



Nebraska Home Visiting Tools

This document describes various tools used to measure constructs of the Nebraska home visiting benchmark.

Center for Epidemiological Studies Depression Scale (CES-D)

Used to screen for depression and depressive disorder for construct 3.

The CES-D was originally published by Lenore Sawyer Radloff in 1977. The screener measures symptoms defined by the American Psychiatric Association Diagnostic and Statistical Manual (DSM-V) for a major depressive episode. The CES-D asks moms to categorize statements based on their experiences in the past week using the following rubric:

Rarely or none of the time (less than 1 day)	Some or a little of the time (1-2 days)	Occasionally or a moderate amount of time (3-4 days)	Most or all of the time (5-7 days)
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The statements include:

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|---|---|
| 1. I was bothered by things that usually don't bother me | 8. I felt hopeful about the future |
| 2. I did not feel like eating; my appetite was poor | 9. I thought my life had been a failure |
| 3. I felt that I could not shake off the blues even with help from my family or friends | 10. I felt fearful |
| 4. I felt I was just as good as other people | 11. My sleep was restless |
| 5. I had trouble keeping my mind on what I was doing | 12. I was happy |
| 6. I felt depressed | 13. I talked less than usual |
| 7. I felt that everything I did was an effort | 14. I felt lonely |
| | 15. People were unfriendly |
| | 16. I enjoyed life |
| | 17. I had crying spells |
| | 18. I felt sad |
| | 19. I felt that people disliked me |
| | 20. I could not get going |

Scoring	Rarely	Some	Occasionally	Most
Questions 4, 8, 12, and 16	3	2	1	0
All other questions	0	1	2	3

The score is the sum of all 20 questions. The possible range of scores is 0-60. If more than four questions are missing, you should not score the questionnaire. A score of 16 points or more is considered depressed.

For more information about the CES-D visit

<http://www.apa.org/pi/about/publications/caregivers/practice-settings/assessment/tools/depression-scale.aspx>

Ages and Stages Questionnaire-3 (ASQ-3)

Used to measure a child's developmental progress for construct 12.

This screener, developed by Brook's Publishing Company, measures developmental progress of children between the ages of 1 month and 5.5 years. The ASQ asks parents to complete the questionnaire by indicating *Yes*, *Sometimes*, or *Not Yet* for each statement. The questionnaire is scored using an age-adjusted rubric and the results are discussed with parents to establish next steps for encouraging a child's healthy development.

Nebraska home visiting looks at the Communication, Problem Solving and Gross Motor composite scores from ASQ-3 screeners completed between 2 and 12 months of age. Each of these areas has its own cutoff scores at which point referrals should be given.

For more information visit <http://agesandstages.com/about-asq/how-asq-works/>

ASQ-3 Cutoff Scores

Month of ASQ-3	Communication	Gross Motor	Fine Motor	Problem Solving
2	22.77	41.84	30.16	24.62
4	34.60	38.41	29.62	34.98
6	29.65	22.25	25.14	27.72
8	33.06	30.61	40.15	36.17
9	13.97	17.82	31.32	28.72
10	22.87	30.07	37.97	32.51
12	15.64	21.49	34.50	27.32

14	17.40	25.80	23.06	22.56
16	16.81	37.91	31.98	30.51
18	13.06	37.38	34.32	25.74
20	20.50	39.89	36.05	28.84
22	13.04	27.75	29.61	29.30
24	25.17	38.07	35.16	29.78
27	24.02	28.01	18.42	27.62
30	33.30	36.14	19.25	27.08
33	25.36	34.80	12.28	26.92
36	30.99	36.99	18.07	30.29
42	27.06	36.27	19.82	28.11
48	30.72	32.78	15.81	31.30
54	31.85	35.18	17.32	28.12
60	33.19	31.28	26.54	29.99

Parent Survey – Intimate Partner Violence Questions

Used to identify intimate partner violence for construct 14.

At intake, enrollees complete the parent survey in FamilyWise, which includes questions regarding intimate partner violence. If one of the three checkmark boxes is marked, a positive IPV screen is indicated.

Afraid

Considering your current partners or friends, or any past partners or friends, is there anyone who is making you feel unsafe now?

Police

In the past year, have the police ever been called to your home because of a fight or argument, no matter who was fighting or who was at fault?

IPV

Thinking back over the past year, on any occasion were you hit, slapped, kicked, raped, or otherwise physically hurt by someone you know or knew intimately, such as a spouse, partner, ex-spouse or partner, boyfriend, girlfriend, or date?

CHEEERS

Used to measure the interaction between a parent and child for construct 10.

CHEEERS is a method to assess the interaction between parent and child during the course of a visit according to seven categories.

Cues – Did the baby give clear clues? How did parent respond?

Holding – What kind of holding & touch did you see? What was the quality of it?

Expression – What was the language like? Was there conversation?

Empathy – Did parent understand what baby was thinking or feeling? What does parent do or say to demonstrate that?

Environment – What does parent do with the environment to stimulate baby's development? What was baby's response?

Rhythmicity – Who initiated activities? How did baby response?

Smiles – Is there joy during the visit? Is there mutual attention?

CHEEERS Resources:

HFA CHEEERS Webinar: <https://www.youtube.com/watch?v=sH8lrhbyW8>

CHEEERS Overview: <http://www.preventchildabusej.org/wordpress/wp-content/uploads/2014/05/CHEEERS-Handout.pdf>

CHEEERS Helpful Prompts: <http://www.preventchildabusej.org/wordpress/wp-content/uploads/2014/05/CHEEERS-Helpful-Prompts.pdf>