

February is Children's Dental Health Month!

Help kids learn about the importance of good oral health by participating in the first-ever **Healthy Smiles Art & Writing Contest!**

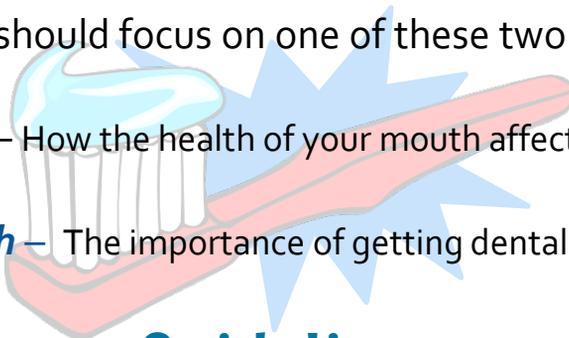
**Art contest open to kids in
Grades K-8th**

**Writing contest open to kids in
Grades 3rd-8th**

Entries should focus on one of these two themes:

More Than A Smile – How the health of your mouth affects the rest of your body.

Watch Your Mouth – The importance of getting dental check-ups each year.



Guidelines

Writing

- Poem, short story or essay
- Less than 500 words

Art

- Two-dimensional media
- Entries no larger than 8 ½ x 11 inches

Two winning entries will be selected from each category for grades K-2, 3-5, and 6-8. Winners will receive a prize and have their submissions posted on the Office of Oral Health & Dentistry website. All participants will receive a Certificate from the Office of Oral Health & Dentistry.

****Entries should be postmarked by Monday, February 13, 2012****

To enter a submission, please fill out the attached form and send it along with the entry to:



Office of Oral Health & Dentistry
301 Centennial Mall South
PO Box 95026
Lincoln, NE 68509

Or email to: dhhs.oralhealth@nebraska.gov



Questions?? Call us at 402-471-0166.

2012 Healthy Smiles Art & Writing Contest Entry Form

Name: _____ Age: _____ Grade: _____

School: _____

School Address: _____

Teacher's Name: _____

Teacher's Email: _____

Type of Submission:

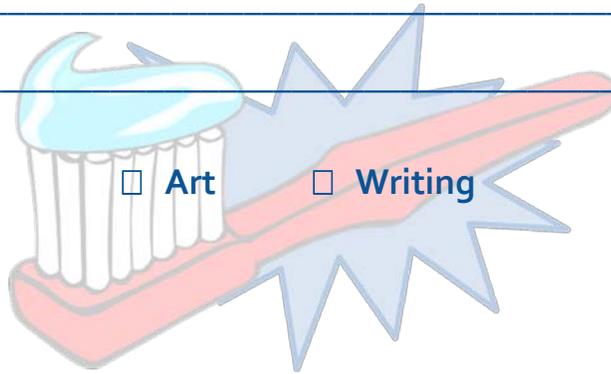
Art

Writing

Theme:

More Than a Smile – How the Health of your Mouth affects the Rest of your Body

Watch your Mouth – The Importance of Getting Dental Check Ups Each Year



I give permission for the Nebraska Office of Oral Health and Dentistry to publish (print or electronic) this submission and the name, age and school of my child for the purpose of promoting the 2012 Healthy Smiles Art & Writing Contest and the Office of Oral Health & Dentistry.

Signature of Parent/Guardian: _____

Contact Information: _____

Date: _____