

Proposed Dental Hygiene Prescriptive Authority

A licensed dental hygienist may prescribe, administer and dispense a fluoride supplement, topically applied fluoride, and topically applied antimicrobials from the following formulary.

Under no circumstances shall a dental hygienist be allowed to prescribe, dispense or administer:

1. Drugs whose primary effect is systemic and
2. Dangerous drugs or controlled substances as defined in the pharmacy act.

Dental hygienists may prescribe from the following list:

1. Fluoride supplements (all using sodium fluoride);
 - a. Tablets—0.5 mg, 1.1 mg, 2.2 mg
 - b. Lozenges—2.21 mg
 - c. Drops—1.1 mg/mL;
2. Topical anti-caries treatments (all using sodium fluoride unless otherwise stated);
 - a. Toothpastes—1.1% or less (or stannous fluoride 0.4%);
 - b. Topical gels—1.1% or less (or stannous fluoride 0.4%);
 - c. Oral Rinses—0.05%, 0.2%, 0.44%, 0.5%;
 - d. Oral Rinse Concentrate (used in periodontal disease)—0.63% stannous fluoride;
 - e. Fluoride Varnish—5%
 - f. Prophy pastes (containing approximately 1.23% sodium fluoride and used for cleaning and polishing procedures as part of professional dental prophylaxis treatments);
3. Topical Anti-infectives:
 - a. Chlorhexidine gluconate;
 - i. Rinses—0.12%