

ADVISORY  
OPINION

**OPINION:** Gastric Band Adjustments  
**ADOPTED:** Oct. 2012  
**REVISED:**  
**TEMPLATE REVISED:** Aug. 2016  
**REAFFIRMED:** Aug. 2016

## Gastric Band Adjustments

It is the opinion of the Nebraska Board of Nursing that Gastric Band adjustments are within the scope of the Registered Nurse. The RN may perform this procedure provided:

1. The RN has completed additional education and training and has demonstrated competence in performing the procedure.
2. A licensed independent practitioner competent in bariatric medicine has assessed the patient and determined the amount of solution to add or remove from the band prior to the trained RN performing the procedure.

The decision to provide any nursing care should be based upon self-assessment of competency, following an assessment of the client and environment. A licensed nurse is accountable to be competent for all nursing care that he/she provides. Competence means the ability of the nurse to apply interpersonal, technical and decision-making skills at the level of knowledge consistent with the prevailing standard for the nursing activity being applied. Accountability also includes acknowledgment of personal limitations in knowledge and skills and communication of the need for specialized instruction prior to providing any nursing activity.

### Advisory Opinions

The Nebraska Board of Nursing may choose to issue advisory opinions in accordance with the Nebraska Nurse Practice Act, Neb. Rev. Stat. 38-2216 (2). As such, advisory opinions are for informational purposes only and are non-binding. The advisory opinions may define acts, which in the opinion of the board, are or are not permitted in the practice of nursing. Nursing practice, however, is constantly evolving and advisory opinions can become outdated. Ultimately, Nebraska law and Board regulations require the licensee to provide nursing care services within parameters consistent with education, skills, experience, and current competence. Application of the [Decision-Making Model](#) is encouraged.

*References*

South Dakota State Board of Nursing <http://doh.sd.gov/boards/nursing/title-opinion.aspx>

Arizona State Board of Nursing Advisory Opinion Laparoscopic Adjustable Gastric Band Fill  
<https://www.azbn.gov/media/1052/ao-laparoscopic-adjustable-gastric-band-lagb-fill.pdf>

“All About Gastric Band Adjustment” <http://www.lap-band-surgery-site.com/lap-band-fill.html>

The Art of Adjustments with the LAP-BAND AP System, Allergan Web site. [www.lapbandcentral.com](http://www.lapbandcentral.com).