# Adolescent Health

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**Topic Area: Adolescent Health**

**AH–1:** Increase the proportion of adolescents who have had a wellness checkup in the past 12 months.

Target: 75.6 percent.

Baseline: 68.7 percent of adolescents aged 10 to 17 years had a wellness checkup in the past 12 months, as reported in 2008.

Target setting method: 10 percent improvement.

Data source: National Health Interview Survey (NHIS), CDC, NCHS.

**AH–2:** Increase the proportion of adolescents who participate in extracurricular and/or out-of-school activities.

Target: 90.8 percent.

Baseline: 82.5 percent of adolescents aged 12 to 17 years participated in extracurricular and/or out-of-school activities in the past 12 months, as reported in 2007.

Target setting method: 10 percent improvement.

Data source: National Survey of Children’s Health (NSCH), HRSA, MCHB; CDC, NCHS.

**AH–3:** Increase the proportion of adolescents who are connected to a parent or other positive adult caregiver.

**AH–3.1** Increase the proportion of adolescents who have an adult in their lives with whom they can talk about serious problems.

Target: 83.3 percent.

Baseline: 75.7 percent of adolescents aged 12 to 17 years had an adult in their lives with whom they could talk about serious problems, as reported in 2008.

Target setting method: 10 percent improvement.

Data source: National Survey on Drug Use and Health (NSDUH), SAMHSA.

**AH–3.2** Increase the proportion of parents who attend events and activities in which their adolescents participate.

Target: 90.3 percent.

Baseline: 82.1 percent of adolescents aged 12 to 17 years who participated in extracurricular or out-of-school activities during the past 12 months had parents who reported (they) usually or always attended events and activities in which their adolescents participated, as reported in 2007.
Target setting method: 10 percent improvement.

Data sources: National Survey of Children’s Health (NSCH), HRSA, MCHB; CDC, NCHS.

**AH–4:** (Developmental) Increase the proportion of adolescents and young adults who transition to self-sufficiency from foster care.

Potential data source: National Youth in Transition Database (NYTD), ACF, ACYF.

**AH–5:** Increase educational achievement of adolescents and young adults.

**AH–5.1** Increase the proportion of students who graduate with a regular diploma 4 years after starting 9th grade.

Target: 82.4 percent.

Baseline: 74.9 percent of students attending public schools graduated with a regular diploma in 2007–08, 4 years after starting 9th grade.

Target setting method: 10 percent improvement.

Data source: Common Core of Data (CCD), State Nonfiscal Survey of Public Elementary/Secondary Education, ED, IES, NCES.

**AH–5.2** Increase the proportion of students who are served under the Individuals with Disabilities Education Act who graduate high school with a diploma.

Target: 65.2 percent.

Baseline: 59.3 percent of students aged 14 to 21 years served under the Individuals with Disabilities Education Act who exited high school in 2007–08 graduated with a diploma.

Target setting method: 10 percent improvement.

Data source: Individuals with Disabilities Education Act, ED, OSEP, DANS.

**AH–5.3** Increase the proportion of students whose reading skills are at or above the proficient achievement level for their grade.

**AH–5.3.1** Increase the proportion of 4th grade students whose reading skills are at or above the proficient achievement level for their grade.

Target: 36.3 percent.

Baseline: 33.0 percent of 4th grade students, including those who attended public and private schools, had reading skills at or above the proficient achievement level for their grade in 2009.

Target setting method: 10 percent improvement.

Data source: National Assessment of Educational Progress (NAEP), ED, IES, NCES.
AH–5.3.2 Increase the proportion of 8th grade students whose reading skills are at or above the proficient achievement level for their grade.

Target: 35.6 percent.

Baseline: 32.4 percent of 8th grade students, including those who attended public and private schools, had reading skills at or above the proficient achievement level for their grade in 2009.

Target setting method: 10 percent improvement.

Data source: National Assessment of Educational Progress (NAEP), ED, IES, NCES.

AH–5.3.3 Increase the proportion of 12th grade students whose reading skills are at or above the proficient achievement level for their grade.

Target: 38.9 percent.

Baseline: 35.4 percent of 12th grade students, including those who attended public and private schools, had reading skills at or above the proficient achievement level for their grade in 2005.

Target setting method: 10 percent improvement.

Data source: National Assessment of Educational Progress (NAEP), ED, IES, NCES.

AH–5.4 Increase the proportion of students whose mathematics skills are at or above the proficient achievement level for their grade.

AH–5.4.1 Increase the proportion of 4th grade students whose mathematics skills are at or above the proficient achievement level for their grade.

Target: 43.0 percent.

Baseline: 39.1 percent of 4th grade students, including those who attended public and private schools, had mathematics skills that were at or above the proficient achievement level for their grade in 2009.

Target setting method: 10 percent improvement.

Data source: National Assessment of Educational Progress (NAEP), ED, IES, NCES.

