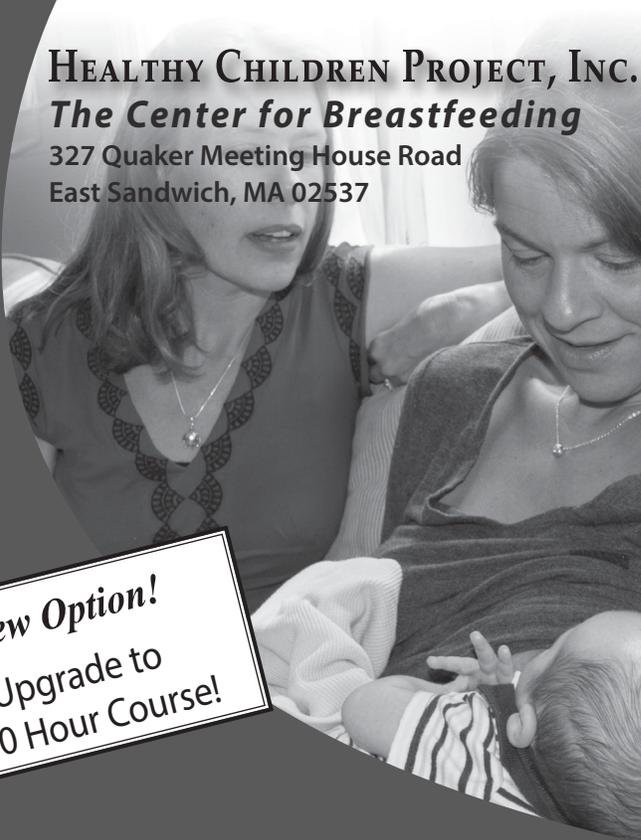




HEALTHY CHILDREN PROJECT, INC. *The Center for Breastfeeding*

327 Quaker Meeting House Road
East Sandwich, MA 02537



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SANDWICH MA 02563
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RETURN SERVICE REQUESTED

TIME SENSITIVE MATERIAL

New Option!
Upgrade to
a 90 Hour Course!

Summer-Fall 2015 Lactation Counselor Training Schedule

Find out about our other courses!

Learn to Teach the 20-Hour Course

Omaha, NE October 19-23
Cincinnati, OH December 7-11

Maternal and Infant Assessment

Williamsport, PA July 8-10
Cincinnati, OH December 2-4

Advanced Issues in Lactation Practice

Omaha, NE July 13-17
Tampa, FL November 2-6

www.centerforbreastfeeding.org

Who should attend the Lactation Counselor Training Course?

Anyone who wants to obtain a strong, up-to-date, evidence based foundation in breastfeeding knowledge and skills, and achieve the National Certification as a Certified Lactation Counselor (CLC®).

Attendees have a wide range of backgrounds and experience in supporting breastfeeding families:

- Nurses
- Public Health / WIC
- Childbirth Educators
- Visiting Nurses
- Pediatricians
- OB / GYNs
- Midwives
- Peer Counselors
- La Leche League Leaders
- Nursing Mothers Counsel Members
- Speech / Language and Occupational Therapists
- People interested in sitting for the IBCLC exam
- People interested in ALC/ANLC Certification
- Hospital Staff
- Public Health Nurses
- Doulas
- LPNs
- Family Practice Physicians
- Breastfeeding Advocates
- Perinatal Outreach Workers
- IBCLCs earning CERPs

Bring this Course to Your Facility

As part of Healthy Children Project's mission, we present most of our conferences in collaboration with private, public, and non-profit agencies. If your organization would like to provide space for a training program in exchange for prepaid registration fees, please call (508) 888-8044 and ask for Mary.

The Lactation Counselor Training Course will afford you the opportunity to take the core competencies, the Lactation Assessment Tool Competency (LAT), and the exam to become a Certified Lactation Counselor® (CLC®) as designated through the Academy of Lactation Policy and Practice (ALPP). Research has shown that when healthcare providers take a course such as the Lactation Counselor Training Course and change practice, breastfeeding exclusivity and duration rates increase!

LACTATION COUNSELOR TRAINING COURSE

About the Lactation Counselor Training Course

5-day course, Monday - Friday

- ⊙ Hours: 8:15 AM - 4:30 PM, Lunch Break (on your own): 12:00 PM - 1:00 PM
- ⊙ 6 hours of assignments must be completed during lunchtime or evenings.

