

**Title V Maternal & Child Health (MCH) Block Grant  
 Five-Year State Action Plan Table**

INSTRUCTIONS: Reflect on your understanding of the issues as they pertain to your community and/or organization. Suggest strategies for the objectives below. When possible, provide references to source of documentation of strategies being evidence-based or evidence informed or provide the URL address to the source. If submitting online, any additional narrative will be accommodated in the scrolling text. Use the space at the bottom to suggest additional objectives and related strategies.

**7. Breastfeeding of Infants**

<b>Five-Year Objectives</b>	<b>Strategies: Year Two (Oct. 1, 2016 – Sept. 30, 2017)</b>
7a. By 2020, increase by 10% the percentage of African American women who are breastfeeding their infants exclusively at 6 months of age.	
7b. By 2020, increase by 10% the percentage of American Indian women who are breastfeeding their infants exclusively at 6 months of age.	
7c. By 2020, increase by 10% the percentage of all Nebraska women who are breastfeeding their infants exclusively at 6 months of age.	
7d. By 2020, increase from baseline the percentage of Nebraska birthing hospitals adopting 6 or more standards of Baby Friendly Hospitals.	
7e. By 2020,	