



# Am I eligible for Every Woman Matters or the Nebraska Colon Cancer Screening Program?

Please answer the following questions in order to see if you qualify for free health screening services.

## 1. Are you a US citizen or qualified permanent resident (documents required)?

**Yes** - go to next question **No** - Not eligible

## 2. Do you meet income guidelines (see chart on back side)?

**Yes**—go to next question **No**—if over income you are not eligible.

## 3. Do you have health insurance?

**Yes**—You are not eligible for a *screening* mammogram or Pap test. However, **if you have an abnormal mammogram or Pap test** and you need further testing and your health insurance is not sufficient, you may enroll and EWM may cover costs that your insurance won't pick up. You must enroll through one of our contracted providers. Contact your doctor's office to ask about enrolling in Every Woman Matters.

**No** health insurance—go to next question

## 4. How old are you?

### I am less than 40 years old

You are not eligible for *screening* mammogram, Pap test, or blood work through EWM. Pap tests may be covered by enrolling in the State Pap Plus program through one of our providers.

**If you find a breast lump or if you have an abnormal Pap test** (that meets guidelines for further testing) and need another test or procedure, Every Woman Matters may be able to help. You must go to one of our contracted providers (see list) for these costs to be covered. You must enroll in the program through their office.

Every Woman Matters will only cover costs related to breast or cervical cancer screening. See "For Women Under 40" for a list of low-cost clinics that may help you with other health care needs.

### I am age 40 or older

You may be eligible for screening mammogram, Pap test, cholesterol and blood sugar testing, and blood pressure check. Go to next questions for more information on breast, cervical and colon cancer screening (Nebraska Colon Cancer Screening Program is only for women and men over 50).

## 5. For women over 40 only—when was your last screening mammogram?

**Over 2 years ago**—you may be eligible for a screening mammogram through EWM. **Call us at 1-800-532-2227 to enroll**. Screening mammograms are only covered every 24 months. Go to next question.

**Within the last 2 years**—You will be eligible 24 months after your last screening mammogram if the results were normal (negative or benign). If your last mammogram was abnormal, you may be eligible for a follow-up mammogram sooner. Please call our office to ask about enrollment. Go to next question. (next page)

## 6. For women over 40 only—when was your last Pap test?

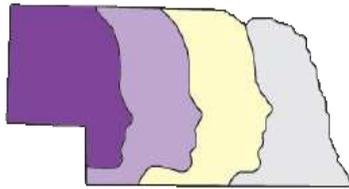
Eligibility for Pap tests are determined by the date of your last pap and the result. The Every Woman Matters program will cover Pap tests every 3 years if the results are normal/negative. If you get a Pap and an HPV test and the HPV is negative, we will cover the next test in 5 years. We also may cover follow up testing for abnormal Paps. Please call our office and ask for an enrollment packet to see if you are eligible.

## 7. Are you a man or woman over 50?

The Nebraska Colon Cancer Screening Program also offers colorectal cancer screening for men and women age 50 and older who are NE residents. Eligibility is based personal and family history. You cannot have health insurance to qualify. If you are interested in seeing if you qualify, **please call 1-800-532-2227**. Read more at <http://stayinthegamene.com/>

### Income Guidelines for Every Woman Matters

*Every Woman Matters*



NEBRASKA OFFICE OF WOMEN'S HEALTH

#### Yearly Income

# of People in Household	FREE	\$5.00 Donation
1	0-\$11,670	\$11,671-26,258
2	0-\$15,730	\$15,731-35,393
3	0-\$19,790	\$19,791-44,528
4	0-\$23,850	\$23,851-53,663
5	0-\$27,910	\$27,911-62,798
6	0-\$31,970	\$31,971-71,933
7	call 1-800-532-2227	

### Income Guidelines for the NE Colon Cancer Screening Program



Nebraska Colon Cancer Screening Program

# of People in Household	YEARLY Income
1	0 - \$26,258
2	0 - \$35,393
3	0 - \$44,528
4	0 - \$53,663
5	0 - \$62,798
6	0 - \$71,933
7	call 1-800-532-2227

#### Nebraska Office of Women's and Men's Health

301 Centennial Mall South, 3<sup>rd</sup> Floor, PO Box 94817 Lincoln, NE 68509-4817

Phone: 1-800-532-2227 or 402-471-0929 - TDD: 1-800-833-7352 - Fax: 402-471-0913

**Every Woman Matters** email: [dhhs.ewm@nebraska.gov](mailto:dhhs.ewm@nebraska.gov) website: [www.dhhs.ne.gov/ewm](http://www.dhhs.ne.gov/ewm)

**Nebraska Colon Cancer Screening Program** email: [dhhs.nccsp@nebraska.gov](mailto:dhhs.nccsp@nebraska.gov) website: [www.dhhs.ne.gov/crc](http://www.dhhs.ne.gov/crc)