid and Long-Term Care (MLTC)</p> <p>Individual providers must be licensed by the DHHS Division of Public Health as required by DHHS Division of Medicaid and Long-Term Care (MLTC)</p>
Basic Definition	<p>Short Term Residential Treatment delivers a safe and stable intensive treatment environment to treat complex biopsychosocial issues, facilitate the recovery process and the development of a supportive recovery network, promote successful involvement in regular productive activity, and prevent the use of substances. This service is highly structured and provides primary, comprehensive substance use disorder treatment. Services align with current edition ASAM level 3.5 guidance</p>
Service Expectations	<ul style="list-style-type: none"> • Substance use disorder (SUD) assessment: by a licensed clinician, operating within their scope of practice, must be completed within 24 hours of the beginning of treatment and meet the requirements as noted in the SUD Assessment Medicaid Service Definition <ul style="list-style-type: none"> ○ If a substance use disorder assessment was conducted within the previous 12 months prior to admission to the service, and is determined to be clinically relevant, it can serve as the service admission assessment. If there is new information available, an update to the SUD assessment must be documented in the form of an SUD addendum. The SUD addendum must reflect the individual’s current status ○ If a substance use disorder assessment was not conducted within the previous 12 months prior to admission to the service, or the prior SUD assessment is not relevant and does not contain the necessary information, then a substance use disorder assessment must be performed • A nursing assessment by an RN, or LPN under RN supervision, must be completed within 24 hours of admission with recommendations for further in-depth physical examination as indicated • An initial treatment, recovery, and rehabilitation plan must be developed within 24 hours to guide the first seven days of treatment • Under clinical supervision, develop an Individualized Treatment, Rehabilitation, and Recovery Plan, including discharge plan and relapse

	<p>prevention, with the individual (consider community, family and other supports) within seven days of admission</p> <ul style="list-style-type: none"> • Review and update the Individualized Treatment, Rehabilitation, and Recovery Plan every seven days or more often as clinically indicated. Review must be completed under a licensed clinician with the individual and must include family, guardians, other supports as authorized by the individual • Provide access to Medication Assisted Treatment (MAT) as medically appropriate • Interventions to include individual, family, and group psychotherapy, psychoeducational groups, motivational enhancement and engagement strategies, sober leisure skill building activities, medication management, and daily clinical services are to be provided at a minimum of 42 hours per week • Drug screenings as clinically indicated • Medication management and education including monitoring of medication adherence as needed • Consultation, referral, or both for medical, psychological, and psychopharmacology needs • Other services should include family education, self-help group and support group orientation, all of which are included in the minimum of 42 hours per week • Individual psychiatric services as clinically indicated are provided consistent with co-occurring diagnosis enhanced treatment, including treatment of co-occurring mental health conditions • Discharge planning is an ongoing process that occurs through the duration of service. A Discharge summary must be completed prior to discharge • Initial and full Individualized Treatment, Rehabilitation, and Recovery Plans, Nursing Assessments, Discharge Planning and Discharge Summaries must be completed in accordance with the requirements outlined in the document titled <i>Medicaid Requirements for Behavioral Health Services</i> • All services must be provided with cultural competence • Crisis assistance must be available 24 hours a day, 7 days a week
Length of Service	Length of service is individualized and based on clinical criteria for admission and continuing stay. The anticipated duration of the service must be documented in the treatment, recovery, and rehabilitation plan
Staffing (Detailed training and licensure requirements are referenced in the document titled	<p>Clinical Director: May be a:</p> <ul style="list-style-type: none"> • Physician: psychiatrist is preferable • Psychologist • Advanced Practice Registered Nurse (APRN) • Registered Nurse (RN) • Licensed Independent Mental Health Practitioner (LIMHP)

