

Nebraska Same Day and Open Access

"Same day" means a provider can create an appointment the day they are contacted.

"Open Access" means that a provider can serve walk in patients during these hours.

[In case of Emergency , or if you feel there is an immediate danger to yourself or others, you may want to contact the 988 Helpline. Learn more about the 988 Help line here.](#)

Region 1

**4110 Avenue D, Scottsbluff, NE 69361
Phone: 308-635-3173**

Counties in Region 1: Banner, Box Butte, Cheyenne, Dawes, Deuel, Garden, Kimball, Morrill Scottsbluff, Sheridan, Sioux

| Community Action Health Center | | 975 Crescent Drive, Gering NE 69341 | | | Phone: | 308-633-5766 |
|---|---------------|--|-----------------|----------------|--------------------|---------------------|
| Medication Management-Mental Health | Adult | M-F | Same Day | 8:00am-5:00pm | Open Access | No |
| | | Sa-Su | Same Day | No | Open Access | No |
| Outpatient Psychotherapy-Mental Health | Adult & Youth | M-F | Same Day | 8:00am-7:00pm | Open Access | No |
| | | Sa-Su | Same Day | No | Open Access | No |
| Outpatient Psychotherapy-Substance Use | Adult & Youth | M-Th | Same Day | 8:00am-5:00pm | Open Access | No |
| | | F | Same Day | 8:00am-12:00pm | Open Access | No |
| | | Sa-Su | Same Day | No | Open Access | No |
| Medication Assisted Treatment-Substance Use | Adult | M-F | Same Day | 8:00am-5:00pm | Open Access | No |
| | | Sa-Su | Same Day | No | Open Access | No |
| Assessment--Substance Use | Adult | M-Th | Same Day | 8:00am-5:00pm | Open Access | No |
| | | F | Same Day | 8:00am-12:00pm | Open Access | No |
| | | Sa-Su | Same Day | No | Open Access | No |
| Assessment--Mental Health | Adult | M-Th | Same Day | 8:00am-6:00pm | Open Access | No |
| | | Sa-Su | Same Day | No | Open Access | No |
| Intensive Outpatient Treatment--Substance Use | Adult | M-W | Same Day | 5:30pm-8:30pm | Open Access | No |
| | | Th-F | Same Day | No | Open Access | No |
| | | Sa-Su | Same Day | No | Open Access | No |
| Western Community Health Resources | | 300 Shelton St., Chadron NE 69337 | | | Phone: | 308-432-8979 |
| Community Support--Mental Health | Adult | M-F | Same Day | 8:00am-5:00pm | Open Access | 8:00am-5:00pm |
| | | Sa-Su | Same Day | No | Open Access | No |
| Recovery Support--Mental Health | Adult | M-F | Same Day | 8:00am-5:00pm | Open Access | No |
| | | Sa-Su | Same Day | No | Open Access | No |
| Recovery Support--Substance Use | Adult | M-F | Same Day | 8:00am-5:00pm | Open Access | No |
| | | Sa-Su | Same Day | No | Open Access | No |
| Youth Transitional Services--Mental Health | Youth | M-F | Same Day | 8:00am-5:00pm | Open Access | No |

