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UNIVERSITY OF
Nebraska
Medical Center

CENTER FOR CONTINUING EDUCATION
986800 Nebraska Medical Center
Omaha, NE 68198-6800

25-47-00

Type 1 Diabetes from Childhood and Beyond



Friday, October 5, 2012
Michael F. Sorrell Center for Health Science Education
University of Nebraska Medical Center



unmc.edu/cce

7:15 am	Registration and Continental Breakfast
7:45 am	Welcome Andjela Drincic, MD
	MODERATOR: Jenny Moeller, PA-C
8:00 am	Guidelines for Transition from Pediatric to Adult Care Henry Rodriguez, MD
9:00 am	Medications for Management of Type 1 Diabetes Amy Neumeister, MD
10:00 am	Break
10:15 am	Insulin Therapy in the Hospital Setting Whitney Goldner, MD
11:00 am	KEYNOTE How Macronutrients Affect Blood Glucose Marion Franz, MS, RD, CDE
12:00 pm	Lunch
	MODERATOR: Beth Pfeffer RN, BSN, CDE
12:45 pm	Psycho-social Issues with Type 1 Diabetes Michael Vance, PhD
1:30 pm	Hot Topics in Management of Type 1 Diabetes <ul style="list-style-type: none">• Exercise Issues Kris Volkmer, ASCM, MPH• Issues in the School Setting Kathy Knowlton, MSW• Advanced Technologies Peg Struebing, PA-C• Transplantation Options for Type 1 Brian Boerner, MD• Latent-onset Autoimmune Diabetes of Adulthood (LADA) Andjela Drincic, MD• Q & A
3:30 pm	Closing Remarks and Evaluation



DESCRIPTION

The 2012 Nebraska Medical Center Diabetes Symposium is focused on the care of patients with type 1 diabetes, the collaboration between pediatric and adult providers, and using multidisciplinary approaches to address needs specific for this patient population. These needs include recognizing issues related to transitions of care of the young adult patient with diabetes, addressing specific needs that these patients have when it comes to medical care, behavioral issues, nutrition therapy, and insulin management both in inpatient and outpatient settings.



Type 1 Diabetes From Childhood and Beyond

SYMPOSIUM OBJECTIVES

At the conclusion of this symposium, the participant should be better able to:

- Discuss the use and limitations of insulin in treatment of type 1 diabetes
- Review current ADA guidelines for optimal transition from pediatric to adult diabetes care
- Describe implementation of “best practice” guidelines for the hospitalized patient with type 1 diabetes
- Discuss psycho- social issues associated with type 1 diabetes in childhood, adolescence, and young adulthood
- Recognize the effect of macronutrients on blood glucose and apply Medical Nutrition Therapy to type 1 diabetes
- Describe exercise adjustments for effective management of type 1 diabetes
- Discuss school, social and legal issues associated with type 1 diabetes
- Review available technologies to improve management of type 1 diabetes.
- Describe transplant options as treatment strategies for type 1 diabetes.
- Discuss current research for future treatment of diabetes.
- Explain LADA and strategies for management.

SYMPOSIUM FACULTY

Brian Boerner, MD
Assistant Professor, Division of Diabetes, Endocrinology and Metabolism, Department of Internal Medicine, University of Nebraska Medical Center, Omaha, NE

Andjela Drincic, MD
Associate Professor, Division of Diabetes, Endocrinology and Metabolism, Department of Internal Medicine, University of Nebraska Medical Center, Omaha, NE

Marion J Franz, MS, RD, CDE
Nutrition Concepts by Franz, Inc., Minneapolis, MN

Whitney Goldner, MD
Associate Professor, Division of Diabetes, Endocrinology and Metabolism, Department of Internal Medicine, University of Nebraska Medical Center, Omaha, NE

Kathy Knowlton, MSW
Children’s Hospital and Medical Center, Omaha, NE

PLANNING COMMITTEE

The Nebraska Medical Center
THE DIABETES CENTER
Cindy Mathiasen, RN, BSN, CDE
Maxine McElligott, RD, MA, LMNT, CDE
Beth Pfeffer, RN, BSN, CDE