AH–5.4.2 Increase the proportion of 8th grade students whose mathematics skills are at or above the proficient achievement level for their grade.

Target: 37.3 percent.

Baseline: 33.9 percent of 8th grade students, including those who attended public and private schools, had mathematics skills that were at or above the proficient achievement level for their grade in 2009.

Target setting method: 10 percent improvement.

Data source: National Assessment of Educational Progress (NAEP), ED, IES, NCES.

AH–5.4.3 Increase the proportion of 12th grade students whose mathematics skills are at or above the proficient achievement level for their grade.

Target: 25.3 percent.
Baseline: 23.0 percent of 12th grade students, including those who attended public and private schools, had mathematics skills that were at or above the proficient achievement level for their grade in 2005.

Target setting method: 10 percent improvement.

Data source: National Assessment of Educational Progress (NAEP), ED, IES, NCES.

AH–5.5 Increase the proportion of adolescents who consider their school work to be meaningful and important.

Target: 29.3 percent.

Baseline: 26.6 percent of adolescents aged 12 to 17 years always considered their school work to be meaningful and important, as reported in 2008.

Target setting method: 10 percent improvement.

Data source: National Survey on Drug Use and Health (NSDUH), SAMHSA.

AH–5.6 Decrease school absenteeism among adolescents due to illness or injury.

Target: TBD.

Baseline: 5.0 percent of adolescents aged 12 to 17 years missed 11 or more whole school days due to illness or injury in the previous 12 months, as reported in 2008.

Target setting method: 10 percent improvement.

Data source: National Health Interview Survey (NHIS), CDC, NCHS.

AH–6: Increase the proportion of schools with a school breakfast program.

Target: 75.5 percent.

Baseline: 68.6 percent of schools overall, including public and private elementary, middle, and high schools, had a school breakfast program in 2006.

Target setting method: 10 percent improvement.

Data source: School Health Policies and Practices Study (SHPPS), CDC, NCCDPHP.

AH–7: Reduce the proportion of adolescents who have been offered, sold, or given an illegal drug on school property.

Target: 20.4 percent.

Baseline: 22.7 percent of students in grades 9 through 12 were offered, sold, or given an illegal drug on school property during the past 12 months, as reported in 2009.
Target setting method: 10 percent improvement.

Data source: Youth Risk Behavior Surveillance System (YRBSS), CDC, NCCDPHP.

**AH–8**: Increase the proportion of adolescents whose parents consider them to be safe at school.

Target: 95.0 percent.

Baseline: 86.4 percent of adolescents aged 12 to 17 years had parents who (reported) that they felt their child was usually or always safe at school, as reported in 2007.

Target setting method: 10 percent improvement.

Data source: National Survey of Children’s Health (NSCH), HRSA, MCHB; CDC, NCHS.

**AH–9**: (Developmental) Increase the proportion of middle and high schools that prohibit harassment based on a student’s sexual orientation or gender identity.

Potential data source: School Health Profiles, CDC, NCCDPHP.

**AH–10**: Reduce the proportion of public schools with a serious violent incident.

Target: 15.5 percent.

Baseline: 17.2 percent of public schools overall, including primary, middle, and high schools, reported a serious violent incident in 2007–08.

Target setting method: 10 percent improvement.

Data source: School Survey on Crime and Safety (SSOCS), ED, IES, NCES.

**AH–11**: Reduce adolescent and young adult perpetration of, and victimization by, crimes.

**AH–11.1**: Reduce the rate of minor and young adult perpetration of violent crimes.

Target: 399.6 arrests per 100,000 population aged 10 to 24 years.

Baseline: 444.0 per 100,000 adolescents and young adults aged 10 to 24 years were arrested in 2008 for perpetration of crimes included in the Violent Crime Index.

Target setting method: 10 percent improvement.

Data source: Violent Crime, Crime in the United States, Uniform Crime Reporting Program (UCR), DOJ, FBI, CJIS.

**AH–11.2**: Reduce the rate of minor and young adult perpetration of serious property crimes.

Target: 1,374.0 arrests per 100,000 population aged 10 to 24 years.
Baseline: 1,526.7 per 100,000 adolescents and young adults aged 10 to 24 years were arrested in 2008 for perpetration of crimes included in the Property Crime Index.

Target setting method: 10 percent improvement.

Data source: Property Crime, Crime in the United States, Uniform Crime Reporting (UCR) Program, DOJ, FBI, CJIS.

AH–11.3 (Developmental) Reduce the proportion of counties and cities reporting youth gang activity.

Potential data source: National Youth Gang Survey, DOJ, OJP, OJJDP and BJA.

AH–11.4 (Developmental) Reduce the rate of adolescent and young adult victimization from crimes of violence.

Potential data source: National Crime Victimization Survey (NCVS), DOJ, OJP, BJS.