

## TRAINING AND EDUCATION WORKGROUP

### WORKGROUP PARTICIPANTS & AFFILIATION

Name	Affiliation
*Don Belau	Suicide Prevention
*Brad Negrete	Lutheran Family Services of Nebraska
Ciara Warden	University of Nebraska-Omaha
Tim Dolberg	Lincoln Police Department
Michelle Nunemaker	Department of Health and Human Services
Jill Schubauer	Region 3 Behavioral Health Services
Kyle Kinney	Boys Town
Tia Manning	Nebraska Coalition to End Sexual and Domestic Violence
Jan Fritsch	CHI Behavioral Health
Sadie Thompson	CenterPointe
Kenneth McCartney	National Alliance on Mental Illness
Amy Jane Keck	Associate Therapist/ peer support
Krista Crosby	CPSS
Tammy Fiala	Region 3 Behavioral Health Services
Amber Dirks	CenterPointe
Alyssa Maxwell	CenterPointe
Jenny Stewart	Director of Crisis Response Services
Arnold Remington	Targeted Adult Service Coordination
Lindsay Kroll	City of Omaha
Jennifer Hazuka	Region 6
Taisa Brumagen	Win Initiative
Sue Teal	Region 1
Thalia Wilson	
Allison Becker	Region 6 Behavioral Healthcare

\*Denotes Workgroup Chairs

### WORKGROUP REPORT

This workgroup met eight times on the following dates:

- 1/19/2022
- 1/27/2022
- 2/3/2022
- 2/10/2022
- 2/17/2022
- 3/3/2022
- 2/24/2022
- 3/10/2022

The following **recommendations** are offered by the group in response to the charges provided to them. **These recommendations are pending DHHS approval.**

1. *Identify and make recommendations regarding local mobile crisis response adult and youth standards.*  
**Recommendation 1.1** The workgroup utilized the recommended standards developed by the Mobile Crisis Response Team (MCRT) standards workgroup, aligning them with the essential best practices endorsed by SAMSHA, and identified training topics for MCRT, including the various models used across Nebraska. (Please note the table listing Training Guidelines for MCRT and the draft MCRT standards document developed by the MCRT standards workgroup.)
  
2. *Make recommendations regarding standardized assessment tools for mobile crisis response teams.*  
**Please note the table listing Training Guidelines for MCRT.**
  
3. *Identify required and standardized training for Nebraska mobile crisis response team personnel.*  
**Please note the table listing Training Guidelines for MCRT.**
  
4. *Identify and make recommendations regarding crisis response operations, safety, and transfer parameters (e.g., 911 and PSAPs).*  
**Recommendation 4.1** It is recommended that each Behavioral Health Region, with the support of the Division of Behavioral Health, establish a ‘universal’ triage process---the training workgroup has developed a draft triage document for consideration for 988 operators, e.g., to utilize in accessing the appropriate level of response. (See Draft Triage Guidelines for MCRT)
  
5. *Identify initial and ongoing costs associated with the adoption of recommended training and operation standards.*  
**Please note the table listing Training Guidelines for MCRT**, which identifies possible sources and costs of commercial training and public domain training.
  
6. **Make recommendations for the incorporation of standardized training and operation standards.**  
**Please note the table listing Training Guidelines for MCRT**, which identifies topics of training for clinicians, peers, e.g.

The following considerations were discussed but are outside of the scope of the current workgroup charges. They reflect potential concerns or considerations for future work in this area.

## Reviews

1. Implementation Group (date/recommendations) Note: Discussion and action was taken with regard to the table “Mobile Crisis Response Team Training Guidelines,” as the charter charges are embedded within this training.
  - a. Meeting on 5/3/2022
    - i. Charge Core Training
      1. **Recommendation Core Training:** The administer word with regard to Narcan should be considered.
  
2. Stakeholder Advisory Group (date/recommendations) Note: Discussion and action was taken with regard to the table “Mobile Crisis Response Team Training Guidelines,” as the charter charges are embedded within this training.
  - a. Meeting on 4/25/2022
    - i. Charge Core Training
      1. **Recommendation Core Training**
        - a. **Discussion:** Regions would like to have autonomy in some decision regarding the training, especially Narcan training. Many meetings are via telehealth and Narcan administration training would not be helpful.
      2. **Recommendation Triage Screening**
        - a. **Discussion:** 988 shall triage 988 callers and determine the need for MCRT. However, training may be needed by MCRT for regional activation.
        - b. **Discussion:** 988 must provide consistent information for MCRT handoff after activation.
        - c. **Discussion:** Interpreters are present for those who are deaf and hard of hearing.
      3. **Recommendation Assessment**
        - a. **Discussion:** HCR20 may not be an ideal training, as it is an in-depth assessment. Threat triage may be more appropriate to manage the crisis.
      4. **Recommendation Coordination:**
        - a. **Discussion:** Additional online training may impact staff retention when staffing shortages exist.
      5. **Recommendation Crisis Planning and Follow-up**
        - a. **Discussion:** There is a need for an additional budget to address resource staffing shortage needs in order to provide 988-demanded follow-up services.
        - b. **Discussion:** Baseline costs for training must be established.
      6. **Recommendation Optional Sources**

- a. **Discussion:** Additional training to include adolescent development, working with those with developmental disabilities, and cultural sensitivity.
- b. **Discussion:** Consider the deaf peer certification process requiring knowledge of close captioning and cultural and linguistic sensitivity.

