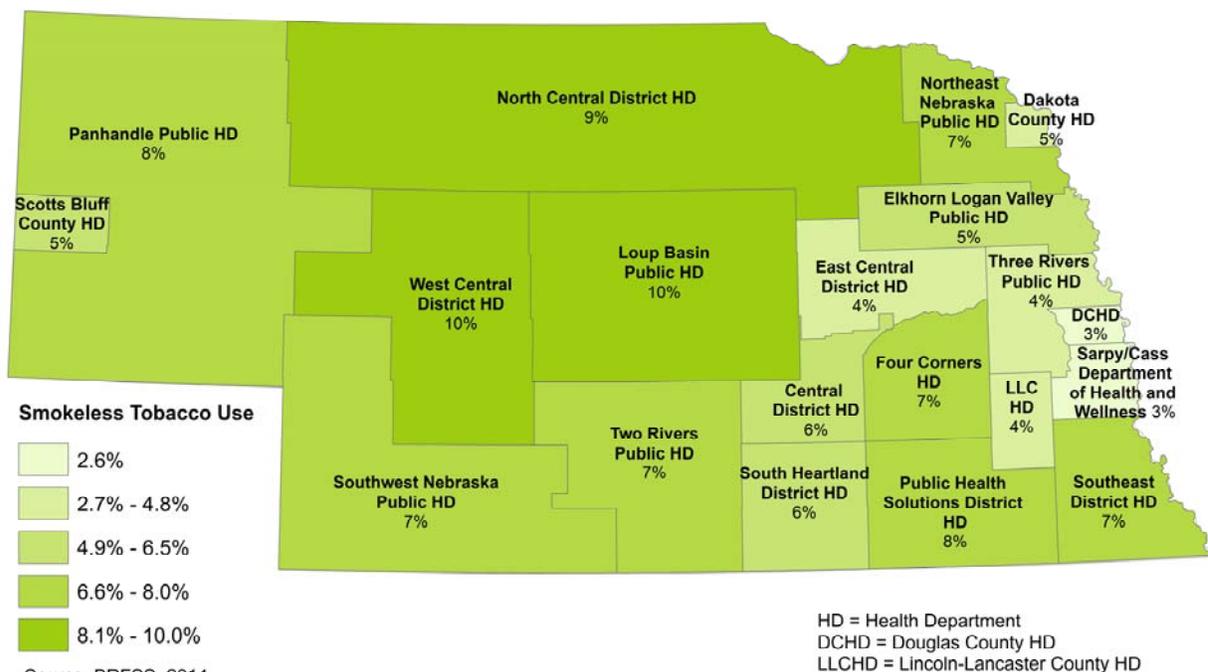


## Smokeless Tobacco Use Rate by Nebraska Health District, 2014



Smokeless tobacco is associated with many health problems. Using smokeless tobacco can lead to nicotine addiction; cancers of the mouth, esophagus and pancreas and is associated with diseases of the mouth.<sup>1</sup> According to the Nebraska Behavioral Risk Factor Surveillance System (BRFSS), 5% of adults - or more than 65,000 people - use smokeless tobacco in Nebraska.<sup>2</sup>

This map shows the adult smokeless tobacco use rate in each of Nebraska's 20 health districts. West Central, Loup Basin Public, and North Central Health Districts have the highest smokeless tobacco use rates, while Douglas County Health District and Sarpy/Cass County Department of Health and Wellness Health District have the lowest.

1. Centers for Disease Control and Prevention (CDC), 2015  
2. Nebraska BRFSS, 2014