| | | | | | | |
|---|---|-------|----------|------------------|---------------------|------------------|
| | | Sa-Su | Same Day | No | Open Access | No |
| Supported Employment--Mental Health | Adult | M-F | Same Day | 8:00am-5:00pm | Open Access | No |
| | | Sa-Su | Same Day | No | Open Access | No |
| <u>Region II</u> | Counties in Region II: Arthur, Chase, Dawson, Dundy, Frontier, Gosper, Grant, Hayes, Hitchcock, Hooker, Keith, Lincoln, Logan, Perkins, Red Willow, Thomas | | | | | |
| 110 N. Bailey, North Platte, NE 69103 Phone 308-534-0440 | | | | | | |
| Region 2 Human Services | 110 N Bailey Ave, North Platte NE 69101 | | | Phone: | 308-534-0440 | |
| Assessment--Substance Use | Adult | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| Client Assistance Program--Mental Health | Adult | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| Client Assistance Program--Substance Use | Ault | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| CenterPointe | 2202 S 11th St, Lincoln NE 68502 | | | Phone: | 402-475-6695 | |
| Medication Management--Mental Health | Adult | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| Lutheran Family Services | 120 East 12th St, North Platte, NE 69101 | | | Phone: | 308-532-0587 | |
| Medication Management--Mental Health | Adult | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| <u>Region 3</u> | Counties in Region 3: Adams, Blaine, Buffalo, Clay, Custer, Franklin, Garfield, Greeley, Hall, Hamilton, Harlan, Howard, Kearney, Loup, Merrick, Nuckolls, Phelps, Sherman, Valley, Webster, Wheeler | | | | | |
| 4009 6th Ave #65, Kearney, NE 68848 Phone: 308-237-5113 | | | | | | |
| South Central Behavioral Services-Kearney | 3810 Central Ave, Kearney NE 68848 | | | Phone: | 308-532-0587 | |
| Outpatient Psychotherapy- Mental Health | Adult | M | Same Day | No | Open Access | 8:00am-9:00am |
| Outpatient Psychotherapy-Substance Use | Adult | T-Su | Same Day | No | Open Access | No |
| South Central Behavioral Services-Hastings | 616 W 5th St, Hastings NE 68902 | | | Phone: | 402-463-8684 | |
| Crisis Reponse--Mental Health | Adult | M-Su | Same Day | No | Open Access | Contact Provider |
| Crisis Reponse--Substance Use | Substance Use | M-Su | Same Day | No | Open Access | Contact Provider |
| Outpatient Psychotherapy--Mental Health | Adult & Youth | M-W | Same Day | No | Open Access | No |
| | | Th | Same Day | No | Open Access | 10:00am-11:00am |
| | | F-Su | Same Day | No | Open Access | No |
| Outpatient Psychotherapy--Substance Use | Adult & Youth | M | Same Day | No | Open Access | No |
| | | T | Same Day | No | Open Access | 1:00pm-2:00pm |
| | | W-Su | Same Day | No | Open Access | No |
| Lutheran Family Services-Grand Island | 1811 W 2nd St, Grand Island, NE 68803 | | | Phone: | 308-382-4255 | |
| Outpatient Psychotherapy--Mental Health | Adult | M | Same Day | 8:00am-10:00am | Open Access | No |
| | | T | Same Day | No | Open Access | No |
| | | W | Same Day | 1:00pm-3:00pm | Open Access | No |
| | | Th-Su | Same Day | No | Open Access | No |
| The Lanning Center | 835 S Burlington Ave, Suite 108, Hastings, NE 68901 | | | Phone: | 402-463-7711 | |

| | | | | | | |
|--|---------------|---|----------|------------------|---------------|---------------------|
| Outpatient Psychotherapy--Mental Health | Adult | M | Same Day | No | Open Access | No |
| | | T | Same Day | No | Open Access | 1:00pm-3:00pm |
| | | W | Same Day | No | Open Access | No |
| | | Th | Same Day | No | Open Access | 1:00pm-3:00pm |
| | | F-Su | Same Day | No | Open Access | No |
| <u>Region 4</u> | | | | | | |
| 206 Monroe Ave, Norfolk, NE 68701 Phone: 402-370-3100 | | Counties in Region 4: Antelope, Boone, Boyd, Brown, Burt, Cedar, Cherry, Colfax, Cuming, Dakota, Dixon, Holt, Keya Paha, Knox, Madison, Nance, Pierce, Platte, Rock, Stanton, Thurston, Wayne. | | | | |
| Heartland Counseling Services, Inc-O'Neill | | 221 W Douglas St, O'Neill Ne 688763 | | | Phone: | 402-336-2800 |
| Assessment--Mental Health | Adult & Youth | M-Th | Same Day | Contact Provider | Open Access | Contact Provider |
| | | F-Su | Same Day | No | Open Access | No |
| Assessment--Substance Use | Adult & Youth | M-Th | Same Day | Contact Provider | Open Access | Contact Provider |
| | | F-Su | Same Day | No | Open Access | No |
| Crisis Reponse--Mental Health | Adult | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| | | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| Heartland Counseling Services, Inc. South Sioux City | | 1201 Arbor Dr., South Sioux City, NE 68776 | | | Phone: | 402-494-3337 |
| Assessment--Mental Health | Adult & Youth | M-Th | Same Day | Contact Provider | Open Access | Contact Provider |
| | | F-Su | Same Day | No | Open Access | No |
| Assessment--Substance Use | Adult & Youth | M-Th | Same Day | Contact Provider | Open Access | Contact Provider |
| | | F-Su | Same Day | No | Open Access | No |
| Crisis Reponse--Mental Health | Adult | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| | | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| South Central Behavioral Services-Hastings | | 616 W 5th St, Hastings NE 68902 | | | Phone: | 402-463-5684 |
| Outpatient Psychotherapy--Substance Use | Adult | M-F | Same Day | 8:00am-5:00pm | Open Access | 8:00am-5:00pm |
| | | S-Su | Same Day | No | Open Access | No |
| South Central Behavioral Services-Kearney | | 3810 Central Ave, Kearney NE 68848 | | | Phone: | 308-532-0587 |
| Outpatient Psychotherapy--Substance Use | Adult | M-F | Same Day | 8:00am-5:00pm | Open Access | 8:00am-5:00pm |
| | | S-Su | Same Day | No | Open Access | No |
| Women's Empowering Lifeline | | 910 W Park Ave, Norfolk, NE 68701 | | | Phone: | 402-379-3622 |
| All Services--Mental Health | Adult & Youth | M-Th | Same Day | Contact Provider | Open Access | No |
| | | F | Same Day | Contact Provider | Open Access | 8:00am-1:00pm |
| | | S-Su | Same Day | Contact Provider | Open Access | No |
| All Services--Substance Use | Adult & Youth | M-Th | Same Day | Contact Provider | Open Access | No |
| | | F | Same Day | Contact Provider | Open Access | 8:00am-1:00pm |
| | | S-Su | Same Day | Contact Provider | Open Access | No |
| <u>Region V</u> | | Counties in Region V: Butler, Fillmore, Gage, Jefferson, Johnson, | | | | |