## Mobile Crisis Response Team Training Guidelines

The mission of an MCRT is to provide crisis stabilization, referral to post-crisis services, and to provide follow-up. It is recognized by the MCRT workgroup that the resources available are dramatically different in various locations across Nebraska, with each team being unique to the community. Different models across Nebraska include co-responder, mobile crisis teams, and community models. Establishing minimum (core) training guidelines that promote competencies for the local MCRT, along with training strategies to address various topics, will provide the best possible services to individuals to whom a mobile crisis team responds. Many MCRT teams will require additional funding for staff, and ongoing training, e.g., as the 988 system moves forward.

MCRT Essential Functions	Core Training Recommendations for All Team Members	Clinician Recommended Training	Clinician Optional Training	Peer Recommended Training	Peer Optional Training	Source	Topic	Cost
	General First Aid, CPR, QPR, Regional training: Diversity Influence/Access Language Interpreter Narcan training order to administer by team members suggested being explored							
<b>Triage/Screening—to be completed by 988/law enforcement</b>						Universal triage screening will be under possible development by Division	Triage Guidelines for MCRT	No Cost
<b>Assessment</b>	Suicide Risk SBQR, ASQ	Substance Use screening (CAGE-AID)	HCR20--approved violence screening instrument  Regional training An understanding	C-SSRS		SBQ-R on line ASQ C-SSRS on line <a href="https://www.hrsa.gov/behavioral-health/cage-aid-substance-abuse-screening-tool">https://www.hrsa.gov/behavioral-health/cage-aid-substance-abuse-screening-tool</a>	Suicide risk screening Suicide risk screening Suicide risk screening	No Cost

			of statutes and cross-training with local law enforcement					
<b>De-escalation/Resolution</b>	Dealing with Discord, Below the Line, Engaging Through Empathy, Trauma, and Resiliency					<a href="https://projectharmony.com/training/calendar/">https://projectharmony.com/training/calendar/</a>		No fee
<b>Peer Support</b>					Crisis Communication Skills	Need to be peer certified by the state Wellbeing Initiatives  Community Alliance  DBH website	Peer Support Forensics training	No Cost
						Henry Amador Center for Anosognosia	LEAP trg	\$5000 for 30 people to attend a live training and \$2500 for 30 people to view a pre-recorded version

<b>Coordination with Medical and Behavioral Health Services</b>	Narcan training  Region training: Identify local resources/ referrals as appropriate to resolve the crisis					Accreditation Now—online  RELIAS on line		varies
<b>Crisis Planning and Follow-up</b>	Use of Brown-Stanley Safety Planning when suicide risk is identified  Region training: Identification of local referral services					<a href="https://suicidepreventionlifeline.org/wp-content/uploads/2016/08/Brown-StanleySafetyPlanTemplate.pdf">https://suicidepreventionlifeline.org/wp-content/uploads/2016/08/Brown-StanleySafetyPlanTemplate.pdf</a>		No cost
		CALM-Counseling Access to Lethal Means-2 hours				<a href="https://zerosuicidetraining.edc.org/enrol/index.php?id=20">https://zerosuicidetraining.edc.org/enrol/index.php?id=20</a>		No Cost
					WRAP	<a href="https://copelandcenter.com/our-services-facilitator-training/wrap-trainings-and-workshops">https://copelandcenter.com/our-services-facilitator-training/wrap-trainings-and-workshops</a>	WRAP	Regions may provide training
<b>Optional Sources</b>		<b>costs</b>						
SAMHSA has great online depending on topic		No cost						
<a href="https://www.mentalhealthfirstaid.org/">https://www.mentalhealthfirstaid.org/</a>	Mental health first aid	Depending on the Region						

CPI training by topic of interest		varies						
RELIAS	Crisis 101, Awareness Training, Trauma, Cultural Diversity, Abuse and Neglect, Co-Occurring, Crisis Communication, De-escalating Skills	Annual cost \$100 per participant						
<a href="https://frontlinecrisisacademy.com/">https://frontlinecrisisacademy.com/</a>	<p>Mobile Crisis, A Specialty in the Behavioral Health Field—1-hour overview</p> <p>In the Trenches, A Training in Mental Health Mobile Crisis 101—one day workshop</p> <p>Deeper in the Trenches, Advanced Training in Mobile Crisis 2 day workshop</p>	Costs are variable; contact the frontline academy for more information						