Attendance

- ⊙ Participants must attend all sessions and cannot miss more than a total of 15 minutes of class for the entire week, or else they will be ineligible to sit for the exam.

Contact Hours

American Nurses Credentialing Center's Commission on Accreditation.

Healthy Children Project, Inc. is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation



- ⊙ Contact Hours will be awarded to participants who attend the program in its entirety. Partial credit will not be given to participants who attend only part of a workshop.
- ⊙ This 5-day course provides 45 Contact Hours for RNs.
- ⊙ Provider approved by the California Board of Registered Nursing, Provider #: CEP4931, for 45 contact hours.
- ⊙ Florida Provider #: FBN3373
- ⊙ Eligible for 4.5 CEUs for CNMs; American College of Nurse Midwives program number 2013/016
- ⊙ IBCLCs will receive 45.0 L-CERPs from IBLCE.
- ⊙ Approved for RDs by the Commission on Dietetic Registration for 45 CPEs, Level 2.
- ⊙ The content and objectives in this course cover the blueprint for lactation practice as laid out by IBLCE and awards 45 of the L CERPs needed to qualify for the International Exam. Long-term provider #CLT108-06
- ⊙ The CLC and the IBCLC can also be used as a prerequisite for the Advanced Issues in Lactation Practice course to achieve the Advanced Nurse Lactation Consultant (ANLC) or the Advanced Lactation Consultant (ALC) designations.
- ⊙ Program can be applied towards Lamaze recertification.
- ⊙ Optional upgrade to a 90 hour course - 45 L CERPS and contact hours to do at home now available.



ANCC Nursing Skills Competency

- ⊙ The Lactation Counselor Training Program is an ANCC accredited Nursing Skills Competency Program for RNs.
- ⊙ Competency Validation: The ANCC Nursing Skills Competency certificate is only awarded to Registered Nurses (RNs) who meet all of the clinical competencies throughout the week and pass the exam.
- ⊙ ANCC Nursing Skills Competency Expiration Date: 06/01/2016



Text Book

The Pocket Guide for Lactation Management, 2nd edition will be used during class and for homework. Participants may share books. This textbook can be purchased as you register, through our website, or from Amazon.com.

Confirmations and Information

The exact location and local overnight accommodations will be emailed to registrants once the offering has been confirmed with a minimum number of participants. **Please delay purchase** of any travel arrangements including airline tickets until a training has been confirmed in writing. Your confirmation is your receipt. Travel, lodging, meals, and snacks are the participants' responsibility.

Discounts

Group discounts are not given retroactively. It is your responsibility to find out the number of people from your agency who are attending the training program. **Early bird discounts** are not given retroactively. To be eligible to receive an early bird discount, your check or credit card information must be received **4 weeks (28 days) prior** to the training.

Course curriculum will include:

- The US version of the WHO/UNICEF Breastfeeding Counseling Training
- Introduction to lactation credentials
- The Ten Steps to Successful Breastfeeding
- Examination of factors influencing success at breastfeeding
- Distinct weight gain patterns of breastfed babies
- Anatomy and physiology of lactation
- Composition of human milk
- Hormones of lactation, insufficient milk syndrome
- Examination of effect on milk supply of nicotine, alcohol, contraceptives, use of pacifiers & bottles, engorgement, fluid intake, and diet
- Hypoglycemia and hyperbilirubinemia and supplementation
- Medical significance of breastfeeding for the mother and infant
- Problems with infant formulas
- How to discuss breastfeeding with pregnant women
- The hospital experience: labor and delivery
- Infant self-attachment
- Collaborative feeding, infant feeding cues, normal suckling, assessing breastfeeding, strategies to use with infants who present with attachment problems
- Enhanced effectiveness in lactation counseling, with a focus on counseling skills
- The high criticality of early support within the traditional "zone of professional unavailability"
- Sociologic and psychologic issues impacting breastfeeding
- Strategies for premature and ill infants, late term premies, multiples (twins, triplets, quads), babies with Down Syndrome, cleft lip and palate
- Breast problems (sore nipples, plugged ducts, mastitis, abscess, etc)
- Maternal nutrition
- Effect of various foods on the nursing infant
- Postpartum mood disorders and breastfeeding
- Fertility in breastfeeding women: Lactational Amenorrhea Method, birth control, oral contraceptives
- Working and breastfeeding
- Medical problems of the mother and contraindications to breastfeeding
- Common concerns after the early weeks: developmental ages and stages in breastfeeding and child nutrition
- Weaning, nursing older babies & toddlers, breast refusal, nursing strike
- Nursing during pregnancy
- Scope of practice: professional responsibilities, ethics, and role delineation
- The Baby-Friendly Hospital Initiative in the US

Faculty:

All of the Healthy Children faculty are at the top of the lactation field and have many years experience. Our faculty hold advanced degrees, sit on local and national boards, work with mothers and babies in a variety of settings, have numerous published articles, teach college courses, and are continuously engaged in the national conversation about the field of lactation and its implications for maternal child health. Please visit the website www.centerforbreastfeeding.org for a complete listing of our faculty and their bios.

