



## ICISF Assisting Individuals in Crisis and/or Advanced Group Crisis Intervention

By  
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NE CISM Website

<http://dhhs.ne.gov/publichealth/nebraskaems/pages/cism.aspx>

**CHI—St Francis Medical Center**  
**2620 West Faidley Street, Grand Island**  
**SEATING WILL BE LIMITED**

### Assisting Individuals in Crisis

**October 13, 2016 8:00 a.m.—4:00 p.m.**

**October 14, 2016 8:00 a.m.—12:00 p.m.**

#### Purpose:

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called “emotional first aid”. This program is designed for teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

#### Highlights:

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Risks of iatrogenic “harm”

Completion of “Assisting Individuals in Crisis” and receipt of a certificate indicating full attendance (13 Contact Hours) qualifies as a in ICISF’s Certificate of Specialized Training Program.

### Advanced Group Crisis Intervention

**October 14, 2016 1:00 p.m.— 4:00 p.m.**

**October 15, 2016 8:00 a.m.— 4:00 p.m.**

#### Purpose:

Designed to provide participants with the latest information on critical incident stress management techniques and post-trauma syndromes, the Advanced Group Crisis Intervention builds on the knowledge base which was obtained through the Group Crisis Intervention course. At the conclusion of this course, participants will have been exposed to specific, proven strategies to intervene with those suffering the ill effects of their exposure to trauma. Emphasis will be on advanced de-fusing’s and debriefings in complex situations. This course is designed for public safety personnel, mental health professionals, chaplains, emergency medical services providers, firefighters, police officers, nurses, dispatchers, and disaster workers who are already trained in the critical incident stress debriefing format. It will also be useful for those working extensively with traumatized victims for various walks of life.

**This course requires previous training and experience. ICISF’s “Group Crisis Intervention” (Basic CISM course)**

#### Highlights:

- Relevant research findings
- Managing complex group oriented crisis interventions
- Nature and importance of incident assessment
- Strategic intervention planning
- Comprehensive, integrated, systematic and multi-component CISM
- Concepts of enhanced group processes
- Significantly delayed interventions
- “Multiple incident CISD”
- Suicide of a colleague
- Small group crisis support sessions after a disaster

Completion of “Advanced Group Crisis Intervention” and receipt of a certificate indicating full attendance (14 Contact Hours) qualifies as a in ICISF’s Certificate of Specialized Training Program.

### Registration Form: Deadline to Register October 1, 2016

- Assisting Individuals in Crisis - \$125.00 for non CISM team members - Free to Statewide CISM Team members
- Advanced Group Crisis Intervention - \$125.00 for non CISM team members Free to Statewide CISM Team Members

Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ (c) (w) (h)

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Discipline: EMS Fire Law Dispatch Hospital Corrections Emergency Mangers Mental Health

**Mail to: CISM in Nebraska**  
5030 J Street, Lincoln, NE 69510

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