

You are Invited to Attend an Educational Event

THE RESPONSE OF HEALTH PROFESSIONALS TO ADVERSE CHILDHOOD EXPERIENCES: *REFRAMING CHILD WELLBEING*

Wednesday, September 11, 2013

8:30am – 3:45 pm

Younes Conference Center

416 Talmadge Street

Kearney, Nebraska

\$30 registration cost per person includes materials, lunch, and contact hours.

Hosted by:

Nebraska Department of Health and Human Services, Division of Public Health
Maternal Child Adolescent Health Program, Lifespan Health Services Unit

Target Audience:

Licensed Health Care Professionals (Physicians, Nurses, Advance Practice Registered Nurses, Physician Assistants), Community Health and Public Health Providers, Federally-qualified Health Centers, Home Visitors, Tribal Health Organizations, College of Public Health, health professions students, and other interested parties.

Purpose Statement:

Severe early stress and adversity have significant impact on brain development, risk behaviors, and health outcomes. **Bruce Perry, M.D, Ph.D.**, of the ChildTrauma Academy (CTA; <http://childtrauma.org/>) in Houston, Texas joins us to explore the science and evidence of the Adverse Childhood Experiences studies showing the effects of social and emotional trauma in childhood are pervasive and potentially profound. Dr. Perry will share his internationally-acclaimed work and that of the CTA in developing clinical approaches to address the behavioral, emotional, and developmental consequences of adversity and trauma early in life. Also included:

- Methods for health professionals to assess, *and address*, early childhood stress and trauma in the pediatric medical home;
- Services and resources available to clinicians and families through the Nebraska Early Development Network to aid the family in assessment, evaluation, and intervention;
- The role of evidence-based home visiting programs in engaging and supporting parents;
- Life course and community-based perspectives on helping parents and children adapt to emotional trauma and severe stress.

An application has been submitted to the Georgia Nurses Association for approval of 5.75 contact hours. Please call Kathy Karsting at Nebraska DHHS Division of Public Health at 402-471-0160 or kathy.karsting@nebraska.gov for more information.

Agenda:

8:30am – 8:50 am **REGISTRATION**

8:50 – 9:00 am **Welcome and Introductions**

9:00am – 11:30 am **Improving the Lives of Children and Families**

Dr. Bruce Perry, MD, Ph.D

Proposed Objectives:

- A. Define Stress and Emotional Trauma in terms of brain activity and development.*
- B. Describe the effects of early stress on later development.*
- C. Identify effects of severe early stress on later life outcomes and function, including parenting.*
- D. Describe research and strategies in practice to help promote healing and resilience among families experiencing severe stress and emotional trauma.*

11:30am – 12:15 pm **LUNCH – Italian Buffet featuring meat and vegetarian entrees**

12:15pm – 1:15 pm **Assessing Stress and Trauma in the Pediatric Medical Home**

Dr. Scott Applegate, MD, FAAP

Proposed Objectives:

- A. Describe the American Academy of Pediatrics recommended approaches to improving recognition of severe emotional stress and trauma among young children.*
- B. Describe assessment approaches for the clinician to evaluate the social and emotional health and development of young children.*
- C. Discuss strategies for the health professional to improve practice behaviors in the identification and evaluation of early mental health issues in children.*

1:15 pm – 2:15 pm **The Early Development Network: An Asset to Clinical Practice**

Amy Bunnell and Joan Luebbers

Proposed Objectives:

- A. Describe how the Early Development Network (EDN) serves young children aged 0 -3 with developmental delays or disabilities.*
- B. Describe EDN assessment and evaluation procedures upon referral from the health professional.*
- C. Describe how EDN and health professionals can effectively collaborate to improve outcomes for children and families.*
- D. Describe how a Parent Resource Coordinator, working in the medical practice setting, assists families and clinicians in securing resources and referrals for families.*

2:15 – 2:30 pm **BREAK**

2:30 pm – 3:30 pm **Evidence-based Home Visiting: Engaging and Supporting Parents**

Betsy Walton, RN, MBA, MSN-FNP

Proposed Objectives:

- A. Describe evidence-based home visiting as practiced by the Panhandle Public Health District.*
- B. Describe a Nebraska parent's experiences with Healthy Families America.*
- C. Identify successful approaches to engaging parents in voluntary supportive services.*

3:30pm – 3:45pm **EVALUATION AND ADJOURN**

Faculty:

Bruce D. Perry: Dr. Perry is the Senior Fellow of The ChildTrauma Academy, a not-for-profit organization based in Houston TX and adjunct Professor in the Dept. of Psychiatry and Behavioral Sciences at the Feinberg School of Medicine at Northwestern University in Chicago. Over the last 30 years, Dr. Perry has been an active teacher, clinician, and researcher in children's mental health and the neurosciences, holding a variety of academic positions including at the University of Chicago School of Medicine (1988 – 1991), professor of child psychiatry at Baylor College of Medicine while also serving as Chief of Psychiatry for Texas Children's Hospital (1992 – 2001), and Medical Director for Provincial Programs in Children's Mental Health for the Alberta Canada Mental Health Board (2001-2003). For the past ten years, Dr. Perry's clinical research has focused on integrating emerging principles of developmental neuroscience into clinical practice.