About the CLC Certification Exam

Founded in 1999, The Academy of Lactation Policy and Practice (ALPP) is dedicated to improving the foundation of breastfeeding comprehension and understanding throughout the United States by providing lactation professionals opportunities to sit for National Certification designations. The CLC® designation is ANSI accredited, a process (based on the ANSI/ISO/IEC 17024 standard) designed to increase the integrity, confidence, and mobility of certified professionals. For more information please see ALPP's website www.talpp.org or call (508) 833-1500.

Certified Lactation Counselor® (CLC) designation

In order to achieve the designation of Certified Lactation Counselor (CLC®), you must meet all criteria and pass the written exam and the Lactation Assessment Tool Competency administered by The Academy of Lactation Policy and Practice (ALPP). In agreement with Healthy Children Project, Inc., ALPP will administer the exam on the last day of the course. If you would like to take the exam, you must mark the appropriate box on the registration form and submit payment. Upon completion of the exam, ALPP will notify you of your results in writing within 6-8 weeks.

Requirements for CLC Designation

- ⊙ Candidates must successfully complete an appropriate, eligible training program. See the ALPP candidate handbook.
- ⊙ Candidates must pass the exam and competencies administered by the Academy of Lactation Policy and Practice.
- ⊙ Candidates must comply with the ALPP Code of Ethics.
- ⊙ Candidates who meet these requirements will be authorized to use the certification marks "Certified Lactation Counselor" and "CLC®."

CLC Certification

- ⊙ Certification as a Certified Lactation Counselor (CLC®) by the Academy of Lactation Policy and Practice is valid for three years. Re-certification must be completed through ALPP every three years with 18 Contact Hours.

ANSI

- ⊙ The CLC certification is accredited by the American National Standards Institute (ANSI) based on the ISO/IEC 17024 standard.

PLEASE NOTE:

Refunds

Refunds are given upon receipt of **written** notice up to **10 days prior to program**. Refunds are subject to a \$50 processing fee. Less than 10 days prior to the offering, we are unable to refund any portion of the tuition. You may find a substitute or transfer your credit to a future course if you notify us in writing. We are unable to refund any portion of the tuition or fees or give future credit after the offering begins, or for "no shows."

Limited Space

Space is limited and offerings may fill to capacity months before the class date. Participant seats are not reserved until full payment is received and written confirmation is sent. Your confirmation is your receipt.

Cancellations

Healthy Children Project, Inc. reserves the right to cancel the offering if there is insufficient participation 4 weeks before the start. In that case, all tuitions and fees will be refunded in full.

Credit Card Charges

Credit card charges will appear on your statement as Healthy Children Project, Inc.

Babies and Children

Babies and children will not be admitted to the teaching room except for quietly nursing babies under 6 months; however, **babies are not permitted in the classroom during the administration of the exam**. Please call for the full policy.

Errors and Omissions

Healthy Children Project, Inc. makes continuing efforts to avoid incorrect dates or locations, omissions, and typographical errors. From time to time, mistakes may occur. In such an event, Healthy Children Project does not assume any responsibility for such errors, and is no way responsible for any consequential expenses or damages.

Program Registration Form

Please print your name legibly so that it will be spelled correctly on your training documents. You may register online (www.centerforbreastfeeding.org), by mail, fax, or phone.

Name _____

Home Address _____

City _____

State _____ Zip _____ + _____

Phone _____

Email for confirmation _____

City you want to attend _____

Continuing Education Credit

() RN license #: _____

() RD #: _____

() CNM# _____

() IBCLC #: _____ Exam Date _____

Regular Tuition (per person)

() \$625 () \$575 Early Bird *

Group Tuition (per person) - 4 or more people from same agency

() \$575 () \$525 Early Bird*

Agency or Group Name _____

* Early Bird: an early registration discount of \$50 is available if your check or credit card information is **received 4 weeks (28 days) prior** to the training.

