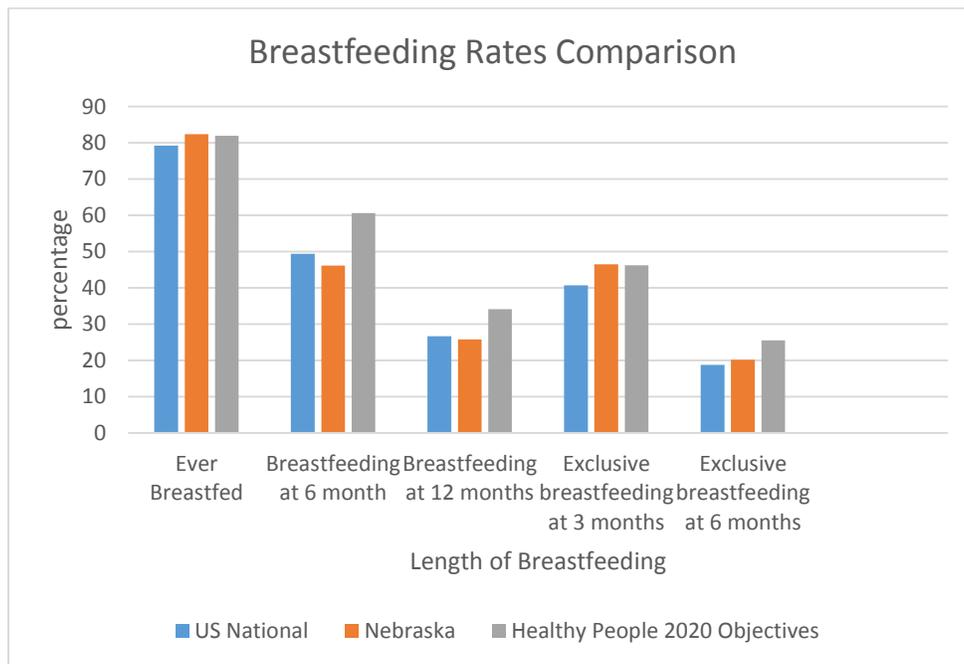


1. Breastfeeding Statistics:

Research shows that:

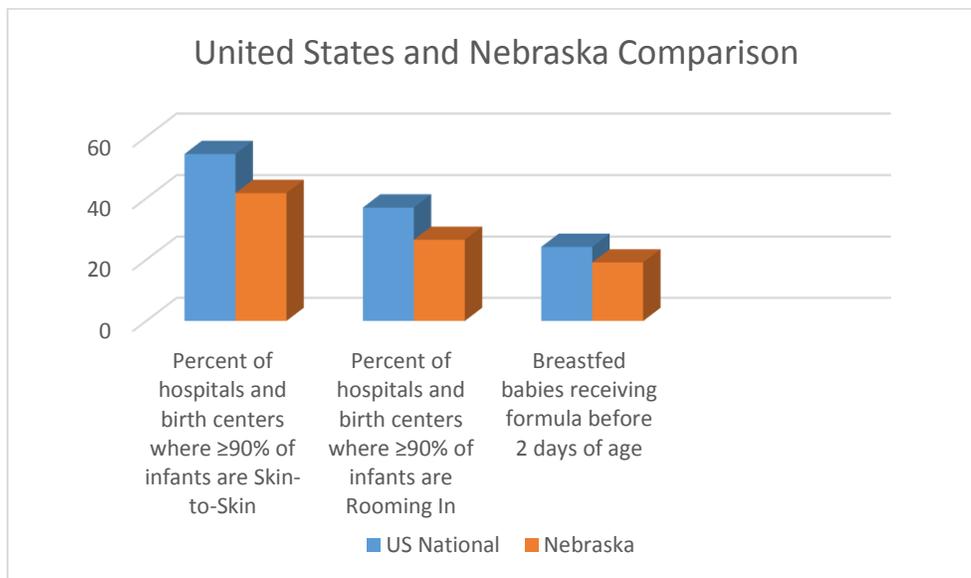
- Nationally, 79.2% of newborn infants started to breastfeed in 2011, and only 26.7% continued to be breastfed the recommended 12 months or longer. In Nebraska, 82.4% babies were breastfed in 2011, with 25.8% were breastfeeding at 12 months.⁽²⁾
- Women with a college education are more likely than less educated women to breastfeed their babies. Education is the strongest predictor of a women’s choice to breastfeed.
- Women in the highest income group are more likely to breastfeed their babies. However, income disparities may be explained by differences in education.
- African American women and U.S. born Latino women are less likely than Caucasian women to choose to breastfeed. The breastfeeding program “It’s Only Natural” of the U.S. Department of Health and Human Services, Office of Women’s Health, helps African-American women and their families understand the breastfeeding health benefits for both mom and baby. For more information on “It’s Only Natural”, go to: <http://womenshealth.gov/itsonlynatural/>

Breastfeeding Rates Comparison:



Breastfeeding Rates Comparison among the United States National average, Nebraska, and the 2020 Healthy People Objectives.

Source: Centers for Disease Control and Prevention National Immunization Survey, Provisional Data, 2011 births. CDC 2014 Breastfeeding Report Card.⁽¹⁾



Comparison Rates between the U.S. National Average and Nebraska Average of Babies placed Skin-to-Skin; Rooming-In and Babies receiving Formula prior to 2 days of age.

Source: *Centers for Disease Control and Prevention National Immunization Survey, Provisional Data, 2010 births. CDC 2013 Breastfeeding Report Card.*⁽¹⁾

2. PRAMS and Breastfeeding:

The Nebraska Pregnancy Risk Assessment Monitoring System (PRAMS) looks at maternal behaviors and experiences before, during, and after pregnancy within the State of Nebraska. The PRAMS Breastfeeding Fact Sheet presents the relationship of breastfeeding to race/ ethnicity, hospital support, length of breastfeeding, and Non-Medicaid and Medicaid status in Nebraska.

Link: <http://dhhs.ne.gov/publichealth/Documents/PRAMSBreastfeedingFactSheet.pdf>

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