| | | | | | | | |
|--|--|--|----------|---------------------------------|---------------|---------------------------------|--|
| 1645 N Street, Lincoln, NE 68508 | | Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, York | | | | | |
| Phone: 402-441-4343 | | | | | Phone: | 308-382-4255 | |
| Lutheran Family Services | 1811 W 2nd St, Grand Island, NE 68803 | | | | | | |
| Assessment-Mental Health | Adult | M,W,F | Same Day | No | Open Access | No | |
| | | T, Th | Same Day | 8:00am-10:00am 1:00pm-3:00pm | Open Access | 8:00am-10:00am 1:00pm-3:00pm | |
| | | S-Su | Same Day | No | Open Access | No | |
| Assessment--Substance Use | Adult | M,W,F | Same Day | No | Open Access | No | |
| | | T, Th | Same Day | 8:00am-10:00am 1:00pm-3:00pm | Open Access | 8:00am-10:00am 1:00pm-3:00pm | |
| | | S-Su | Same Day | No | Open Access | No | |
| Associates in Counseling and Treatment | | 600 N Cotner Blvd, #119, Lincoln, NE 68505 | | | Phone: | 402-261-6667 | |
| Assessment--Substance Use | Adult | M-Th | Same Day | 9:30am-5:30pm | Open Access | 9:30am-5:30pm | |
| | | F-S | Same Day | No | Open Access | No | |
| | | Su | Same Day | 11:00am-4:00pm | Open Access | 11:00am-4:00pm | |
| CenterPointe | | 2202 S 11th St, Lincoln NE 68502 | | | Phone: | 402-475-6695 | |
| Assessment--Mental Health | Adult | M,W,F | Same Day | No | Open Access | No | |
| | | T&Th | Same Day | Contact Provider | Open Access | Contact Provider | |
| | | S-Su | Same Day | No | Open Access | No | |
| Outpatient Psychotherapy--Mental Health | Adult | M-F | Same Day | 8:00am-5:00pm | Open Access | 8:00am-5:00pm | |
| | | S-Su | Same Day | No | Open Access | No | |
| Outpatient Psychotherapy--Substance Use | Adult | M-F | Same Day | 8:00am-5:00pm | Open Access | 8:00am-5:00pm | |
| | | S-Su | Same Day | No | Open Access | No | |
| Medication Management--Mental Health | Adult | M-F | Same Day | 8:00am-5:00pm | Open Access | 8:00am-5:00pm | |
| | | S-Su | Same Day | No | Open Access | No | |
| Region 6 | | | | | | | |
| 471 South 132nd St., Omaha, NE 68137 | | Counties in Region 6: Cass, Dodge, Douglas, Sarpy, Washington | | | | | |
| Phone: 402-444-6573 | | | | | | | |
| Alcoholics Resocialization Condition Help | | 604 S 37th St., Omaha NE 68105 | | | Phone: | 402-346-8898 | |
| Halfway House--Substance Use | Adult | M-F | Same Day | 9:00am-5:00pm | Open Access | No | |
| | | S-Su | Same Day | No | Open Access | No | |
| Bay Area Addiction Research and Treatment | | 1941 S 42nd St. #210, Omaha, NE 68105 | | | Phone: | 402-341-6220 | |
| Opioid Treatment Service--Substance Use | Adult | M-Th | Same Day | 6:30am-2:00pm | Open Access | 6:30am-2:00pm | |
| | | F-Su | Same Day | No | Open Access | No | |
| Capstone | | 1941 S 42nd St. #328, Omaha, NE 68105 | | | Phone: | 402-644-8444 | |
| Assessment--Mental Health | Adult | M-F | Same Day | 10:00am-3:00pm | Open Access | No | |
| | | Sa-Su | Same Day | No | Open Access | No | |