Application and Exam Fees (per person)

The Certified Lactation Counselor Exam is administered by the Academy of Lactation Policy and Practice (ALPP)

() \$120 (includes Certified Lactation Counselor® exam fee of \$100, plus application fee of \$20)

Textbook

() \$55 Pocket Guide for Lactation Management, 2nd edition

Additional Hours

() \$350 Optional Additional 45 hours (must be combined with full course and exam)

College Credits

() Please enroll me for College Credits (for students enrolled or planning to enroll at the **Union Institute and University Maternal Child Health: Lactation Consulting Degree**) and send me my additional course work - \$228

Payment Information

We are unable to hold a place without payment or a purchase order number

Total Amount Due _____

() Check enclosed (make checks payable to Healthy Children Project, Inc.)

() PO Number (\$25 Fee per person) _____

There is a \$25 per person surcharge to use a PO or invoice / bill your agency.

() Credit Card Visa/MC/Amex/Discover

Expiration ____/____ VCode* _____

*The VCode is the 3-digit code on the back of MC, Visa, Discover, and a 4-digit code on the front of Amex

Signature _____

Billing Address _____

Phone number of card holder _____

Send to: The Center for Breastfeeding
Healthy Children Project, Inc.
327 Quaker Meeting House Road
East Sandwich, MA 02537
Tel: (508) 888-8044 | Fax: (508) 888-8050





The Center for Breastfeeding

a major focus of HEALTHY CHILDREN PROJECT, INC.

defining the field of research based breastfeeding education and ethical, evidence-based breastfeeding practice

- a non-profit research and educational institution

Lactation Counselor Training Course and CLC® Certification Exam Summer-Fall 2015

The Lactation Counselor Training Course is a

comprehensive, evidence-based, breastfeeding management course that includes practical skills, theoretical foundations and competency verification. Technical issues are explored within the context of counseling the mother in the hospital and in public health and community settings. This course prepares participants for professional work helping mothers and babies and trains participants in how to gain insight into clients' problems with a strong focus on counseling skills. The Lactation Counselor Training Course is recognized by ANCC as a Nursing Skills Competency Program for RNs.



The Certified Lactation Counselor (CLC)®

certification is the premier national certification in Lactation Management for the United States. CLC certification holders have demonstrated competence in the lactation skills, knowledge, and attitudes that are essential to helping women. CLC's can provide knowledge and counseling about optimal and sub-optimal breastfeeding. The CDC refers to CLCs as professional breastfeeding experts who are members of the health care team (2014 Breastfeeding Report Card). Research has shown that the education required of CLCs prior to certification is associated with improved breastfeeding exclusivity and duration.

The Certified Lactation Counselor (CLC®) Certification is accredited by the American National Standards Institute (ANSI) based on the ISO/IEC 17024 standard.

Phoenix, AZ	July 13-17
Canandaigua, NY	July 20-24
Daytona Beach, FL	July 27-31
Stony Brook, NY	July 27-31
New Orleans, LA	August 3-7
Butte, MT	August 3-7
Detroit, MI	August 10-14
Watertown, NY	August 10-14
St. Louis, MO	August 17-21
Columbus, OH	August 24-28
Lafayette, LA	August 24-28
Grafenwoehr, Germany	August 31-Sept 4
Hartford, CT	September 14-18
Champaign, IL	September 14-18
Louisville, KY	September 14-18
Milwaukee, WI	September 21-25
Naperville, IL	September 21-25
Los Angeles, CA	September 28-Oct 2
Belfast, ME	September 28-Oct 2
Helena, MT	September 28-Oct 2
Springfield, IL	October 5-9
Neenah, WI	October 5-9
Binghamton, NY	October 5-9
Minneapolis, MN	October 12-16
Bowling Green, KY	October 12-16
Atlanta (Decatur), GA	October 19-23
Chillicothe, OH	October 19-23
Rochester, MN	October 26-30
Naperville, IL	November 2-6
Raleigh, NC	November 2-6
Albany, NY	November 9-13
Jackson, TN	November 9-13
Philadelphia, PA	November 16-20
Suffolk, England	November 16-20
Knoxville, TN	December 7-11
Tampa, FL	December 7-11
Spartanburg, SC	December 7-11
Honolulu, HI	December 14-18
Decatur, GA	December 14-18

Register Online!

www.centerforbreastfeeding.org

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Fax: (508) 888-8050

Email: info@centerforbreastfeeding.org

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www.healthychildren.cc