



Cost:

\$75.00 for Peer

(EMS, fire, law enforcement, dispatchers, nurses, EMA)

\$150.00 for Mental Health Professionals

Group Crisis Intervention Training Program Objectives

Upon completion of this workshop, participants will be able to:

- * Define critical incident stress.
- * List signs & symptoms of stress.
- * Describe first responder personality profiles.
- * Recognize characteristics & phases of critical incident stress.
- * Discuss stress & coping strategies.
- * Describe the anatomy of a debriefing.
- * Discuss disaster psychology & victim response.

Continuing Education

Fourteen hours of continuing education may be counted by Licensed Mental Health Professionals and EMS Providers

Crisis Incident Stress Management (CISM)

What is a Critical Incident?

A critical incident is any situation faced by emergency personnel causing unusually strong emotional reactions, which have the potential to interfere with their ability to function during or after the event.

Examples of critical incidents addressed by the Nebraska CISM Program include:

- * Suicide of a first responder
- * Line of duty death or serious injury of a first responder
- * Injury to or death of a child
- * Mass-casualty incident
- * Natural disaster causing death and/or serious injury

What is Critical Incident Stress Management?

CISM is a comprehensive service designed to assist emergency responders who have experienced unusual stress related to their work. CISM is interested in promoting a helpful response throughout the entire range of a crisis experience including: the pre-crisis, acute crisis and post-crisis phases. Within the CISM program are seven core functions of response.

Questions:

Nebraska EMS Program

Debbie Kuhn,
Statewide CISM Coordinator
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E-mail: debbie.kuhn@nebraska.gov

Julie Smithson, Troop C Coordinator
Phone: 308-940-1994
Email: julie.smitson@nebraska.gov

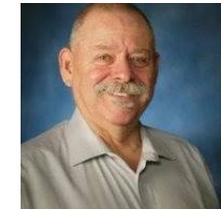
Website: www.dhhs.ne.gov/EMS

ICISF Certified Instructors

Diane Braun, LIMHP, LADC,
Omaha



Jon B. Kayne, Ph.D.,
Bellevue



Jason Workman, MA, LMHP, PLADC,
Omaha



2016 Registration Form

Name: _____

Address: _____

City: _____

Zip: _____

Phone: _____

Email Address: _____

Profession: _____

Choose one class/site:

October 22 & 23, 2016

- Scottsbluff **Telehealth**
 North Platte **Telehealth**
 Omaha Bergan Mercy

November 12 & 13, 2016

- Omaha
 Grace Student

Seats are very limited at some locations

Choose one:

- Peer \$75.00
 Mental Health \$150.00

Please mail registration form and check to the following:

CISM in Nebraska
5030 J Street
Lincoln, NE 68510

**Please make checks payable to
CISM in Nebraska**

2017 Registration Form

Name: _____

Address: _____

City: _____

Zip: _____

Phone: _____

Email Address: _____

Profession: _____

Choose one class:

~~January 23 & 24, 2017~~

Full

March 10 & 11, 2017

- Kearney

Seats are very limited at some locations

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- Peer \$75.00
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Basic CISM Group Crisis Intervention Training

- October 22 & 23, 2016
Scottsbluff-Regional West
 - North Platte-
 - Omaha-Bergan Mercy
 - **Telehealth Scottsbluff
& North Platte**
Deadline for registration-Oct 7
 - November 12 & 13, 2016
Omaha—Grace University
Deadline for registration-Nov 1
 - January 23 & 24, 2017
Lincoln—NE Dept of Corrections
Deadline for registration-Jan 9
 - March 10 & 11, 2017
Kearney
Deadline for registration-March 1
- 8:00 a.m.—5:00 p.m. both days

