



Together For Kids and Families

Mental Health Work Group Meeting Summary Friday, May 30, 2014

Welcome & Introductions

Attendees: Lynne Brehm, Ben Anderson, Tiffany Mullison, Jen Gerdes, Shirley Terry, Tammi Ohmstede, Mark Hald, Gay McTate, Kathy Karsting, Joan Luebbers, Mary Balluff

Review Meeting Minutes from March 14, 2014

Jen asked members to review the March meeting minutes. Minutes were accepted as submitted.

Sub-Committee Updates

- **Social-emotional Screening for Pediatricians & Family Practice Physicians**

Mark provided an update on the subcommittee's work to refine the rubric, develop a list of potential screening tools, and the subcommittee's recommendation. The Survey of Well Being of Young Children [SWYC] was recommended. It is designed to match the well child checks and has three areas: developmental milestones, child behavior, and family questions. Tiffany circulated hard copies of the SWYC for the different ages. The subcommittee was thanked for their work and will be kept updated on the project.

The next step is for Tiffany and Kathy to work on a Maintenance of Certification [MOC] effort as one method to increase screenings completed in pediatrician and family practice offices. Kathy described the metrics behind the continuing education – collection of baseline data, implementation of a screening tool, and referral to the Early Development Network if the screening tool indicates a need for a referral or follow up. This is envisioned to be a web-based tool. Next, the physicians would complete a continuing education module.

- **Early Childhood Integrated Skills and Competencies for Professionals**

At the last meeting, the subcommittee recommended further work on the skills and competencies. Jen provided a brief overview of the competencies for those new to the group. Those in the field[s] have requested additional materials. The subcommittee is interested in developing clear indicators for each competency and a self-assessment. Beyond this next step, Lynne expressed an interest in further embedding the skills and competencies in our professional development system – across the three systems [mental health, home visiting, early childhood]. Zero to Three has reached out to us for more information on the competencies and our future work.

Jen stated the Nebraska Association of Infant Mental Health [NAIMH] has also expressed interest in the competencies. With this interest, timing seems right to move forward. MIECHV funds will support the development of the indicators and self-assessment through a contractor.

Mark would like to link what we are doing now with the competencies and creation of simple tools that may be accessible on line. Mark asked if we would benefit from a Survey Monkey for those in other states who have inquired. Lynne responded the most common question from those who have inquired is in next steps. Members have vision and commitment to work further in this area.

Updates

- **LB944**, Early Childhood Mental Health – Tiffany provided a brief update on the status of the project. The project involves administering the Vanderbilt, which is ADHD specific.
- **The Nebraska Association of Infant Mental Health** webinar series began in May; the webinars are free and will be made available for later viewing. Answers4Families is coordinating registration and recording of the webinars. Mark encouraged membership in the NAIMH and ‘liking them’ on Facebook.
- The NAIMH will have a strategic planning session in Kearney on July 25.
- **Community Health Improvement Plans [CHIP] Meta-Analysis** – Lynne Brehm, Tiffany Mullison. Rooted in Relationships is using local health department plans as an additional tool in their communities. Each local health department has authored a CHIP; the documents are varied in content and layout, preventing a ‘fast review.’

Mary Balluff suggested Tiffany develop a questionnaire, send to Mary, and DCHD staff will forward out to give the work group an idea which CHIPs have identified early childhood, mental health, early care and education, toxic stress, etc..

- **Rooted in Relationships & Pyramid Model**

Barb & Jen met with BHECN (Behavioral Health Education Center of Nebraska) several years ago as they were just getting started. Lynne suggested that we connect with Amy Williams about presenting at the next meeting to share the work they are doing at the community level; a different focus than they had in the past.

Lynne shared the recently released report, *A Review of Nebraska Early Childhood Social-Emotional Initiatives*. Hard copies of the report can be ordered from Lynne.

Pyramid model work continues in the 3 communities [Saline, Dawson, and Dakota], along with infrastructure development. The level of interest is very encouraging; the level of training and availability is low. Shirley talked about work in Saline County, where they now have very specific goals and objectives set.

- **Circle of Security-Parenting**

Lynne reported that 85 scholarships were awarded; 95 spots have been reserved. The maximum desired attendee level is 130; maximum room capacity is 200. The registration link is at <http://circleofsecurity.net/seminars/parenting-training/>. Early bird registration of \$900 is available before August 19, 2014. Beyond the training, there is a subcommittee looking at the need for reflective supervision and ongoing support.

- Tammi stated UNK is still interested in creating a certification program for infant mental health.
- Joan stated NDOE has received new funding for Nurturing Healthy Behaviors.
- Lynne shared Jen Gerdes accepted a part time position at the Nebraska Children and Families Foundation, with Rooted in Relationships.
- UNL Extension has drafted a report, *Implementation of the Early Childhood Systems of Care Assessment Tool: Behavioral Health and Early Childhood Social Emotional Development*. Tonia Durden will be invited to present the final report at the July meeting.

Jen adjourned the meeting at 2:15pm.

Next Meeting

Tiffany will send out a Doodle poll for July 11 and July 18.