

# Suicide and self-inflicted injury in Nebraska 2009-2013



## Self-inflicted injury 2009-2013

- Self-inflicted injuries were the 3rd leading cause of injury related hospitalizations.
- The age-adjusted hospitalization rate due to self-inflicted injuries was 44.7 per 100,000 persons.
- Hospitalization rates were highest for Nebraskans ages 15-44 years—approximately 74 per 100,000.
- Overall, hospitalization rates due to self-inflicted injuries were higher among females than among males (55 per 100,000 vs. 35 per 100,000 respectively).

Fig 1. Age-adjusted hospitalization rates due to leading causes of injury, Nebraska, 2009-2013 (n=3930)

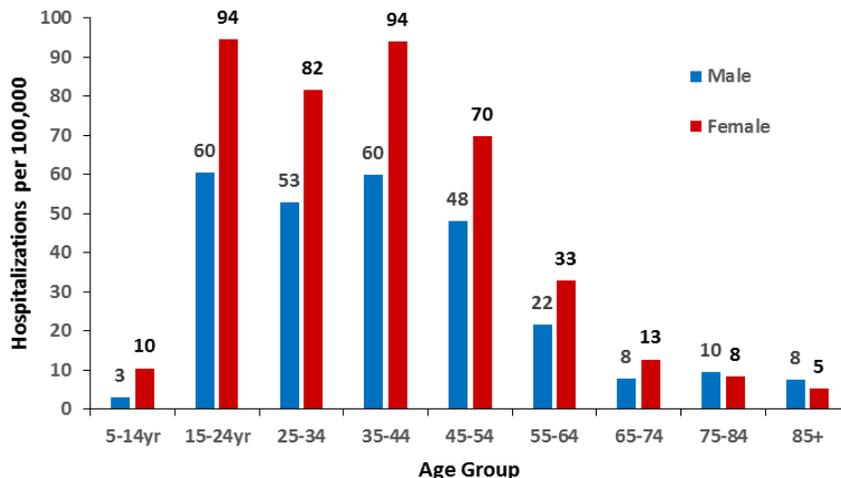
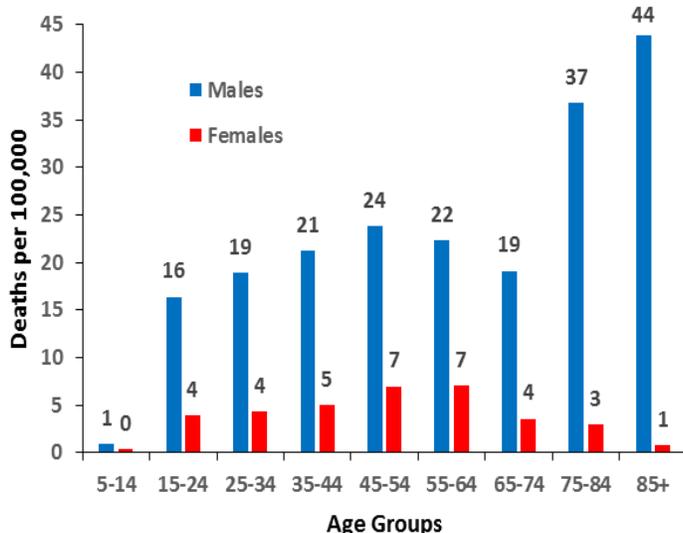


Fig 2. Age-adjusted death rates due to leading causes of injury, Nebraska, 2009-2013 (n=960)



## Suicide deaths 2009-2013

- The age-adjusted suicide rate was 10.0 deaths per 100,000.
- The suicide death rate was highest among adults ages 75-84 years, with about 17 deaths per 100,000.
- Suicide death rates were higher for males than females (17.2 per 100,000 vs. 3.9 per 100,000, respectively).
- 54% of suicide deaths were caused by firearm, 26% by suffocation, 14% by poisoning, and 6% by other means .

For more information on injury in Nebraska, contact the DHHS Injury Prevention and Control Program at (402) 471-2101 or visit <http://dhhs.ne.gov/publichealth/InjuryPrevention/Pages/Home.aspx>