<p><i>Medicaid Requirements for Behavioral Health Services)</i></p>	<ul style="list-style-type: none"> • Licensed Mental Health Practitioner (LMHP) • Licensed Alcohol and Drug Counselor (LADC) <p>A consulting psychiatrist or APRN must be available, if not in the Clinical Director position</p> <p>Licensed Clinicians May include:</p> <ul style="list-style-type: none"> • Psychiatrist • Physician • Psychologist • Provisionally licensed psychologist • Advanced practice registered nurse (APRN) • Physician Assistant (PA) • Licensed Independent Mental Health Practitioner (LIMHP) • Licensed mental health practitioner (LMHP) • Provisionally licensed mental health practitioner (PLMHP) • Licensed alcohol and drug counselor (LADC) • Provisionally licensed alcohol and drug counselor (PLADC) <p>Licensed Nursing Staff May include:</p> <ul style="list-style-type: none"> • Registered Nurse (RN) • Licensed Practical Nurse (LPN) <p>Direct Care staff</p> <p>Other optional staff may include:</p> <ul style="list-style-type: none"> • Recreational Therapist • Community Support Worker • Peer Support Worker <p>All staff must meet the qualifications and supervision requirements as defined by Medicaid in the document titled <i>Medicaid Requirements for Behavioral Health Providers</i></p> <p>All staff are required to work within their scope of practice to provide mental health, substance use disorder, or co-occurring mental health and substance use disorder treatment</p>
<p>Staffing Ratio</p>	<p>Clinical director to direct care staff ratio as needed to meet all responsibilities 1:8 Therapist to individuals served 1:8 direct care staff to individual served during waking hours 1:10 awake staff to individuals served during sleep hours</p> <p>Licensed medical providers, licensed clinicians and direct care staff must be available on-call 24 hours a day</p>

Hours of Operation	24 hours per day, 7 days a week
Desired Individual Outcome	<ul style="list-style-type: none"> • The individual has substantially met the treatment, recovery, and rehabilitation plan goals and objectives • The precipitating condition and relapse potential is stabilized such that there is sustained improvement in health and psychosocial functioning • Individual’s condition can be managed without the professional external supports and intervention at this level of care • Individual has alternative support systems secured to help maintain active recovery and stability in the community • The individual is connected to the next appropriate level of care necessary to treat the condition
Admission Guidelines	<ul style="list-style-type: none"> • The individual meets the diagnostic criteria for a Substance Use Disorder as defined in the Diagnostic and Statistical Manual (DSM), current edition, as well as American Society of Addiction Medicine (ASAM), current edition, dimensional criteria for admission to this service • Individuals in an ASAM Level 3.5 Dual Diagnosis Capable programs may have co-occurring mental disorders that meet the stability criteria for placement in a Dual Diagnosis Capable program; or difficulties with mood, behavior or cognition related to a substance use or mental disorder; or emotional, behavioral or cognitive symptoms that are troublesome but do not meet current edition DSM criteria for a severe and persistent mental disorder • The individual meets specifications in each of the six ASAM dimensions. • It is expected that the individual will be able to benefit from this treatment • This level of care is the least restrictive setting that will produce the desired results in accordance with the needs of the individual
Continued Stay Guidelines	<p>It is appropriate to retain the individual at the present level of care if:</p> <ul style="list-style-type: none"> • The individual is making progress but has not yet achieved the goals articulated in the individualized treatment, recovery, and rehabilitation plan. Continued treatment at this level of care is assessed as necessary to permit the individual to continue to work toward their treatment goals, or • The individual is not yet making progress, but has the capacity to resolve their problems. The individual is actively working toward the goals in the individualized treatment, recovery, and rehabilitation plan. Continued treatment at this level of care is assessed as necessary to permit the individual to continue to work toward their treatment goals, or • New problems have been identified that are appropriately treated at this level of care. This level of care is the least intensive level of care at which the individual’s new problems can be addressed effectively • To document and communicate the individual’s readiness for discharge or need for transfer to another level of care, each of the six dimensions of the ASAM criteria must be reviewed. If the criteria apply to the

	individual's existing or new problem(s), they should continue in treatment at the present level of care
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