Patient and Consumer Education Materials

The Nebraska Heart Disease and Stroke Prevention Program has a line of patient education materials covering topics related to cardiovascular disease and risk factor management. Our materials are designed to help healthcare professionals reach patients, caregivers and groups at-risk for cardiovascular disease. The materials are designed to promote disease prevention, management and control, and raise awareness about the signs and symptoms of heart attack and stroke. These materials are available at no charge and can be ordered by calling 402-471-2101, faxing the order form on the reverse side to 402-471-6446, or mailing it to the address on the reverse side.

Patient Education Brochures

The patient education brochure line includes 6 brochures covering risk factors for heart disease and stroke conditions, prevention and awareness. The brochures are available in English and Spanish and are written using plain language at a 5th-8th grade reading level. These brochures are available FREE of charge in any quantity. They are shrink wrap bundled in packs of 50. Topics include:

- Aspirin Therapy
- Blood Pressure
- Cholesterol
- Stroke
- Heart Attack
- Women & Heart Disease

Blood Pressure and Cholesterol Record Cards

The blood pressure and cholesterol record cards have the current JNCVII and ATPIII guidelines and recommendations for frequency of screening. They are available in English and Spanish in bundles of 100 and are FREE of charge in any quantity.

Heart Attack and Stroke Awareness

The Nebraska Heart Disease and Stroke Prevention Program encourages you to promote prevention and raise awareness of heart attack, stroke and related risk factors in your communities, worksites, faith-based organizations, hospitals and clinics. We have a variety of prevention and awareness materials to aid your efforts, including:

- FAST Stroke bookmarks
- FAST Stroke magnets
- Guide to a Healthy Heart
- Guide to Lowering Blood Pressure
To Order Materials:
• Photocopy this form and keep original for future orders
• Fill out required information
• Fax to: **402-471-6446** OR
  Mail to: Nebraska Heart Disease and Stroke Prevention Program
  301 Centennial Mall South
  P.O. Box 95026
  Lincoln, NE 68509-5026

* We apologize for any inconvenience, however, we can only distribute materials to those who reside in Nebraska.

Date: ______________________

Name of Business: ____________________________________________________________

Name of Person Requesting Materials: __________________________________________

Mailing Address: ______________________________________________________________

City: __________________________  State: ______________________  Zip: ________________

Telephone: _____________________  Fax: ________________________________

Email: __________________________

I would like to order a sample pack of materials in   □ English   □ Spanish

**English Materials**

**Spanish Materials**

**QTY. Packs of 50**

_____ pack(s)  Aspirin Therapy Brochure

_____ pack(s)  Blood Pressure Brochure

_____ pack(s)  Cholesterol Brochure

_____ pack(s)  Stroke Brochure

_____ pack(s)  Heart Attack Brochure

_____ pack(s)  Women & Heart Disease Brochure

_____ pack(s)  FAST Stroke Brochure

_____ pack(s)  FAST Bookmarks

_____ pack(s)  Guide to a Healthy Heart

*(2 page tear-off fact sheet)*

**QTY. Packs of 100**

_____ pack(s)  Blood Pressure/Cholesterol Record Cards

**QTY. Not Bundled - Individual Copies**

_____ FAST Stroke Poster

_____ FAST Stroke Magnet

_____ Guide to Lowering Blood Pressure *(20 page booklet)*

_____ DASH Eating Plan *(64 page booklet)*

_____ Explaining Stroke *(20 page booklet)*

_____ Salt & Sodium Booklet *(10 page booklet)*

What will you be using the materials for? (Circle all that apply)

A. Health Fair  B. Health Screenings  C. Outpatient/Clinical Patient Education

D. Inpatient/Hospital patient Education  E. Other (please describe) ________________________________

Will the materials serve minority populations and/or Medicaid recipients?  YES  NO

Thank you for your order! Please allow 10-14 business days for delivery.

Questions or Comments? Please email: DHHS.CVHProgram@nebraska.gov