Dr. Perry is the author, with Maia Szalavitz, of *The Boy Who Was Raised As A Dog*, a bestselling book about his work with maltreated children and *Born for Love: Why Empathy is Essential and Endangered*. His most recent multimedia books, *BRIEF: Reflections on Childhood, Trauma and Society*, and *RESILIENT: Six Core Strengths for Healthy Development*, were released in 2013.

Scott Applegate: Dr. Applegate earned a Bachelor of Science degree in Computer Science from Clarkson University in 1987. He followed with a Master's Degree in Computer Science from Clemson University in 1989 and designed computers for AT&T before enrolling in Medical School at MUSC (the Medical University of South Carolina) in Charleston. After Graduation in 1996, Dr. Applegate completed his Pediatric residency training at the University of Iowa Hospital and Clinics in 1999. Dr. Applegate is a Fellow in the American Academy of Pediatrics and is board certified by the American Board of Pediatrics. In his spare time, Dr. Applegate enjoys bicycling, an occasional parachute jump, and spending time with his children Erin, Emily, and Griffin.

Amy Bunnell: Amy Bunnell received a Bachelor's degree with honors in Criminal Justice from the University of Nebraska. Ms. Bunnell has worked in the corrections field as a case manager in Kansas and Nebraska. For 12 years Ms. Bunnell worked in Nebraska Child Protective Services, five of those as supervisor. Currently with Nebraska Department of Health and Human Services as the State Part C/Early Development Network Program Coordinator, Ms. Bunnell has worked in the field of early intervention services for the past 7 years. In that capacity, Ms. Bunnell provides consultation, training, and technical assistance to early intervention services coordinators, early childhood educators/special educators, and family members of children with disabilities. Ms. Bunnell is involved with many state projects, committees, and task forces to promote healthy families, community involvement, and optimal outcomes for young children with disabilities. She and her husband, Will, reside in Lincoln, NE and are the proud parents of four children and include in their family a retired K9 dog, Charlie.

Joan Luebbers: Joan Luebbers is the Part C Coordinator for Early Intervention Services at the Nebraska Department of Education, serving children with disabilities. Ms. Luebbers provides consultation, training, and technical assistance on family-centered services for children with disabilities from birth to age 3 to school administrators, early childhood educators, related service providers, service coordinators, and families across the state of Nebraska. Ms. Luebbers has worked in the area of early identification and early intervention services for young children for over 20 years.

Betsy Walton: Ms. Walton is the Clinical Program Manager for Healthy Families America—Nebraska Panhandle. The program went live in January, 2012 and has served almost 150 at-risk families in Western Nebraska. Ms. Walton is an experienced registered nurse with Masters' degrees in Nursing and in Business Administration. She recently completed her Masters in Nursing as a Family Nurse Practitioner.

Special Thanks to our Planning Committee:

- Lincoln Public Schools: Patty Baker
- Nebraska Children & Families Foundation: Lynne Brehm
- Nebraska Department of Education: Amy Bornemeier; Eleanor Kirkland
- Nebraska Department of Health & Human Services: Amy Bunnell - DHHS-Medicaid and LTC; Kathy Karsting, Tiffany Mullison, Carol Tucker - DHHS Public Health; Ivy Bloom - DHHS Children and Family Services; Susan Adams – DHHS Division of Behavioral Health
- University of Nebraska Lincoln Center for Children, Families & the Law: Charlie Lewis

Presenters and planning committee members have declared no real or perceived conflicts of interest, or financial or commercial influences, that might bias the content of our program. There will be no discussion of off-label or unapproved use of medication in this program.

This event was made possible in part by Grant #H25MC00240 from the Health Resources and Services Administration.

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**SEPTEMBER 11, 2013
8:30 – 3:45 pm CST**

**YOUNES CONFERENCE CENTER
KEARNEY, NEBRASKA**

REGISTRATION FORM

Pre-paid, advance registrations are requested on or before Sept. 6, 2013

Please print:

Name (as it appears on license): _____

Credential(s): MD PA APRN RN LPN Other _____

Home Address: _____
Street City State Zip

E-mail Address: _____ Phone Number: _____

Payment: \$30.00 per person. Includes materials, lunch and contact hours.

No partial payments accepted for partial attendance. Receipt available upon request.

Make checks payable to Nebraska Department of Health and Human Services (NE DHHS).

Purchase orders, cash, credit and debit card payments not accepted.

Mail to: Pam Farrens
NE DHHS Lifespan Health Services
301 Centennial Mall South, 3rd Floor
P.O. Box 95026
Lincoln, NE 68509-5026

Participants Please Note:

To receive contact hours for this event Participants must:

- Sign in, completing all fields of the sign in sheet;
- Be present for the entire session for which you want contact hours awarded;
- Complete and return an evaluation.