| | | | | | | |
|--|--|-------|----------|---------------------------------|---------------|---------------------------------|
| Assessment--Substance Use | Adult | M-F | Same Day | 10:00am-3:00pm | Open Access | No |
| | | Sa-Su | Same Day | No | Open Access | No |
| Outpatient Psychotherapy--Mental Health | Adult | M-F | Same Day | 10:00am-3:00pm | Open Access | No |
| | | Sa-Su | Same Day | No | Open Access | No |
| Outpatient Psychotherapy--Substance Use | Adult | M-F | Same Day | 10:00am-3:00pm | Open Access | No |
| | | Sa-Su | Same Day | No | Open Access | No |
| Charles Drew Health Center, Inc | 2915 Grant St, Omaha, NE 68111 | | | | Phone: | 402-451-3553 |
| Assessment--Substance Use | Adult | M | Same Day | No | Open Access | No |
| | | T | Same Day | 8:30am-12:00pm | Open Access | 8:30am-12:00pm |
| | | W-Su | Same Day | No | Open Access | No |
| CHI Health Clinic Psychiatric Associates-Immanuel | 7101 Newport Ave, Bldg 3, Omaha, NE 68152 | | | | Phone: | 402-572-2916 |
| Assessment--Substance Use | Adult | M,W,F | Same Day | No | Open Access | No |
| | | T-Th | Same Day | 8:00am-12:00pm | Open Access | 8:00am-12:00pm |
| | | S-Su | Same Day | No | Open Access | No |
| CHI Health Clinic Psychiatric Associates-Likeside | 16909 Lakeside Hills Ct #400, Omaha, NE 68130 | | | | Phone: | 402-758-5850 |
| Assessment--Substance Use | Adult | M | Same Day | Contact Provider | Open Access | Contact Provider |
| | | T-Su | Same Day | No | Open Access | No |
| Community Alliance | 7117 Jones Cir, Omaha, NE 68106 | | | | Phone: | 402-715-5668 |
| Assessment--Mental Health | Adult | M-F | Same Day | 8:30am-4:30pm | Open Access | 8:30am-4:30pm |
| | | Sa-Su | Same Day | No | Open Access | No |
| Medication Management--Mental Health | Adult | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| Douglas County Community Mental Health Center | 4102 Woolworth Ave, Omaha NE 68105 | | | | Phone: | 402-444-7000 |
| Adult Inpatient Psychiatric Hospital--Mental Health | Adult | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| Detoxification Services--Substance Use | Adult | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| Medication Management--Mental Health | Adult | M-F | Same Day | 8:30am-4:30pm | Open Access | No |
| | | S-Su | Same Day | No | Open Access | No |
| Outpatient Triage-Mental Health | Adult | M-F | Same Day | 8:00am-11:30am 1:00pm-3:00pm | Open Access | 8:00am-11:30am 1:00pm-3:00pm |
| | | S-Su | Same Day | No | Open Access | No |
| Heartland Family Services--42nd Street | 2101 S 42nd St, Omaha, NE 68105 | | | | Phone: | 402-552-7400 |
| Outpatient Psychotherapy--Mental Health | Adult & Youth | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| Outpatient Psychotherapy--Substance Use | Adult & Youth | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| Psychiatric Evaluations--Mental Health | Adult & Youth | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| Heartland Family Services--Sarpy | 302 American Pwky, Papillion, NE 68046 | | | | Phone: | 402-339-2544 |
| Outpatient Psychotherapy--Mental Health | Adult & Youth | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| Outpatient Psychotherapy--Substance Use | Adult & Youth | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| Psychiatric Evaluations--Mental Health | Adult & Youth | M-Su | Same Day | Contact Provider | Open Access | Contact Provider |
| Lutheran Family Services | 7929 W. Center Road, Omaha, NE 68124 | | | | Phone: | 402-342-7007 |
| Assessment--Mental Health | Adult | M-W | Same Day | No | Open Access | No |
| | | Th | Same Day | 1:00pm-3:00pm | Open Access | 1:00pm-3:00pm |