EMPLOYEE DEVELOPMENT
Jacqueline Siebels, RN, BSN

Amy Neumeister, MD
Assistant Professor, Division of Diabetes, Endocrinology and Metabolism, Department of Internal Medicine, University of Nebraska Medical Center, Omaha, NE

Henry Rodriguez, MD
Professor of Pediatrics, University of South Florida College of Medicine; Clinical Director, USF Diabetes Center, Tampa, FL

Peg Struebing, PA-C
Children’s Hospital and Medical Center, Omaha, NE

Michael Vance, PhD
Children’s Hospital and Medical Center, Omaha, NE

Kris Volkmer, ASCM, MPH
The Diabetes Center, The Nebraska Medical Center, Omaha, NE

University of Nebraska Medical Center
DIVISION OF DIABETES, ENDOCRINOLOGY AND METABOLISM
DEPARTMENT OF INTERNAL MEDICINE
Andjela Drincic, MD
Jenny Moeller, PA-C
Kathy O’Malley, RN, BSN, CDE
CENTER FOR CONTINUING EDUCATION
Brenda Ram, CMP

LOCATION

The Dr. Stanley M. and Dorothy Truhlsen
Campus Event Center (Room 1001)
Michael F. Sorrell Center for Health
Science Education
University of Nebraska Medical Center
619 South 42nd Street
Omaha, NE
www.unmc.edu/eventscenter

TARGET AUDIENCE

This symposium is intended for physicians, physician assistants, nurse practitioners, nurses, dietitians and others who work with diabetes patients.

REGISTRATION FEE

\$120 Physicians
\$ 95 General registration
\$ 75 The Nebraska Medical Center/
UNMC/Children’s Hospital and
Medical Center employees
\$ 35 Students
\$150 Walk-in registrations

Full payment must accompany the registration form. Walk-in registrations will be accepted based on space availability.

Registration deadline: September 21, 2012

CANCELLATION POLICY

A refund, less \$25 processing fee, will be given if written cancellation is received on or before September 21 by the UNMC Center for Continuing Education. No refund will be given after this date.

ADA

In compliance with the Americans with Disabilities Act, the UNMC Center for

Continuing Education does not discriminate on the basis of disability. The Center shall provide reasonable accommodations, including auxiliary aids and services, to ensure equal access to its programs, services and activities. If you would like an auxiliary aid or service, please call 402-559-9250 by September 21 with your request.

CREDIT

6.5 contact hours awarded.

The Nebraska Medical Center is an approved provider of continuing nursing education by the Nebraska Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

NE10-13H35-152

RD and LMNT CEU hours have been applied for.

The University of Nebraska Medical Center, Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Nebraska Medical Center, Center for Continuing Education designates this live activity for a maximum of 6.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

FOR MORE INFORMATION

Contact Brenda Ram at 402-559-9250 or email bram@unmc.edu.



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Register online at unmc.edu/cce

Name		Birthdate (mm/dd)	
Degree or Profession		Specialty	
Mailing Address <input type="checkbox"/> Home <input type="checkbox"/> Work			
City, State, ZIP			
Telephone (including area code)		Fax Number (including area code)	
Email Address			
Nursing License Number		State of Licensure	

REGISTRATION FEE

\$120 Physicians	\$ 35 Students
\$ 95 General registration	\$150 Walk-in registrations
\$ 75 The Nebraska Medical Center/UNMC/Children’s Hospital and Medical Center employees	

PAYMENT

<input type="checkbox"/> Check or money order is enclosed (Made payable to UNMC CCE)	
<input type="checkbox"/> Charge to my <input type="checkbox"/> American Express <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa	Card Number
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Signature	

MAIL TO

UNMC Center for Continuing Education
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Omaha, NE 68198-6800

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Email	conted@unmc.edu

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