

**Nebraska Adolescent Health Advisory Committee (NAHAC)
Young Adult Member Participation Form**

The Nebraska Adolescent Health Advisory Committee (NAHAC) collaborates to develop, advise and advocate for programs that will advance the health of Nebraska adolescents and young adults to ensure Nebraska adolescents are empowered and able to live safe, healthy, and successful lives. NAHAC infuses youth voice into all its process through gathering voice in the communities and inclusion of at least six members on the NAHAC.

As a NAHAC youth member, your teen would engage in regular business-like meetings with professionals from various community and state entities. Meetings will cover a variety of health related topics including sexual health. This means that your teen will have the option to participate in conversations about sexual health education programming, STI's, contraception, LGTBQAll issues, and pregnancy. Your teen will have the opportunity to voice their opinions, and represent the experiences of their peers, in an open, supportive and confidential environment. Your teen's participation in any discussion or work of the committee is always completely voluntary. NAHAC provides support to youth members through stipends, childcare reimbursement, mileage reimbursement and mentorship.

Your teen has shown interest in involvement on the NAHAC. Due to the topics that may be discussed during meetings, we require your permission for their participation. Please indicate your decision below. If you have questions about the committee, feel free to contact Michaela Meisner at (402) 471-0538 or michaela.meisner@nebraska.gov.

_____ I give permission for my teen to participate in NAHAC meetings and projects.

_____ I do not give permission for my teen to participate in NAHAC meetings and projects.

Teen's Name: _____

Parent/Guardian's Name:

Parent/Guardian's Signature: _____

Date: _____