

Title V Maternal & Child Health (MCH) Block Grant Five-Year State Action Plan Table

INSTRUCTIONS: Reflect on your understanding of the issues as they pertain to your community and/or organization. Suggest strategies for the objectives below. When possible, provide references to source of documentation of strategies being evidence-based or evidence informed or provide the URL address to the source. If submitting online, any additional narrative will be accommodated in the scrolling text. Use the space at the bottom to suggest additional objectives and related strategies.

2. Obesity/overweight among women, youth, and children, including food insecurity and physical inactivity

Five-Year Objectives	Strategies: Year Two (Oct. 1, 2016–Sept. 30, 2017)
2a. By 2020, increase by 10% the number of schools participating in BMI data collection and contributing healthy weight data in the Nebraska DHHS school health data project.	
2b. By 2020, increase by 10% the place-based initiatives to increase physical activity of children, youth and women in local neighborhoods.	
2c. By 2020, increase by 10% the percent of women in active or highly active levels of recommended physical activity.	
2d. By 2020,	